

SPRING SUMMER 2022 PROGRAM GUIDE

Greater Plymouth Community Center

2910 Jolly Road
Plymouth Meeting, PA 19462
610-277-4312
www.plymouthcommunitycenter.org

Save The Date!
PLYMOUTH TOWNSHIP DAY
~SATURDAY, JUNE 4TH~



BUILDING HOURS

Monday - Thursday: 6:00am-9:00pm Friday: 6:00am-8:00pm Saturday & Sunday 8:00am-4:00pm

LAP POOL HOURS

Monday - Thursday: 6:10am-8:45pm Friday 6:10am-7:45pm Saturday & Sunday 8:00am-3:45pm

LEISURE POOL HOURS

Saturday & Sunday 12:00pm-3:00pm

Please check social media and our website for any updates to GPCC hours.

*Fitness Center *Lap Pool 25-yards w/ 11 lanes *Warm-water whirlpool *Gymnasium *Basketball, Volleyball & Pickleball *All land aerobic classes included in the price of your pass *Men's, Women's & Family Locker Room *Monthly payment options available for annual members *Indoor Track *Sauna

PLYMOUTH TOWNSHIP RESIDENT RATES

	First Adult	First Youth/Senior	Additional Adult/Senior	Additional Youth
Annual Pass	\$442	\$356	\$300	\$150
One-Month Pass	\$45	\$39	\$28	\$18

NON-RESIDENT RATES

	First Adult	First Youth/Senior	Additional Adult/Senior	Additional Youth
Annual Pass	\$566	\$453	\$300	\$150
One-Month Pass	\$59	\$50	\$34	\$20

COLLEGE PASS

*Valid College ID Required.

1 Month Pass	\$45
3 Month Pass	\$90

GYMNASIUM DAY PASS

This pass gives you access to gymnasium only. Anyone **11** and under must have adult supervision

Resident	\$10
Non-Resident	\$12

GYMNASIUM PUNCH PASS

This pass can be used for basketball, pickleball, or volleyball.

	5 Punch	10 Punch
Resident	\$45	\$80
Non-Resident	\$55	\$100

DAILY POOL PASS

Only Access to both Pools, Sauna & Whirlpool.

Anyone **12** and under must have adult supervision.

Fitness Center

- Must be **13** years and older to use on a membership.
- Must be 16 years and older to use a day pass.

Land Aerobics

• Must be 16 years and older to participate.

Verifying Residency

As a general guideline (not 100% accurate), the Township's borders are Butler Pike, Township line Road, Arch Road/ New Hope Street, and 12th Avenue in Conshohocken. Our staff can check your address. Inability to provide proof of Plymouth Township residency will automatically qualify you as a non-resident.

Adults:

Valid PA driver's license PA Non-driver ID card Military ID Renter's Lease Agreement Voter's Registration Card **Children:**

School ID card w/ photo Most recent report card Age definitions: Youth: 3-17 years Adults: 18-61 years Seniors: 62 + years

| Monday-Thursday | \$15 | Friday-Sunday | \$18

1-DAY PASS

This pass gives you access to the fitness center, pool and gymnasium.

	Adult	Senior/Youth
Resident	\$16	\$14
Non-Resident	\$20	\$17

Greater Plymouth Community Center

ROOM RENTALS

Planning a special occasion? Need a meeting place for your organization or group? Rent a room at the Greater Plymouth Community Center and decorate it for your next event. Perfect for meetings, trainings or that special occasion! Food and refreshments are permitted; however, alcoholic beverages are prohibited. Please contact Shawn Mazei for more information. The GPCC does not accept personal checks under \$50.

- Reservations must be made in person at the Greater Plymouth Community Center or online at ww.plymouthcommunitycenter.org.
- No reservations will be taken over the phone.
- A \$50 non-refundable deposit is due at the time of booking.
- The reservation time should include set-up and clean-up time.
- Please do not arrive prior to the time reserved.
- You must be cleaned up by your designated end time.
- Clean the premises after rental by wiping off countertops, tables, and chairs; clean up spills and place all trash in trash cans.
- Payment for all rentals must be made at least seven (7) days in advance.
- No soliciting, recruiting or loitering is permitted in any non-rented facilities.
- Activity and use of property shall be limited to the designated area (including, for access only, the hallways).
- Use of the facility (gymnasium, pool or fitness center) is **not** included in the rental.
- Rentals must be a minimum of 2 hours.
- Use of profane language, illegal drugs, alcoholic beverages, firearms, gambling, chewing tobacco and smoking on Plymouth Township property is strictly prohibited (by Township Ordinance).

