



WINTER 2023 PROGRAM GUIDE



GREATER PLYMOUTH COMMUNITY CENTER

2910 Jolly Road Plymouth Meeting, PA 19462

(610) 277-4312

www.plymouthcommunitycenter.org



BUILDING HOURS

Monday - Thursday: 6:00am-9:00pm

Friday: 6:00am-8:00pm

Saturday & Sunday 8:00am-4:00pm

LAP POOL HOURS

Monday - Thursday: 6:10am-8:45pm*

Friday 6:10am-7:45pm

Saturday & Sunday 8:10am-3:45pm

LEISURE POOL HOURS

Saturday & Sunday 12:00pm-3:00pm

Pool hours subject to change.

*Mon. - Thur. 6:45-8:45pm and Fri. 6:45-7:45pm is designated time for programming & rentals in the Lap Pool.

The Aquatic Center will be open for Sauna & Whirlpool use. If lanes are unoccupied by rentals or programming they will be available for patron use.

Evening use will be very limited & will vary day to day.

Please check social media and our website for any updates to GPCC hours.

*Fitness Center *Lap Pool 25-yards w/ 11 lanes *Warm-water whirlpool *Gymnasium *Basketball, Volleyball & Pickleball

*All land aerobic classes included in the price of your pass *Men's, Women's & Family Locker Room

*Monthly payment options available for annual members *Indoor Track *Sauna

2023 PLYMOUTH TOWNSHIP RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$464	\$374	\$315	\$158
One-Month Passes	\$47	\$41	\$30	\$19

2023 NON-RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$594	\$476	\$315	\$158
One-Month Passes	\$62	\$53	\$36	\$21

COLLEGE PASS

*Valid College ID Required.

1 Month Pass	\$47
3 Month Pass	\$95

1-DAY PASS

This pass gives you access to the fitness center, pool and gymnasium. Age restrictions apply.

Monday-Thursday	\$15
Friday-Sunday	\$18

THE GPCC IS CLOSED:

Christmas Day (December 25th)

New Year's Day (January 1st)

Easter Sunday (April 9th)

The GPCC is open 8am-12:30pm

Christmas Eve (December 24th)

New Years Eve (December 31st)

Age definitions:

Youth: 3-17 years

Adults: 18-61 years

Seniors: 62 + years

Verifying Residency

As a general guideline (not 100% accurate), the Township's borders are Butler Pike, Township Line Road, Arch Road/ New Hope Street, and 12th Avenue in Conshohocken. Our staff can check your address. Inability to provide proof of Plymouth Township residency will automatically qualify you as a non-resident.

Adults:

Valid PA driver's license

PA Non-driver ID card

Military ID

Renter's Lease Agreement

Voter's Registration Card

Children:

School ID card w/ photo

Most recent report card

Land Aerobics

- Must be **16** years or older to participate.

Gymnasium

- Must be **12** or older without adult supervision

Aquatics Center

- Must be **13** or older without adult supervision

Fitness Center

- Must be **13** years or older to use on a membership.
- Must be **16** years or older to use on a day pass.

Greater Plymouth Community Center

ROOM RENTALS

Planning a special occasion? Need a meeting place for your organization or group? Rent a room at the Greater Plymouth Community Center and decorate it for your next event. Perfect for meetings, trainings or that special occasion! Food and refreshments are permitted; however, alcoholic beverages are prohibited. Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information. The GPCC does not accept personal checks for room rentals.

- Reservations must be made in person at the Greater Plymouth Community Center or online at www.plymouthcommunitycenter.org.
- A \$50 non-refundable deposit is due at the time of booking.
- The reservation time should include set-up and clean-up time.
- Please do not arrive prior to the time reserved.
- You must be cleaned up by your designated end time.
- Clean the premises after rental by wiping off countertops, tables, and chairs; clean up spills and place all trash in trash cans.
- Payment for all rentals must be made at least seven (7) days in advance.
- No soliciting, recruiting or loitering is permitted in any non-rented facilities.
- Activity and use of property shall be limited to the designated area (including, for access only, the hallways).
- Use of the facility (gymnasium, pool or fitness center) is **not** included in the rental.
- Rentals must be a minimum of 2 hours.
- Use of profane language, illegal drugs, alcoholic beverages, firearms, gambling, chewing tobacco and smoking on Plymouth Township property is strictly prohibited (by Township Ordinance).

	Room Capacity	Resident	Non-Resident	Resident Business	Non-Resident Business
Room A	96 ppl	\$70	\$95	\$120	\$160
Room B	86 ppl	\$70	\$95	\$120	\$160
Both Room A & B	182 ppl	\$120	\$160	\$200	\$260



POOL PARTY BUNDLE

NEW!

Pool parties are back at the GPCC! The pool party bundle includes a room and a group swim reservation for up to 20 swimmers.

Saturdays & Sundays

12PM-3PM

Up to 20 children swimmers*

*Parents are free to swim in the Leisure Pool. Any children over the max of 20 will cost \$50 each.

Resident \$435 / Non-Resident \$495

- Reservations can be made in person at the Greater Plymouth Community Center, over the phone, or online at www.plymouthcommunitycenter.org. Please provide an active email as this is our main method of communication regarding your reservation.
- Please review leisure pool rules prior to booking your event as there are age and height restrictions.
- A \$50 non-refundable deposit is due at the time of booking.
- No staff is provided. Children must be supervised at all times.
- No food provided. You are welcome to bring your own. Alcohol and tobacco are prohibited.
- Party-goers only have access to the leisure pool. The lap pool, sauna, and heated whirlpool are excluded from the bundle.
- Room rental policies still apply to pool party bundles. Please see said policies above.

Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information.

LAND AEROBIC CLASSES

MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE

Winter 2023 GROUP FITNESS SCHEDULE
FREE To Monthly & Annual Pass Holders

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				7:30am-8:20am Slow Flow Yoga (Courtney)	8:30am-9:20am Cardio Kickboxing (Gail)	
9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)		9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:00am-9:50am Chair Yoga (Louise)	9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:30am-10:20am Zumba (Lynette)	9:15am-9:55am Vinyasa Yoga (Stephanie)
10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am Senior Aerobics Fit No Chairs (Teri)		
6:00pm-6:50pm Total Body Fitness (Teri)	6:00pm-6:50pm Zumba (Vanessa)	6:30pm-7:20pm Restorative Yoga (Courtney)	6:00pm-6:50pm HIIT (Michele)			

Cardio Kickboxing Punch and kick your way through 50 minutes of non-stop, high energy kickboxing combinations combined with agility drills and core work for an intense full body workout.

HIIT = High Intensity Interval Training. Various formats and timed intervals will be used. Bodyweight, cardio and resistance training incorporated into each class for an intense total body workout. Modifications given, all fitness levels welcomed!

Zumba Fitness A fusion of Latin and International music/dance themes with peppy music that creates dynamic and exciting workouts that anyone can do!

Total Body Fitness Strengthen, tone and sculpt your entire body! Various equipment will be used for interval training and a mix of cardio intervals.

Restorative Yoga A soothing, restorative practice composed of long-held postures often using props to relax & rejuvenate. This style of yoga focuses on a passive approach to target deep connective tissue, fascial release and joint health. It offers the perfect balance to a cardio/strength-based workout, or simply an exhausting day. All levels welcome.

Slow Flow Vinyasa Yoga A slower style yoga class, includes focusing on breath, becoming aware of the body, and stripping away the chatter of the mind. All levels and abilities welcome.

Vinyasa Yoga A style of yoga characterized by sequencing postures moving from one to another, seamlessly, using breath. Otherwise known as a "flow style" of yoga. It is a class that offers both yin and yang - powerful, energetic movements paired with focus on breath and calming the nervous system. Each class will be familiar, yet offer variation in postures and breathing techniques. All levels welcome.

Walk-In: \$12 RES/\$14 NR

***Check website and social media for updates to schedule**

Additional evening classes coming soon!

