

PERSONAL TRAINING RATES

One on One First time training special		
	Pass holder	Non Pass holder
3—30 minute sessions	\$99	\$118

One on One 30 minute Sessions		
	Pass holder	Non Pass holder
1 Session	\$37	\$44
5 Sessions	\$176	\$209
10 Sessions	\$333	\$396
30 Sessions	\$888	\$1,056

One on One 60 minute Sessions		
	Pass holder	Non Pass holder
1 Session	\$55	\$65
5 Sessions	\$261	\$309
10 Sessions	\$495	\$585
30 Sessions	\$1,320	\$1,560

Partner 60 minute Sessions (per person)		
	Pass holder	Non Pass holder
1 Session	\$36	\$42
5 Sessions	\$171	\$200
10 Sessions	\$324	\$380

Semi Private 60 minute sessions (per person)		
	Pass holder	Non Pass holder
4 sessions (minimum)	\$116	\$140

To get started

Please go to our website, www.plymouthtownship.org to get & fill out a PT Request Form and return it to the fitness center, email mbevan@plymouthtownship.org, or call 610-277-4906.