	Room Capacity	Resident	Non-Resident	Resident Business	Non-Resident Business	
Room A	96 ppl	\$70	\$95	\$120	\$160	
Room B	86 ppl	\$70	\$95	\$120	\$160	
Both Room A & B	182 ppl	\$120	\$160	\$200	\$260	



PAVILION RENTALS

RULES & REGULATIONS ADHERENCE TO PARK ORDINANCES IS MANDATORY.

- Reservations can be made online or in person. Rental use is scheduled from April 1 to October 31.
- Your receipt of payment acts as your permit for use of the pavilion.
- The time frame listed on your application must include set-up and clean-up time. Please do not arrive prior to the time reserved.
- It is equally important that your group has cleaned up and is ready to leave by the ending time noted.
- The park is open from 10:00 am to dusk
- During your rental, you are entitled to exclusive use of a pavilion. Should other facilities be available (i.e. tennis courts, ball fields), you may share the use with other park patrons. The remaining park facilities will always remain open to the general public.
- TRASH: You must provide your own trash bags and take all trash with you when you leave.
- **GRILLS:** You may bring your own grill. However, it may not be placed under the pavilion. You may not drive to the pavilion to drop the grill off. It must be walked from the parking lot to the pavilion.
- Also, the following are NOT permitted with rental of pavilions: Alcoholic beverages, vehicles on the park fields/ paths, live music or
 DJs, open fires or fireworks, activity after dusk, nails, tacks or staples on poles or pavilion uprights, vendors/sales to public, smoking,
 pony rides or moon bounces.

	Capacity	4 Hrs RES under 50 ppl	4 Hrs NR under 50 ppl	4 Hrs RES over 50 ppl	4 Hrs NR over 50 ppl	Full Day RES under 50 ppl	Full Day NR under 50 ppl	Full Day RES over 50 ppl	Full Day NR over 50 ppl
Harriet Wetherhill Park (HWP)	75 ppl	\$90	\$170	\$170	\$330	\$170	\$330	\$250	\$490
GPCC Park	100 ppl	\$90	\$170	\$170	\$330	\$170	\$330	\$250	\$490
Colwell Park	50 ppl	\$90	\$170	\$170	\$330	\$170	\$330	\$250	\$490

Greater Plymouth Community Center

LAND AEROBIC CLASSES

MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE

Spring 2022 GROUP FITNESS SCHEDULE

FREE To Monthly & Annual Pass Holders

Walk-In: \$12 RES/\$14 NR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)		9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:00am-9:50am Chair Yoga (Louise)	9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	8:30am-9:20am Cardio Kickboxing (Gail)	9:00am-9:50am Vinyasa Yoga (Stephanie)
10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am Senior Aerobics Fit No Chairs (Teri)	9:30am-10:20am Zumba (Lynette)	
6:00pm-6:50pm Cardio Kickboxing	6:00pm-6:50pm Zumba (Vanessa)	6:00pm-6:50pm Restorative Yoga (Courtney)	6:00pm-6:50pm Cardio Combo (Marin)			

Check website and social media for updates to schedule

Cardio Combo If you're looking for a nonstop, cardio sweat session, this class is for you! Enjoy a fun and challenging fusion of cardio, strength, and heart elevating interval training to high energy music! Modifications will be given so all levels welcome! You will leave this class sweaty, strong, and wanting more!

Cardio Kickboxing Punch and kick your way through 50 minutes of non-stop, high energy kickboxing combinations combined with agility drills and core work for an intense full body workout.

Zumba Fitness A fusion of Latin and International music/dance themes with peppy music that creates dynamic and exciting workouts that anyone can do!

Total Body Fitness Strengthen, tone and sculpt your entire body! Various equipment will be used for interval training and a mix of cardio intervals.

Restorative Yoga A soothing, restorative practice composed of long-held postures often using props to relax & rejuvenate. This style of yoga focuses on a passive approach to target deep connective tissue, fascial release and joint health. It offers the perfect balance to a cardio/strength-based workout, or simply an exhausting day. All levels welcome.

Vinyasa Yoga A style of yoga characterized by sequencing postures moving from one to another,

seamlessly, using breath. Otherwise known as a "flow style" of yoga. It is a class that offers both yin and yang - powerful, energetic movements paired with focus on breath and calming the nervous system. Each class will be familiar, yet offer variation in postures and breathing techniques. All levels welcome.

Senior Aerobics Class Descriptions Senior classes are held in Activity Central (Aerobics Room).