Senior Aerobics Class Descriptions

Senior classes are held in Activity Central (Aerobics Room)

Senior Aerobics Fit A similar format to Senior Aerobics Mix but includes non-impact to low impact aerobics, strength training and balance but geared towards those who do not need support from a chair. *Intermediate to Advanced fitness level required. No chairs used during this class.

Senior Aerobics Mix A fun mix of choreographed, non-impact, and toning exercises geared for the more mobile, active, older adults. Intermediate fitness level or higher; chairs are optional.

SilverSneakers Classic Various equipment will be used to focus on strengthening muscles and increasing range of motion for daily life activities. A chair is used for seated exercises or standing support. This is a low intensity class for beginners to intermediate.

Chair Yoga A unique yoga style that adapts positions and poses through creative use of a chair. Includes breathing exercises, basic poses, use of supports, meditation and relaxation. Suitable for all ages and fitness levels

PREMIUM TRAINING CLASSES

Smaller class size than regular group fitness classes for a more personalized workout!

REFUND INFO: Classes run based on having enough participants to cover the cost of the class. Refunds can only be granted prior to the start date.

Body Weight Burn Ages: 18+ years

This class combines our suspension training with variations of boot camp style exercises using your body weight and minimal equipment. We will work the whole body in various angles and positions while constantly engaging the core for a great overall workout. This is a **high intensity class with limited participants.**

Trainer: Ed

Wednesdays, 7:00 PM – 7:45 PM

Session 1: 1/4 – 1/25

Price: \$36 PH / \$44 NPH
Program #: 125402.01

Session 2: 2/8 – 3/1

Price: \$36 PH / \$44 NPH
Program #: 125402.02

Session 3: 3/15 – 4/5

Price: \$36 PH / \$44 NPH
Program #: 125402.05



Vinyasa Power Yoga

A style of yoga where poses are fluidly woven together to build strength, inner heat, flexibility and awareness giving your body the ability to move from one position to another, seamlessly, while using breath. You can expect a cardiovascular and strength building workout while finding inner peace, balance and calming of the mind and nervous system. The class is held inside at the GPCC. All levels welcome!

Instructor: Stephanie

Walk in: \$13 PH / \$15 NPH

Thursdays, 6:30 AM – 7:20 AM

Session 1: 1/12 – 2/2

Price: \$36 PH / \$44 NPH
Program #: 103701.09

Session 2: 2/16 – 3/9

Price: \$36 PH / \$44 NPH
Program #: 103701.10



Cycle & Core Ages: 18+ years

Burn calories and strengthen your core in the same class! This fusion class combines 30 – 40 minutes of cycling and ends with exercises to strengthen the core.

Instructor: Roseann

Walk in: \$13 PH / \$15 NPH

Tuesdays, 7:10 PM – 8:00 PM

Session 1: 1/10 – 1/31

Price: \$36PH / \$44 NPH
Program #: 125404.13

Session 2: 2/21 – 3/7

Price: \$27PH / \$33 NPH
Program #: 125404.14

Session 3: 3/21 – 4/11

Price: \$36PH / \$44 NPH
Program #: 125404.07

Thursdays, 6:00 PM – 6:50 PM

Session 1: 1/12 – 2/2

Price: \$36 PH / \$44 NPH
Program #: 125404.01

Session 2: 2/16 – 3/9

Price: \$36 PH / \$44 NPH
Program #: 125404.02

Session 3: 3/23 – 4/13

Price: \$36 PH / \$44 NPH
Program #: 125404.03

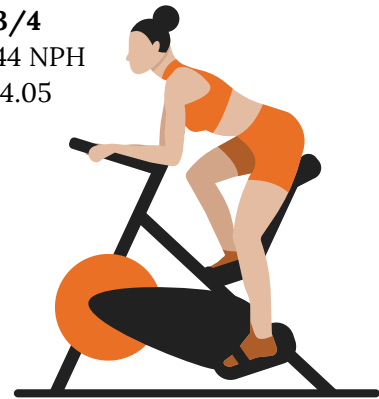
Saturdays, 9:30 AM – 10:25 AM

Session 1: 1/7 – 1/28

Price: \$36 PH / \$44 NPH
Program #: 125404.04

Session 2: 2/11 – 3/4

Price: \$36 PH / \$44 NPH
Program #: 125404.05



KIDS FITNESS

Zumba for Kids Ages 5 – 12 years

Want a great way to teach kids that exercise is fun? Have them try Zumba kids and Kids Jr. A fun 50 minute class filled with games and dance routines of various rhythms including Latin America, hip-hop and afrobeats. Come join the fun!

Instructor: Lynette

Wednesdays, 5:30 PM – 6:20 PM

1/11 – 2/1

Price: \$36 PH / \$44 NPH
Program #: 103700.02



PREMIUM TRAINING CLASSES

Bike and Bodyweight Burn *Ages: 18+years*

This class uses spin bikes and your own body weight to do multiple Boot Camp style exercises with minimal equipment. This is not a spin class, you will be on and off the bike multiple times to incorporate interval training so no special shoes are required, just sneakers. This is a **high intensity** class.

Trainer: Ed

Walk-ins: \$13 PH/ \$15 NPH

Mondays, 7:00 PM – 7:45 PM

Session 1: 1/2 – 1/23

Price: \$36 PH/ \$44 NPH

Program #: 125404.10

Session 2: 2/6 – 2/27*

***No Class 2/20**

Price: \$27 PH/ \$33 NPH

Program #: 125404.11

Session 3: 3/13 – 4/3

Price: \$36 PH/ \$44 NPH

Program #: 125404.12



Core Balance for Active Older Adults

Ages: Seniors

Designed for active older adults who would like to improve their balance, stability, and posture. Various techniques will be used to strengthen the core and leg muscles. You will find yourself enjoying improved stamina for activities of daily life! Class meets twice a week. You must be able to get down on the floor and get back up on your own!

Instructor: Teri

Tuesdays & Thursdays

10:00 AM – 10:55 AM

Session 1: 1/3 – 1/26

Price: \$71 PH/ \$88 NPH

Program #: 185402.01

Session 2: 2/7 – 3/2

Price: \$71 PH/ \$88 NPH

Program #: 185402.02



Fitness Boxing

Boxing and agility skills class that will incorporate all of the basic components of boxing with the use of a freestanding punching bag and gloves to offer a cardio toning, stress-relieving workout with intervals of body weight and core exercises.

Instructor: Michele G

Tuesdays, 6:00 PM – 6:50 PM

Session 1: 1/3 – 1/31

(No Class 1/17)

Price: \$36 PH / \$44 NPH

Program #: 105101.07

Session 2: 2/21 – 3/7

Price: \$27 PH / \$33 NPH

Program #: 105101.08

Session 3: 3/21 – 4/11

Price: \$36PH / \$44 NPH

Program #: 105101.11

Thursdays, 7:10 PM – 8:00 PM

Session 1: 1/5 – 2/2

(No Class 1/19)

Price: \$36 PH / \$44 NPH

Program #: 105101.09

Session 2: 2/16 – 3/9

Price: \$36 PH / \$44 NPH

Program #: 105101.10

Session 3: 3/23 – 4/13

Price: \$36 PH / \$44 NPH

Program #: 105101.12

Saturdays, 8:15 AM – 9:05 AM

Session 1: 1/7 – 1/28

(no class 1/21)

Price: \$27 PH / \$33 NPH

Program: 105101.13

Session 2: 2/11 – 3/4

Price: \$36 PH / \$44 NPH

Program: 105101.14

Session 3: 3/18 – 4/1

Price: \$27 PH / \$33 NPH

Program: 105101.15



Boot Camp *Ages: 18+years*

Want to spice up your exercise routine or try something different, or just start your weekend off right with a great workout? This class can be a great supplement to your normal weekly exercise routine; it will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit! This is a **high intensity** class.