Senior Aerobics Fit A similar format to Senior Aerobics Mix but includes non-impact to low impact aerobics, strength training and balance but geared towards those who do not need support from a chair. *Intermediate to Advanced fitness level required. No chairs used during this class.

Senior Aerobics Mix A fun mix of choreographed, non-impact, and toning exercises geared for the more mobile, active, older adults. Intermediate fitness level or higher; chairs are optional.

SilverSneakers Classic Various equipment will be used to focus on strengthening muscles and increasing range of motion for daily life activities. A chair is used for seated exercises or standing support. This is a low intensity class for beginners to intermediate.

Chair Yoga A unique yoga style that adapts positions and poses through creative use of a chair. Includes breathing exercises, basic poses, use of supports, meditation and relaxation. Suitable for all ages and fitness levels

PREMIUM TRAINING CLASSES

Smaller class size than regular group fitness classes for a more personalized workout!

REFUND INFO: Classes run based on having enough participants to cover the cost of the class. Refunds can only by granted prior to the start date.

Fit to Run

Ever think about running a 5k or just even losing weight, gaining muscle, and building endurance? Now is your chance to enjoy the fresh outside air, make new friends, and scratch running a 5k race* off your bucket list! This 8 week program will not only help you build enough endurance to run 3.1miles (or 30 min straight) but also will help you look and feel better! This class is held outside rain or shine and will meet at the Band shell behind the Community Center. Running tech shirt included with the price of class! This is a beginner class, no previous running experience needed! (Must be in good health and slightly active) Our 5k will be at the John Shapiro's Superhero run on June 11th!! (It's a great race and cause!)

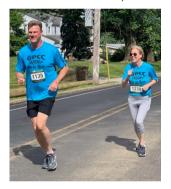
Mon/Tues/Thurs, 4/11 - 6/6*

6:40 PM – 7:30 PM Trainer: Ed

Program #: 205402.01

Price: \$144 PH/ \$159 NPH (Tech T shirt included!)

Ages: 16+years *No class 5/30



Vinyasa Power Heated Yoga Ages 18+ years

A style of yoga where poses are fluidly woven together to build strength, inner heat, flexibility and awareness giving your body the ability to move from one position to another, seamlessly, while using breath. You can expect a cardiovascular and strength building workout while finding inner peace, balance and calming of the mind and nervous system. The class is held in about 80 – 85 degrees. All levels welcome!

Thursdays, 4/28-5/19

6:30 am - 7:15 am

Price: \$40 PH / \$48 NPH Program #: 203701.07



Outdoor Bootcamp

Want to spice up your exercise routine or try something different, or just start your weekend off right with a great workout? This class can be a great supplement to your normal weekly exercise routine; it will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit! This is a high intensity class held outside by the band shell, behind the Community Center.

Trainer: Ed

Walk ins: \$13 Pass Holders / \$15 Non Pass Holders

Ages: Adults

Spring Wed, 4/13 -5/4

6:30 PM - 7:25 PM Program #: 215402.09

Price: \$36 PH/ \$44 NPH

Wed, 5/18 -6/1

6:30 PM - 7:25 PM Program #: 215402.10 Price: \$27 PH / \$33 NPH



Session 1:

Tues, 6/7 -6/28* 6:30 PM - 7:25 PM

Program #: 215402.01 Price: \$27 PH/ \$33 NPH

*No Class 6/21

Thurs, 6/9 -6/30*

6:30 PM - 7:25 PM Program #: 215402.02 Price: \$27 PH/ \$33 NPH

*No Class 6/23

Tues & Thurs, 6/7 -6/30* Program #: 315402.03

6:30 PM - 7:25 PM Program #: 215402.03 Price: \$48 PH / \$61 NPH

*No Class 6/21 & 6/23

Session 2:

Tues, 7/12 - 7/26 6:30 PM - 7:25 PM

Program #: 315402.01 Price: \$27 PH/ \$33 NPH

Thurs, 7/14-7/28

6:30 PM- 7:25 PM Program #: 315402.02

Price: \$27 PH/\$33 NPH

Tues/Thurs, 7/12 - 7/28 6:30 PM- 7:25 PM

Frogram #: 315402.03 Price: \$48 PH/ \$61 NPH Session 3:

Tues, 8/9 - 8/23

6:30 PM - 7:25 PM

Program #: 315402.07 Price: \$27 PH/\$33 NPH

Thurs, 8/11-8/25

6:30 PM- 7:25 PM

Program #: 315402.08 Price: \$27 PH/\$33 NPH

Tues/Thurs, 8/9 - 8/25

6:30 PM- 7:25 PM Program #: 315402.09

Price: \$48 PH/ \$61 NPH

PREMIUM TRAINING CLASSES

Bike and Bodyweight Burn Ages: 18+ years This class uses spin bikes for cycling and your own body weight to do multiple Boot Camp style exercises with minimal equipment. This is not a spin class, you will be on and off the bike multiple times to incorporate interval training so no special shoes are required, just sneakers. This is a high intensity class with limited participants.