Trainer: Ed

Walk-ins: \$13 PH/ \$15 NPH

Tuesdays, 7:00PM-7:55PM

Session 1: 1/3 – 1/24

Price: \$36 PH/ \$44 NPH

Program #: 115402.04

Session 2: 2/7 – 2/28

Price: \$36 PH/ \$44 NPH

Program #: 115402.05

Session 3: 3/14 – 4/4

Price: \$36 PH/ \$44 NPH

Program #: 115402.06



PERSONAL AND PARTNER TRAINING

One-On-One 30 Minute Sessions

	Pass Holders	Non-Pass Holders
1 Session	\$35	\$42
5 Sessions	\$166	\$200
10 Sessions	\$315	\$378
30 Sessions	\$840	\$1,008

One-On-One 60 Minute Sessions

	Pass Holders	Non-Pass Holders
1 Session	\$53	\$62
5 Sessions	\$252	\$295
10 Sessions	\$477	\$558
30 Sessions	\$1,272	\$1,488

Partner Training 60 Minute Sessions

	Pass Holders	Non-Pass Holders
1 Session	\$36	\$42
5 Sessions	\$171	\$200
10 Sessions	\$324	\$380

One-On-One and Partner Training

Specialized attention from one of our certified personal trainers targeting your specific fitness goals with customized programming. We have 60 or 30 minute sessions available for all levels of fitness.



**FIRST TIME TRAINING CLIENT
SPECIAL: THREE 30 MINUTE SESSIONS
FOR \$92 PH/ \$110 NPH**



SEMI-PRIVATE PERSONAL TRAINING COMMON GOAL...INDIVIDUAL RESULTS

3 – 5 Clients with a trainer

Youth, Adults, Seniors, Beginners to advanced fitness levels.

Days and times depend on trainer availability and your schedule.
Price per person: Pass Holders \$29/hr session; Non-Pass Holder
\$35/hr session

(minimum 4 – one hour sessions) Tailor the number of sessions to meet your group's goals!

Do you have a small group of friends, teammates, wedding party, or family that would like to train together? Let our trainers help improve your sport performance or prep you for the upcoming season, lose weight, tone up, make your workouts more productive, or just motivate you! Semi-private personal training is a more affordable way to enjoy the benefits of a trainer.

Minimum requirements are that you must have at least 3 in your group and pay for at least 4 sessions for an hour each. You can decide how many sessions beyond the minimum that your group would like. Requests for more than 5 in your group will be considered.

If interested please fill out a Request for Semi-Private Training form that is located on our website, by stopping in the fitness center to request one, or contact mbevan@plymouthtownship.org or ebauso@plymouthtownship.org.

ADULT PROGRAMS

Internet Privacy Workshop *Ages: Adult & Parent/Child*

This class focuses on methods, techniques and procedures to minimize personal information that is found online. Our Team will explain how to locate your distinctive online attributes and how your data appears on the Internet. The team will also show participants how to manage, remove (if applicable) and prevent your personal information from reappearing online. The procedures and methods reviewed during this instruction are primarily free and easy to apply. Every member of the XposURE team are active law enforcement. The team has worked and assisted in investigations on the Federal, State, and local levels utilizing open-source techniques as well as social media applications. All members of the XposURE team are active law enforcement with a concentration in online digital investigations and intelligence. *A parent/guardian is required to accompany their child for the youth workshop

Tuesday, 1/31- Adult Workshop

6:00 PM – 8:00 PM

Price: \$40 RES/\$50 NR

Program #: 101312.01

Tuesday, 2/21- Parent/Child Workshop*

6:00 PM – 8:00 PM

Price: \$40 RES/\$50 NR

Program #: 101312.02



Fly Fishing – Intermediate to Advanced *Ages: 18+ years*

This class is for fly tiers with up to two or more years' experience. Class will cover much more advanced fly patterns and techniques and also teach fly patterns that are proven fish catchers. All the fly's tied in this class will be proven fish catching patterns, some of which may not be found in fly tying books.

Thursdays 1/5 to 2/23 (no class 1/26 & 2/16)

6:30PM – 8:30PM

Program #: 101607.01

Price: \$47 RES/\$58 NR

Fly Fishing Tactics & Strategies *Ages: 18+ years*

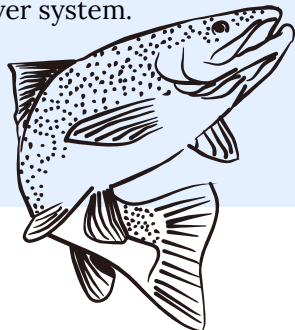
Improve your skills and catch more fish! This class will cover it all, from setting up your equipment to learning how to "read" the waters of a trout stream. Find out where fish live, how to approach them, and how to catch them. Know what they feed on, learn the types of flies to use at different times of the year plus how to present and fish them. Become a better fisherman and reduce your chances of coming up empty. This class includes particular tips and slide photos for fishing the Upper Delaware River system.

Wednesdays 1/4 to 2/8

6:30PM – 8:30PM

Program #: 101607.02

Price: \$47 RES/\$58 NR



InDi Studio – Adult Pottery Class *Ages: 16 + years*

In this four-week class, you will learn about hand building pottery, textures, and glazing. Every class will begin with a lesson on a pottery technique. Over the four weeks, you will be able to take what you have learned to create and glaze three unique pieces. Please join us to create, meet others, and relax. All supplies included. All pottery will be fired and dropped off at the Parks and rec office within a week of the last class. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find them on Instagram @INDIStudio1

Pottery can be picked up one week after class

7:00PM – 8:30PM

Price: \$156 RES/\$187 NR

Location: GPCC

Session 1: Tuesdays, 1/10-1/31

Program #: 103103.01

Session 2: Tuesday, 2/7-2/28

Program #: 103103.02

Session 3: Tuesdays, 3/7-3/28

Program#: 103103.03



Pick-up Pickleball at the GPCC

Monday-Friday 8am-1pm

Free to passholders

Day Pass Price: \$15 Monday-Thursday

\$18 Friday



Subject to Change

PRESCHOOL AGE PROGRAMS

Just For Me Ages: 2.5-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Physical, social and cognitive skills are all emphasized, and both free play and structured time are balanced in a comfortable and relaxed atmosphere. Activities such as crafts, games and music are included. Different crafts for each class.

Please bring a sippy cup to class. It is recommended that children are potty-trained because we do not provide diaper changing. This is a DROP OFF program.
9:30AM-11:30AM

Inclement weather policy: the GPCC preschool classes follow Colonial School District schedule. If CSD opens late or school is canceled so are the preschool classes.

Amazing Tots Ages 18 mos – 2.5 years with adult

This is a parent & me class where the kids will get to learn the very basic fundamentals of 10 sports. Each week the kids will play 2 different sports and each week is something different. Throughout the year, we rotate our sports each week so that every week our kiddos come to class they get to play something a little different each time!

\$80 RES / \$98 NR

Session I: Tuesdays, 1/10-2/14 (6 weeks)

9:30AM-9:55AM Program #: 101408.01

10:40AM- 11:05AM Program #: 101408.02

Session II: Tuesdays, 2/21-3/28 (6 weeks)

9:30AM-9:55AM Program #: 101408.03

10:40AM- 11:05AM Program #: 101408.04

Adult/Child Messy Time Playgroup

Ages: 1-4 years with adult

Get ready to get messy! During this class, you and your child will have the chance to make the mess and we'll clean it up!

They'll get to "mess" with paint, sand, play dough and so much more. Please wear or bring a smock to each class.

10:00AM-10:45AM

Session I: Wednesdays, 1/11-3/1 (8 weeks)

Program #: 101802.01

Session II: Wednesdays, 3/8-5/3 (8 weeks)

(No class 4/5)

Program #: 101802.03

1 Adult & 1 Child: \$65 RES / \$79 NR

Additional Child: \$45

Amazing Athletes Ages 3-4 years

Parent participation is not required, but definitely encouraged for any friends who are a little shy. It is still a non-competitive environment, but class moves at a faster pace and the kids get to work on some more advanced skills and games as they progress through the program!

\$80 RES / \$98 NR

Session I: Tuesdays, 1/10-2/14 (6 weeks)

10:00AM-10:35AM Program #: 101409.01

11:10AM-11:45AM Program #: 101409.02

Session II: Tuesdays, 2/21-3/28 (6 weeks)

10:00AM-10:35AM Program #: 101409.03

11:10AM-11:45AM Program #: 101409.04

Just for Me - January

Mondays	1/9-1/30 3 Days- No class 1/16	\$39 RES / \$48 NR Program #: 101801.01
Tuesdays	1/3-1/31 5 Days	\$63 RES / \$78 NR Program #: 101801.02
Wednesdays	1/4-1/25 4 Days	\$51 RES / \$63 NR Program #: 101801.03
Thursdays	1/5-1/26 4 Days	\$51 RES / \$63 NR Program #: 101801.04
Fridays	1/6-1/27 4 Days	\$51 RES / \$63 NR Program #: 101801.05

Just for Me - February

Mondays	2/6-2/27 3 Days-No class 2/20	\$39 RES / \$48 NR Program #: 101801.06
Tuesdays	2/7-2/28 4 Days	\$51 RES / \$63 NR Program #: 101801.07
Wednesdays	2/1-12/22 4 Days	\$51 RES / \$63 NR Program #: 101801.08
Thursdays	2/2-2/23 4 Days	\$51 RES / \$63 NR Program #: 101801.09
Fridays	2/3-2/24 3 Days-No class 2/17	\$39 RES / \$48 NR Program #: 101801.10

Just for Me - March

Mondays	3/6-3/27 4 Days	\$51 RES / \$63 NR Program #: 101801.11
Tuesdays	3/7-3/28 4 Days	\$51 RES / \$63 NR Program #: 101801.12
Wednesdays	3/1-3/29 5 Days	\$63 RES / \$78 NR Program #: 101801.13
Thursdays	3/2-3/30 5 Days	\$63 RES / \$78 NR Program #: 101801.14
Fridays	3/3-3/31 5 Days	\$63 RES / \$78 NR Program #: 101801.15

Just for Me - April

Mondays	4/10-4/24 3 Days	\$39 RES / \$48 NR Program #: 201801.02
Tuesdays	4/11-4/25 3 Days	\$39 RES / \$48 NR Program #: 201801.03
Wednesdays	4/12-4/26 3 Days	\$39 RES / \$48 NR Program #: 201801.04
Thursdays	4/13-4/27 3 Days	\$39 RES / \$48 NR Program #: 201801.05
Fridays	4/14-4/28 3 Days	\$39 RES / \$48 NR Program #: 201801.06

YOUTH PROGRAMS

Young Rembrandts Pre-School Elementary Ages: 4-6 years

Your preschooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it is important to challenge their curious minds with activities that will keep them engaged and eager to learn! The Young Rembrandts pre-school program is specifically designed with the needs of our youngest learners in mind. We use subjects they are familiar with such as animals and toys, as well as their favorite learning tools - pictures, stories, touching, and doing - to enhance social and conflict resolution skills while improving listening, fine-motor skills, and time-on-task. Give your preschooler the information they are hungry for and be amazed by what they will create!

Session I: Saturdays, 1/21 - 2/11

9:00AM - 9:45AM

Price: \$78 RES/\$97 NR

Program # 103101.01

Session II: Saturdays, 2/18 - 3/11

9:00AM - 9:45AM

Price: \$78 RES/\$97 NR

Program # 103101.04

Session III: Saturdays, 3/18 - 4/8

9:00AM - 9:45AM

Price: \$78 RES/\$97 NR

Program # 103101.07

Young Rembrandts Elementary Ages: 7-14 years

Our elementary learners are at the crucial time of development when they decide whether they are good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age group needs to succeed at drawing - a teaching tool from which the majority of learners prefer and ALL learners benefit! Our program works because it is not only hands-on and visual...it is simply fun.

Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else, they put their minds to.

Session I: Saturdays, 1/21 - 2/11

10:00AM - 11:00AM

Price: \$78 RES/\$97 NR

Program # 103101.02

Session II: Saturdays, 2/18 - 3/11

10:00AM - 11:00AM

Price: \$78 RES/\$97 NR

Program # 103101.05

Session III: Saturdays, 3/18 - 4/8

10:00AM - 11:00AM

Price: \$78 RES/\$97 NR

Program # 103101.08

Young Rembrandts Cartooning Ages: 8-14 years

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits!

Session I: Saturdays, 1/21 - 2/11

11:15AM - 12:15PM

Price: \$78 RES/\$97 NR

Program # 103101.03

Session II: Saturdays, 2/18 - 3/11

11:15AM - 12:15PM

Price: \$78 RES/\$97 NR

Program # 103101.06

Session III: Saturdays, 3/18 - 4/8

11:15AM - 12:15PM

Price: \$78 RES/\$97 NR

Program # 103101.09

Kids Karate Ages: 5-9 years

A basic introduction to Karate. Certified Karate instructors will cover introductory topics of karate and martial arts. Coordination and flexibility are emphasized.

Tuesday, 1/10 to 2/28*

*No class 1/17 & 2/21

6:00PM-7:00PM

Program #: 101701.01

Price: \$60 RES/\$75 NR

Tuesday, 3/7 to 4/18*

*No Class 4/11

6:00PM-7:00PM

Program #: 101701.02

Price: \$60 RES/\$75 NR



Babysitting Room:

Babysitting is open to 1-Month Pass Holders, Annual Pass Holders and those participating in programs. Babysitting rules are posted on the website. Parents MUST remain on site. Two hour maximum. Ages 6 weeks to 10 years and reservations are required!

Mondays - Fridays

9:30AM-11:30AM Price: \$3 per hour per child

YOUTH PROGRAMS

Youth Tennis Ages: 5-8

This class is an introduction to strokes, form, and tennis etiquette using fun games and smaller equipment. Taught by a certified instructor. Class held at the Greater Plymouth Community Center.

Ages 5 years

Sunday, 2/5-3/5

10:30AM-11:20AM

Program #: 101504.02

Cost: \$80 RES / \$100 NR

Ages 6-7 years

Sunday, 2/5-3/5

11:30AM-12:20 PM

Program #: 101504.03

Cost: \$80 RES / \$100 NR

Ages 7-8 years

Sunday, 2/5-3/5

12:30PM -1:20PM

Program #: 101504.04

Cost: \$80 RES / \$100 NR



InDi Studio - Kids Pottery Class Ages: 5-15 years

In this four-week class, you will learn about hand building pottery, textures, and glazing. Every class will begin with a lesson on a pottery technique. Over the four weeks, you will be able to take what you have learned to create and glaze three unique pieces. Please join us to create, meet others, and relax. All supplies included. All pottery will be fired and dropped off at the Parks and rec office within a week of the last class. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1

Pottery can be picked up one week after class.

5:30PM - 6:30PM

Price: \$156 RES/\$187 NR

Location: GPCC



Session 1: Tuesdays, 1/10-1/31

Program #: 103102.01

Session 2: Tuesday, 2/7-2/28

Program #: 103102.02

Session 3: Tuesdays, 3/7-3/28

Program#: 103102.03

Winter Chess Camp by Chess Wizards Ages: 6-12 years

Chess Wizards has been teaching the game of chess since 2002. Join us this winter for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full day kids should bring a lunch.

Tuesday-Friday

12/27-12/30

Program #: 409200.01

12/27-12/30

Program #: 409200.02

12/27-12/30

Program #:409200.03

9:00 AM-12:00 PM

Price: \$190 RES/\$247 NR

12:00 PM-3:00 PM

Price: \$190 RES/\$247 NR

9:00 AM-3:00 PM

Price: \$270 RES/\$351 NR

Twinkle Toes Ages: 3-5 years

Children can develop their love of dance through this program. Ballet is the main focus for this introduction to dance. It is recommended children wear leotards and ballet slippers for class.