Walk ins: \$13 Pass Holders / \$15 Non Pass Holders

Trainer: Ed

Price: \$27 PH/\$33 NPH 7:00 PM - 7:45 PM

Wednesday, 6/8-6/29* Program #: 225404.12

*No Class 6/22

Monday, 7/11-7/25 Program #: 325404.08

Wednesday, 7/13 -7/27

Program #: 325404.05 Monday, 8/8-8/22

Program #: 325404.09 Wednesday, 8/10 -8/24

Program #: 325404.06

Fitness Boxing 101 Ages: 18+ years

Boxing and agility skills class that will incorporate all of the basic components of boxing with the use of a freestanding punching bag and gloves to offer a cardio toning, stress-relieving workout with intervals of body weight and core exercises.

Instructor: Michele G

Tuesdays, 6:00 PM - 6:50 PM

Session 1: 4/19 - 5/17 Price: \$45 PH / \$55 NPH Program: 205101.01

Session 2: 6/7 - 6/21

Price: \$27 PH / \$33 NPH Program: 205101.02

Session 3: 7/12 - 7/26 Price: \$27 PH / \$33 NPH

Program: 305101.01

Thursdays, 7:10 PM - 8:00 PM

Session 1: 4/21 - 5/19 Price: \$45 PH / \$55 NPH Program #: 205101.03 Session 2: 6/9 - 6/23 Price: \$27 PH / \$33 NPH Program: 205101.04 Session 3: 7/14 - 7/28 Price: \$27 PH / \$33 NPH

Program: 305101.02

Saturdays, 8:15 AM - 9:05 AM

Session 1: 4/23 - 5/14 Price: \$36 PH / \$44 NPH Program: 205101.05



Cycle & Core Ages: 18+ years

Burn calories and strengthen your core in the same class! This fusion class combines 30 - 40 minutes of cycling and ends with exercises to strengthen the core.

Instructor: Roseann

Tuesdays, 7:10 – 8:00 PM Session 1: 4/21 - 5/12 Session 1: 4/19 - 5/10 Price: \$34 PH / \$44 NPH Program #: 225404.01 Program #: 225404.11

Session 2: 5/17 - 6/7 (No Class 5/31) **Session 2: 5/19 - 6/9** (No Class 6/2)

Price: \$26 PH / \$33 NPH Program #: 225404.10 Session 3: 7/19 - 8/9 Price: \$34 PH / \$44 NPH Program #: 325404.01

Thursdays, 6:00 – 6:50 PM

Price: \$34 PH / \$44 NPH

Price: \$26 PH / \$33 NPH Program #: 225404.05 Session 3: 7/21 - 8/11) Price: \$34 PH / \$44 NPH Program #: 325404.03

Core Balance for Active Older Adults

Ages: Seniors

Designed for active older adults who would like to improve their balance, stability, and posture. Various techniques will be used to strengthen the core and leg muscles. You will find yourself enjoying improved stamina for activities of daily life! Class meets twice a week. You must be able to get down on the floor and get back up on your own!

10:00 AM - 10:55 AM

Instructor: Teri

Session 1: Tuesday and Thursday,4/26-5/19

Price: \$71 PH/\$88 NPH Program #: 285402.01

Session 2: Tuesday and Thursday,6/7-6/30

Price: \$71 PH/\$88 NPH Program #: 285402.04

Session 3: Tuesday and Thursday,7/12-8/4

Price: \$71 PH/\$88 NPH Program #: 385402.01

PERSONAL AND PARTNER TRAINING

One-On-One and Partner Training

Specialized attention from one of our certified personal trainers targeting your specific fitness goals with customized programming. We have 60 or 30 minute sessions available for all levels of fitness.

FIRST TIME TRAINING CLIENT SPECIAL: THREE 30 MINUTE SESSIONS FOR \$92 PH/\$110 NPH

One-On-One 30 Minute Sessions						
	Pass Non-Pass Holders Holders					
1 Session	\$35	\$42				
5 Sessions	\$166	\$200				
10 Sessions	\$315	\$378				
30 Sessions	\$840	\$1,008				

One-On-One						
60 Minute Sessions						
Pass Non-Pass Holders Holders						
1 Session	\$53	\$62				
5 Sessions	\$252	\$295				
10 Sessions	\$477	\$558				
30 Sessions	\$1,272	\$1,488				

Partner Training 60 Minute Sessions					
Pass Non-Pass Holders Holders					
1 Session	\$36	\$42			
5 Sessions	\$171	\$200			
10 Sessions	\$324	\$380			

SEMI-PRIVATE PERSONAL TRAINING COMMON GOAL...INDIVIDUAL RESULTS

3 - 5 Clients with a trainer

Youth, Adults, Seniors, Beginners to advanced fitness levels.