Saturday, 1/7 to 2/25*

*No class 1/14 & 2/18

10:00AM - 10:45AM

Program #: 101201.01

Price: \$60 RES/\$75 NR

Saturday, 3/4 to 4/8

10:00AM - 10:45AM

Program #: 101201.03

Price: \$60 RES/\$75 NR

Ballet & Jazz Dance Ages: 6-8 years

Children can continue to develop their love of dance through this more advanced program. It is recommended children wear leotards and ballet slippers for class.

Saturday, 1/7 to 2/25*

*No class 1/14 & 2/18

11:00AM - 11:45AM

Program #: 101201.02

Price: \$60 RES/\$75 NR

Saturday, 3/4 to 4/8

11:00AM - 11:45AM

Program #: 101201.04

Price: \$60 RES/\$75 NR

Hoop Stars by JumpStart Sports Ages: 7-9 years

A six-week instructional and recreational basketball program for children in Grades 1 and 2. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award.

Sunday, 2/5-3/12

Program# 101107.02

11:00AM - 12:00PM

Price: \$90 RES/\$113 NR

Little Hoop Stars by JumpStart Sports Ages: 4-6 years

A six-week instructional and recreational basketball program for children in Pre-K and Kindergarten (must be 4 years-old). Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award.

Sunday, 2/5-3/12

Program# 101107.01

10:15AM - 11:00AM

Price: \$90 RES/\$113 NR

Spring Break Basketball Camp by JumpStart Sports Ages: 5-12 years

This camp includes hands on instruction with shooting, dribbling, defense, and more!

Location: Greater Plymouth Community Center

Monday-Friday, 4/3-4/7

Half Day 9:00AM - 12:00PM

Program# 201503.01 Price: \$187 RES/ \$224 NR

Full Day 9:00AM - 3:00PM (Pack a Lunch)

Program# 201503.02 Price: \$247 RES/ \$296 NR

AFTER SCHOOL RENDEZVOUS & SCHOOLS OUT ACTIVITY DAYS

Need a fun place for your child to go after school? Send them to the Greater Plymouth Community Center's After School Program! Snack is provided for the after school children. Customize your schedule. Sign up for only the days of the week you need, or all 5 days at a discounted rate. For your convenience, we will meet on Colonial School District half days. Free bus transportation from Colonial Elementary, Colonial Middle School, Plymouth Elementary, & Ridge Park Elementary is available. We offer a monthly payment option. The After School Rendezvous program will participate in activities such as sports, games, the playground and the Active Zone. For more information please contact Barb Griffis at 610-313-4062 or at Bgriffis@plymouthtownship.org.

*** After School Rendezvous runs from after school to 6:00PM.**

*** There will be NO After School Program when school closes due to COVID-19 related issues.**

*** In case of inclement weather and Colonial School District closes early, there will be NO After School Program.**

All children will be sent home on their regular bus.

2023 Winter Session (January 3-March 31)

No Class 1/16, 2/17 & 2/20



Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 1/9-3/27	101902.01	101902.07	\$169	\$194	\$206	\$243
Tuesdays, 1/3-3/28	101902.02	101902.08	\$169	\$194	\$206	\$243
Wednesdays, 1/4-3/29	101902.03	101902.09	\$169	\$194	\$206	\$243
Thursdays, 1/5-3/30	101902.04	101902.10	\$169	\$194	\$206	\$243
Fridays, 1/6-3/31	101902.05	101902.11	\$169	\$194	\$206	\$243
All 5 Days	101902.06	101902.12	\$761	\$875	\$930	\$1,094

2023 Spring Session (April 10-June 16)

No Class 5/26 & 5/29

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 4/10-6/12	201902.01	201902.07	\$130	\$150	\$159	\$187
Tuesdays, 4/11-6/13	201902.02	201902.08	\$130	\$150	\$159	\$187
Wednesdays, 4/12-6/14	201902.03	201902.09	\$130	\$150	\$159	\$187
Thursdays, 4/13-6/15	201902.04	201902.10	\$130	\$150	\$159	\$187
Fridays, 4/14-6/16	201902.05	201902.11	\$130	\$150	\$159	\$187
All 5 Days	201902.06	201902.12	\$585	\$673	\$715	\$841



School's Out Activity Days

Ages: K-6th Grade

Looking for a fun place to send your kids when they're off from school? Send them to the GPCC. Each day will consist of a variety of games, sports and a project. Must pack a lunch and a snack!

Regular Care: 9:00AM-4:00PM

Price Per Day: \$46 Res/ \$58 NR

Monday, January 16 Program #:101601.01

Friday, February 17 Program #:101601.03

Monday, February 20 Program #:101601.05

After Care: 4:00PM-6:00PM (must be signed up for Regular Care to stay for After Care)

Price Per Day: \$15 Res/\$19 NR

Monday, January 16 Program #:101601.02

Friday, February 17 Program #:101601.04

Monday, February 20 Program #:101601.06

Spring Break School's Out Activity Days

Ages: K-8th Grade

Looking for a fun place to send your kids when their off from school? Send them to the GPCC. Each day will consist of a variety of games, sports, swimming and a project. Must pack a lunch and a snack! Swimming is optional.

Regular Care: 9:00AM-4:00PM Price Per Day: \$46 Res/ \$58 NR

After Care: 4:00PM-6:00PM Price Per Day: \$15 Res/\$19 NR

(must be signed up for Regular Care to stay for After Care)

	Regular Care	After Care
Monday, 4/3	Program #: 201601.01	Program #: 201601.02
Tuesday, 4/4	Program #: 201601.03	Program #: 201601.04
Wednesday, 4/5	Program #: 201601.05	Program #: 201601.06
Thursday, 4/6	Program #: 201601.07	Program #: 201601.08
Friday, 4/7	Program #: 201601.09	Program #: 201601.10
All 5 Days Discount: \$227 RES / \$261 NR		
All 5 Days After Care: \$68 RES/ \$86 NR		
All 5 Days	Program #: 201601.11	Program #: 201601.12

CERTIFICATION PROGRAMS

Babysitting Course Ages 11-15 years

The American Red Cross Babysitter Training Course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Please pack a lunch.

Saturday, 2/11

8:30AM - 3:30PM

Program #: 103311.01

Price: \$90



Lifeguard Training - Blended Learning - Ages: 15+ years

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Candidate Pre-requisites for Lifeguard Training Courses: 300 yard swim, 2 minute treading water without use of arms, and timed 20 yard swim and brick retrieval at 13 feet depth without goggles.

Price: \$350 (includes book, mask, and certificates)

Course #1

Pre-course Session:

Friday 1/6 4:00PM-6:00PM

In Person Skills Sessions:

Fridays 1/20, 1/27, 2/3 & 2/10 4:00PM-9:00PM

Program #107801.01

Course #2

Pre-course Session:

Saturday 3/4 10:00AM-12:00PM

In Person Skills Sessions:

Saturdays 3/18, & 3/25 10:00AM-3:00PM

Sundays 3/19, & 3/26 10:00AM-3:00PM

Program #107801.02

Blended Learning combines online learning with in-person skills sessions conducted by a Red Cross certified instructor. The blended learning online sessions offer students a variety of elements to learn program content including videos, lesson narration and special interactive features. This allows for individualized, self-paced learning. Once the online session has been successfully completed, students practice skills and are assessed by the instructor during the in-person skills sessions.

WSI - Water Safety Instructor - Blended Learning - Ages: 16+ years

This course will train instructor candidates to teach water safety, including the Basic Water Rescue Course, six levels of the Learn-to-Swim program and Parent and Child Aquatics. The purpose of the course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use course materials, how to conduct training sessions, and how to evaluate participants' progress.

Candidate Pre-requisites for Water Safety Instructor Courses: Interested participants should be at least 16 years of age on or before the last day of the instructor course and show proficient ability in the following strokes: Front Crawl, Back Crawl, Breast Stroke, Butterfly, Side Stroke, & Elementary Back Stroke.

Price: \$400

Pre-course Session:

Saturday 2/4 10:00AM-12:00PM

In Person Skills Sessions:

Saturdays 2/18, & 2/25 10:00AM-4:00PM

Sundays 2/19, & 2/26 10:00AM-4:00PM

Program #107801.10

GROUP SWIM RESERVATIONS

The GPCC Leisure Pool is an ideal place to bring a camp or have a party. Group Swim Reservations are available during any of our scheduled open recreation times. You'll get a 2-hour swim with unlimited access to our two story water slide, spray features & funny fish slide for small children...With our indoor water park style pool, you'll never have to worry about: Bee Stings, Sunburns, or Rainy Days! For more information or to book your group, send an email to aquatic@plymouthtownship.org or call the Aquatics Office at 610-313-4060.

Price: \$350 for up to 30 swimmers

Time: 2-Hours during open swim

\$100 Add-on Fee for larger groups up to 50

WATER AEROBICS

Deep Water Exercise: This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate.

Silver Sneaker Splash: Activate your aqua urge for variety! Silver Sneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required.

Water Aerobics Schedule Winter 2023

WALK-IN: \$20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM-9:45AM	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Kathy)	Deep Water (Adel)	Deep Water (Rose)
10:00AM-10:45AM	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Kathy)		
6:00PM-6:45PM		Deep Water (Adel)	Deep Water (Kathy)	Deep Water (Adel)			

Water aerobics schedule is subject to change

WEX FEE STRUCTURE

Patrons can purchase a Water Exercise add-on (WEX) to their monthly (\$29) or annual (\$263) passes. If you have Silver Sneakers, Silver & Fit, Renew Active or One Pass, you may purchase an annual WEX pass for \$394. SilverSplash is only included in the Silver Sneakers membership. With WEX, patrons will be able to use the entire community center and take unlimited Water Fitness classes!

Resident Passes		Non-Resident Passes	
	Total		Total
Annual Adult Pass	\$714	Annual Adult Pass	\$844
Annual Senior Pass	\$624	Annual Senior Pass	\$726
Monthly Adult Pass	\$74	Monthly Adult Pass	\$89
Monthly Senior Pass	\$68	Monthly Senior Pass	\$80

PRIVATE SWIM LESSONS

Private Swim Lessons: At GPCC we offer Private Swim Lessons in 4-week sessions that run on the same schedule as our group lessons. We create a master schedule with availability, you select a day & time that works for you and you come once a week for the 4-week session. All private swim lessons will be one-on-one with an experienced GPCC swim instructor.

EMAIL SIGN-UP!

Registration will begin via email at 12:00am on the registration start date and will be conducted on a first come first served basis. After the first day of registration, patrons are welcome to register over the phone (610)313-4060 or in person. Registration will continue until all lessons are filled.

1. Send an email to aquatic@plymouthtownship.org with "GPCC Private Swim Lesson" typed in subject line and the Name, Birth Date, Address (of the student), & the Best Phone Number to contact you during our regular business hours in the body of the email. We will not accept email requests sent prior to 12:00am.
2. An automated email will be sent confirming that your request has been received
3. Aquatics Management will contact you during our regular business hours using the phone number you provided. We will only make two attempts to call the number provided – if we cannot reach you, we will move on to the next request.
4. You are then able to select an available time slot that will be yours for the session - full payment is due via credit card

Private Registration Start Date:

Winter Session I: Wednesday, January 4th
 Winter Session II: Wednesday, February 8th
 Winter Session III: Wednesday, March 15th
 Price: \$137 RES/\$171 NR

Private Session Begins:

Winter Session I: Monday, January 9th
 Winter Session II: Monday, February 13th
 Winter Session III: Monday, March 20th



SWIM LESSONS

Aqua Explorers: Preschool Class- Ages: 6 months-3 years- Parent/Guardian In-Water Participation Required

Students will learn to feel comfortable in the water with the adult's reassurance. Children will experience water adjustment, front kicking, back float, water entries and exits. Parents will learn holding positions and basic safety skills. Songs and other fun activities are used to make children feel comfortable in the water.

4 weeks: 30 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 1/10-1/31	5:00-5:30PM	Program # 107101.01
	Saturday, 1/14-2/4	8:15-8:45AM	Program # 107101.02
Session 2	Tuesday, 2/14-3/7	5:00-5:30PM	Program # 107101.11
	Saturday, 2/18-3/11	8:15-8:45AM	Program # 107101.12
Session 3	Tuesday, 3/21-4/18 No class 4/4	5:00-5:30PM	Program # 107101.21
	Saturday, 3/25-4/22 No class 4/8	8:15-8:45AM	Program # 107101.22

Tugboats: Water Exploration - Ages: 3-5 years

The objective in this class is to orient students to the aquatic environment through supported floating, arm paddling, kicking on front and back, and water safety. 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Monday, 1/9-1/30	5:00-5:40PM	Program # 107301.01
	Saturday, 1/14-2/4	9:00-9:40AM	Program # 107301.02
Session 2	Monday, 2/13-3/6	5:00-5:40PM	Program # 107301.11
	Saturday, 2/18-3/11	9:00-9:40AM	Program # 107301.12
Session 3	Monday, 3/20-4/17 No class 4/3	5:00-5:40PM	Program # 107301.21
	Saturday, 3/25-4/22 No class 4/8	9:00-9:40AM	Program # 107301.22

Speedboat: Primary Skills - Ages: 3-5 years

This class is designed for those who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

4 weeks: 40 minute class- Price: \$72 RES/\$90 NR

Session 1	Monday, 1/9-1/30	6:00-6:40PM	Program # 107302.01
	Saturday, 1/14-2/4	10:00-10:40AM	Program # 107302.02
Session 2	Monday, 2/13-3/6	6:00-6:40PM	Program # 107302.11
	Saturday, 2/18-3/11	10:00-10:40AM	Program # 107302.12
Session 3	Monday, 3/20-4/17 No class 4/3	6:00-6:40PM	Program # 107302.21
	Saturday, 3/25-4/22 No class 4/8	10:00-10:40AM	Program # 107302.22

Submarine: Stroke Readiness - Ages: 3-5 years

This class is designed for those who have the ability to swim 5 yards on back & front without support. Participants learn rotary breathing, water safety and basic swim skills are improved upon. 4 weeks: 40 minute class- Price: \$72 RES/\$90 NR

Session 1	Wednesday, 1/11-2/1	5:00-5:40PM	Program # 107303.01
Session 2	Wednesday, 2/15-3/8	5:00-5:40PM	Program # 107303.11
Session 3	Wednesday, 3/22-4/19 No class 4/5	5:00-5:40PM	Program # 107303.21

Private Lesson Single Sessions

If you can't commit to an entire session of privates, we are happy to offer Private Lesson Single Sessions. Each Private is 40-minutes long with an experienced GPCC instructor. Choose to sign up for just one or as many as you like! Perfect for people with busy schedules and for any skill level. Availability is limited and will vary with our instructor's schedules. For registration or to check on availability call Aquatics directly at (610)313-4060.

Price per session: \$40 Resident/\$50 Non-resident

SWIM LESSONS

Tadpole: Water Exploration –Beginner Class- Ages: 6-13 years

The objective of this class is to build comfort and safety in the water. Elementary swim skills are introduced: floating, arm paddling, kicking on front and back, and water safety. 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 1/10-1/31	5:00-5:40PM	Program # 107401.01
	Thursday, 1/12-2/2	6:00-6:40PM	Program # 107401.02
Session 2	Tuesday, 2/14-3/7	5:00-5:40PM	Program # 107401.11
	Thursday, 2/16-3/9	6:00-6:40PM	Program # 107401.12
Session 3	Tuesday, 3/21-4/18 No class 4/4	5:00-5:40PM	Program # 107401.21
	Thursday, 3/23-4/20 No class 4/6	6:00-6:40PM	Program # 107401.22

Goldfish: Primary Skills – Beginner Class- Ages: 6-13 years

This class is for children who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 1/10-1/31	6:00-6:40PM	Program # 107402.01
	Saturday, 1/14-2/4	10:00-10:40AM	Program # 107402.02
Session 2	Tuesday, 2/14-3/7	6:00-6:40PM	Program # 107402.11
	Saturday, 2/18-3/11	10:00-10:40AM	Program # 107402.12
Session 3	Tuesday, 3/21-4/18 No class 4/4	6:00-6:40PM	Program # 107402.21
	Saturday, 3/25-4/22 No class 4/8	10:00-10:40AM	Program # 107402.22

Seahorse: Stroke Readiness – Intermediate Class- Ages: 6-13 years

This class is designed for 6-13 year olds with the ability to swim 5 yards on back & front without support and are able to use alternating leg & arm motions. Participants learn rotary breathing, water safety and basic swim skills are improved upon. 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Wednesday, 1/11-2/1	6:00-6:40PM	Program # 107403.01
	Thursday, 1/12-2/2	5:00-5:40PM	Program # 107403.02
Session 2	Wednesday, 2/15-3/8	6:00-6:40PM	Program # 107403.11
	Thursday, 2/16-3/9	5:00-5:40PM	Program # 107403.12
Session 3	Wednesday, 3/22-4/19 No class 4/5	6:00-6:40PM	Program # 107403.21
	Thursday, 3/23-4/20 No class 4/6	5:00-5:40PM	Program # 107403.22

Seal: Stroke Development – Intermediate Class Ages: 6-13 years

This class is designed for those who have the ability to swim front and back crawl 25 yards. Participants improve their aquatic skills and increase their endurance by swimming the strokes for greater distances and with more advanced proficiency. 4 weeks, 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 1/10-1/31	6:00-6:40PM	Program # 107404.01
Session 2	Tuesday, 2/14-3/7	6:00-6:40PM	Program # 107404.11
Session 3	Tuesday, 3/21-4/18 No class 4/4	6:00-6:40PM	Program # 107404.21

Adult Swim Lessons – Ages 13+

Learn beginning through intermediate swimming skills and strokes while breaking through any hesitations or fears of the water. 4 weeks, 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Saturday, 1/14-2/4	11:00-11:40AM	Program # 107601.01
Session 2	Saturday, 2/18-3/11	11:00-11:40AM	Program # 107601.11
Session 3	Saturday, 3/25-4/22 No class 4/8	11:00-11:40AM	Program # 107601.21

SPECIAL EVENTS

Breakfast with Santa *All Ages*

Come to family time with Santa. Shake his hand and bring your own camera to take pictures. We will also have a game room. A light breakfast will be served. All children must be accompanied by a paying adult. Ages 2 years and under are free with paying adult.

Saturday, 12/17

9:00AM - 10:30AM

Price: \$10/person Program #: 401602.01

Price/family of 4: \$30 Program #: 401602.02

Free- children 2 and under Program #: 401602.03



Family B-I-N-G-O *All Ages*

Bring the family to the Greater Plymouth Community Center for an evening of fun and prizes. We will play 12 games of BINGO. Each game winner will receive a prize. No need to worry about dinner... we will have pizza, popcorn, candy & drinks available for purchase... so come hungry and ready to WIN!

Friday, 1/27

6:30PM (doors open at 6pm, games start at 6:30pm)

Price per person: \$5- **everyone attending must be registered**

Program #: 101101.01

Sweetheart Dance *All Ages*

Get dressed up, and come out to a special evening with friends and family and dance the night away. Enjoy snacking, dancing to the DJ and making a craft. Registration required!

Location: GPCC

Friday, 2/10

6:30PM-8:00PM

Program #: 101804.01

Price Per Person: \$10 RES / \$12 NR

Child must be accompanied by a paying adult.



Black History Month Tribute *All Ages*

Journey through the booths displaying African American pioneers. Learn more about black culture and historical representation. Talk to a diverse group of business owners to learn how they have impacted our community. Business owners interested in being a vendor? Please contact Joanna at jsharapan@plymouthtownship.org.

Saturday, 2/25

10:00AM - 3:00PM

A \$5 donation is suggested to enjoy the tribute. Payable at the door.

Vendor fees are \$25- space is very limited.

Princess Party & Superhero Adventure *Ages: 2-12 years with an adult*

It's double the magic and the best of both worlds! Join Cinderella and Spiderman for dancing, games, snacks and crafts. Spend time and take lots of photos with your favors.

Saturday, 3/11

10:00AM - 11:30AM

Price/child: \$10 RES/\$13 NR

Program #: 101405.01

Child must be accompanied by an adult.



Egg Scramble With The Bunny *All Ages*

Egg scramble, for all ages, is 10:00am sharp! Reservations are required! Grab your baskets and come join us for our Annual Easter Egg Scramble. The Easter Bunny will be joining us, so bring your camera. There will be games and crafts available. Children will hunt for colorful eggs and have a chance to win a prize at 10am sharp! Please call 610-277-4312 to register. This event will be held outdoors unless it rains. In case of rain, event will be held indoors.

Saturday, 4/1

9:00AM - 10:00AM

Per Child: \$5 RES/ \$7 NR

Program #: 201116.01



Holiday Lights Contest

Who has the brightest and most decorated house in Plymouth Township? Don't want to decorate but want to join in the fun? Vote for "The People's Choice" Award. More information will be on our website in December. Plymouth Township Residents

Only- Free to enter

Call 610-277-4312 or go online to register. *your address will be shared for judging purposes (including on publications for "The People's Choice" Award) Program #: 401415.01

Registration: November 17-December 8 **Judging Period:** December 9-15 **Winners Announced:** December 16

SPECIAL EVENTS

Canvas Painting Classes Ages: All Ages Welcome!

Create your own acrylic canvas to hang in your room! All supplies included.

Saturday, 1/21- Winter Bear

10:00AM - 11:30AM

Price: \$12 RES / \$15 NR

Program #: 101202.01



Saturday, 2/18- Cactus Heart

10:00AM - 11:30AM

Price: \$12 RES / \$15 NR

Program #: 101202.02



Saturday, 3/25- Clover Dog

10:00AM - 11:30AM

Price: \$12 RES / \$15 NR

Program #: 101202.04



National CSI Workshop Ages: 12-16 years

STEM concepts relating to Forensics and solving Crime Scenes are explored. The lecture, labs and exercises will cover many "CSI" topics including: collecting, analyzing and classifying fingerprints, creating & examining blood spatter patterns, casting footprints, and so much more.... This is a very hands-on and interactive enrichment class. This workshop will be taught by current & former Detectives.

Saturday, 2/11

9:00AM - 4:00PM

Price: \$110 RES/\$137 NR

Program #: 101311.01

Family Paint Night All Ages

Looking for a family-friendly activity that's fun for loved ones of all ages and skill-levels? Bring the family to paint night! All supplies are included. Feel free to bring snacks.

Friday, 3/10

6:00PM-8:00PM

Per Person: \$12 RES/ \$15 NR

Program #: 101202.03



AQUATICS SPECIAL EVENTS

The Leisure pool will be closed to the public for all special events. All children under the age of 12 must be accompanied by a paying adult. Pre-registration is encouraged as space is limited for all special events.

Sunday Funday Pool Party All Ages

Baby it's cold outside but the whole family can boogie in their bathing suits. This pool party is anything but watered-down. Party favors to all and fun to the beat of a live DJ right at poolside. Children under 12 must be accompanied by a paying adult. This event fills up, pre-registration is a must!

Sunday, 1/15 12:00PM - 3:00PM

\$15 Per Person Program #: 107804.01

\$45 for a Family of 4 Program #: 107804.02



Inflatable Float Day: Featuring a 40 ft. Inflatable Obstacle Course All Ages

We'll have 40 feet of inflatable fun that will be set up in the shallow end of the Lap Pool.

The kids will love navigating their way through the inflatable pop-ups and over the hurdles before making a big splash down the slide at the end! More floats all over both pools. You can even bring your own floating tubes, rafts, and toys!

Lap lanes will be available for pass holders to lap swim during the event. Kids only on the Inflatable Float, no "water wings" please. Life jackets will be available for weak or non-swimmers. All children under 12 must be accompanied by a paying adult. This event fills up, pre-registration is a must!



Sunday, 2/19 12:00PM - 3:00PM

\$15 Per Person Program #: 107804.03

\$45 for a Family of 4 Program #: 107804.04

ADULT LEAGUES

League Information:

- 10 Week Session (8 games guaranteed)
- Top 4 Playoffs
- Ref Fee included in league fees!
- Basketball teams must have the same color jerseys/shirts.

Registration dates:

Start Dates: December 9th

Deadline: December 30th

Games begin the week of January 9th

If your team is interested in playing and the registration deadline has passed, please call to check availability! If you would like to play in one of our leagues but don't have a team, please contact Malcolm at msmith@plymouthtownship.org or 610-313-8680

Men's 18 & Over Basketball

Tuesdays & Wednesdays 6:30PM-9:30PM

Residents	\$680
Non-Residents	\$750

Men's 18 & Over Volleyball

Thursdays 6:30PM-11:00PM

Residents	\$550
Non-Residents	\$625

Women's 18 & Over "A" Volleyball

Mondays 6:30PM-11:00PM

Residents	\$550
Non-Residents	\$625

Women's 18 & Over "B" Volleyball

Mondays 6:30PM-10:00PM

Residents	\$395
Non-Residents	\$450



Women's 18 & Over "BB" Volleyball

Mondays 6:30PM-10:00PM

Residents	\$395
Non-Residents	\$450



Feelin' Corny Friday Nights

Friday night pick-up cornhole games

Bring your friends! Ages: 16+

Fridays, 1/13-3/31

5:30pm-7:30pm

Free to passholders. \$5/person



Follow us on social media for updates on the GPCC and our programs!



@gpccplymouthtpw



facebook.com/plymouthtownship



@gpccplymouthtpw



CHECK OUT OUR PARKS!



ALAN WOOD PARK 642 FULTON STREET	Play apparatus (NEW!), basketball court, small volleyball area, two picnic tables and grills. Limited parking.
BLACK HORSE PARK 436 SCHOOL LANE	Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.
COLWELL PARK 1340 HILLCREST ROAD	Youth playground and tot-lot, in-line/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.
COMMUNITY CENTER PARK 2910 JOLLY ROAD & 2903 WALTON ROAD	The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.
EAST PLYMOUTH VALLEY PARK 900 GERMANTOWN PIKE (EPV)	Fully accessible playground (NEW!) and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, pavilion with picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot.
HARRIET WETHERILL PARK 2639 NARCISSA ROAD & 2642 BUTLER PIKE (HWP)	Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, youth playground, tot lot and 2 picnic pavilions. Parking lots on both Narcissa Road and Butler Pike.
JOHN F. KENNEDY PARK 480 JEFFERSON ST	Youth playground and tot lot, multi-purpose field, two tennis courts, two bocce courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.
PLYMOUTH HILLS, PLYMOUTH MEETING & SANDWOOD	Undeveloped open space Plymouth Hills: Camelot Drive (2.7 acres), Plymouth Meeting: Sierra Road (2.9 acres) Sandwood: Sandwood Road (3.4 acres)

Plymouth Township Youth and Adult Organizations function as their own entities. Each organization consists of volunteers who serve and operate with a board of officers to coordinate and manage the daily functions of each league.

Plymouth Junior ABA Basketball League

www.plymouthjraba.org

Plymouth Little League Baseball/TBall

www.plymouthhll.website.siplay.com

Greater Norristown Wrestling Club

www.gnwc.org

P-W Spartans Football League

www.pwspartans.org

P-W Spartans Cheerleading

www.pwspartans.org

Colonial Soccer Club

www.colonialsoccerclub.org

P-W Ice Hockey

www.pwicehockey.com

Mt. Carmel Sr./Jr. Legion

www.mtcarmelmounties.com

HOW TO REGISTER

Online: www.plymouthcommunitycenter.org, in person or by phone: 610-277-4312. To get started, you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at info@plymouthtownship.org for your User ID. Use this as your password also.

If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

Photo Information

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, in our Program Guide, in the Township Newsletter, on the Township's cable channel (Comcast 22 & Verizon 43), or submitted to newspapers. Please let us know if this presents a problem.

Safety/Waiver of Liability

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Department- sponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip. A signed waiver along with a COVID 19 waiver is required for participation in all programs.

CANCELLATIONS & CLOSINGS DUE TO UNFORSEEN CIRCUMSTANCES OR INCLEMENT WEATHER

In the event of any unforeseen circumstances or inclement weather, the GPCC will post messages regarding program cancellations and building closings on the website, Facebook, Twitter & Instagram. We will also send out notifications on our app. Due to the large quantity of participants in our programs, we are unable to contact each person when changes must be made due to the weather.

In the event of inclement weather and the Colonial School District (#305) is closed or will be closing early, all recreation programs held at Colonial School District facilities and all After School Rendezvous programs will be canceled. In the event Colonial School District has a delayed opening all preschool classes before 12pm will be canceled/rescheduled. Please check your program status before coming.

To check the status of the building and your program, please check....

Website: www.PlymouthCommunityCenter.org

Facebook: www.facebook.com/plymouthtownship

Twitter: @gpccplymouthtwp

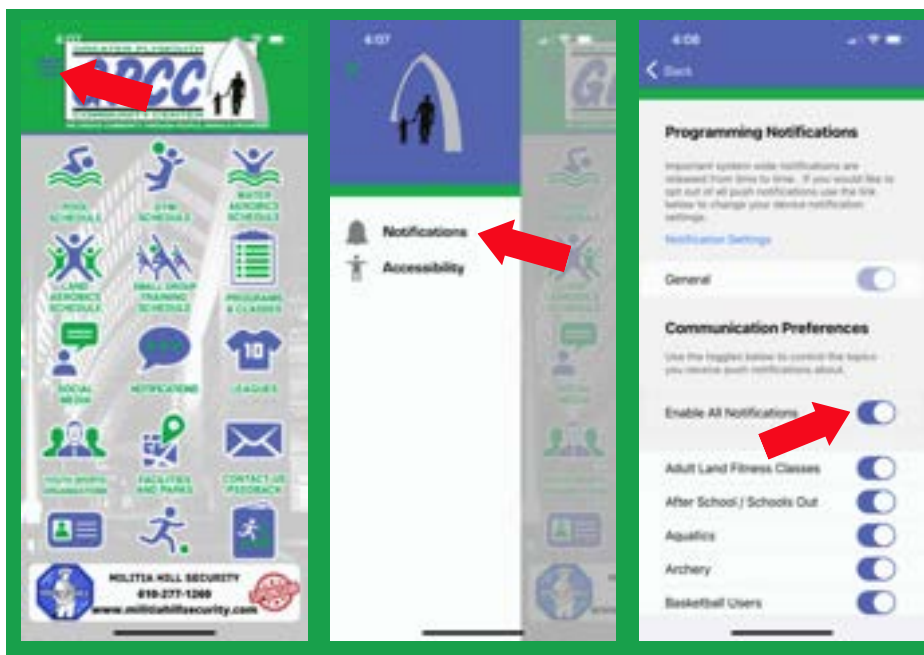
Instagram: gpccplymouthtwp

Phone: 610-277-4312

Download our app and get important notifications.



Search: Plymouth Community Center



Thank You Fall Special Event Sponsors



Winter Sponsorship Opportunities

Sunday Funday Pool Party- Sunday, 1/15

Family BINGO- Friday, 1/27

Sweetheart Dance- Friday, 2/10

Inflatable Float Day- Sunday, 2/12

Princess Party & Superhero Adventure - Saturday, 3/11



*One sponsorship for
all events!*



**\$300 or \$600
sponsorship
options**

Contact Joanna at jsharapan@plymouthtownship.org for more information!