Days and times depend on trainer availability and your schedule.

Price per person: Pass Holders \$29/hr session; Non-Pass Holder \$35/hr session

(minimum 4 – one hour sessions) Tailor the number of sessions to meet your group's goals!

Do you have a small group of friends, teammates, wedding party, or family that would like to train together? Let our trainers help improve your sport performance or prep you for the upcoming season, lose weight, tone up, make your workouts more productive, or just motivate you! Semi-private personal training is a more affordable way to enjoy the benefits of a trainer.

Minimum requirements are that you must have at least 3 in your group and pay for at least 4 sessions for an hour each. You can decide how many sessions beyond the minimum that your group would like. Requests for more than 5 in your group will be considered.

If interested please fill out a Request for Semi-Private Training form that is located on our website, by stopping in the fitness center to request one, or contact mbevan@plymouthtownship.org or ebauso@plymouthtownship.org.



ADULT PROGRAMS

Mini and Me Yoga in the Park



(Ages: Adult with Babies/children up to any age as long as they can be safely buckled into their stroller)

Join other parents and their children in a comfortable and supportive environment to flow through yoga poses and meditation while attending to your child's needs. Come to class with an open heart, a sturdy stroller that's not prone to top over, a blanket, some toys for your wee-one, your yoga mat and water. Children will be encouraged to participate at times but not necessary. No prior yoga experience is needed for this class. Meet by the band shell in the GPCC Park.

Tuesdays, 6/7 - 6/28 10:00 am - 11:00 am Price: \$48 Res / \$60 NR Program #: 265402.05

Thursdays, 6/2 - 6/30 10:00 am - 11:00 am Price: \$60 Res / \$75 NR

Program #: 265402.06

Adult Tennis Ages 18+ years Location: East Plymouth Valley Park

Spring **Fundamentals** Wednesdays, 4/27-5/25 6:30 PM-7:20 PM Program #: 201505.02 Price: \$80 RES / \$100 NR

TENNIS FOR FITNESS™ Wednesdays, 4/27-5/25 7:30 PM to 8:20 PM Program #: 201505.01 Price: \$80 RES / \$100 NR Summer **Fundamentals**

Wednesdays, 6/15-7/13 6:30 PM-7:20 PM

Program #: 301503.02 Price: \$80 RES / \$100 NR

TENNIS FOR FITNESSTM Wednesdays, 6/15-7/13 7:30 PM to 8:20 PM

Program #: 301503.01 Price: \$80 RES / \$100 NR

60's Motown, R&B and Soul Line Dancing

Low impact cardio dancing to both oldies and current music. Beginners through intermediate line dancing. Improve your memory, stamina and mood wile dancing and even singing along with the music.

Location: GPCC park-band shell

Mondays, 4/18-5/23 6:00 PM - 7:00 PM Program #201105.01 Price: \$85 RES / \$106 NR

Wednesdays, 4/20-5/25 12:00 PM - 1:00 PM Program #201105.01 Price: \$85 RES / \$106 NR



Fly Tying - Advanced Ages: 18+ years

This class is for people who have experience in fly tying and wanting to improve their skill level. This class will cover dry flys, wet flys, nymphs and streamers. Including many advanced techniques that are not found in most fly tying books. All the fly patterns shown in this class will be proven fish catching patterns that will work well for you for many years to come and will also include some patterns and advanced techniques that can only be found in the teacher (Sam Vigorita's) Fly tying book, ("Fly Patterns An Edge Above the Rest"). The first night students need to bring their own tools and some materials for tying a dry fly. Everyone can use the teacher's materials as needed for the first night.

Thursdays, 4/21-6/9 6:30 PM to 8:30 PM

Program #: 201607.02

Price: \$47 RES / \$58 NR

Fly Fishing - Beginner and Intermediate Ages: 18+ years This class is for beginners with no experience and fly tiers with up to one to two years' experience. In this class you will learn all the correct techniques for tying dry fly's, wet fly's, nymph patterns and streamers. You will also learn how to choose the right fly tying materials to tie with and how to use them. Plus all the fly's we tie in this class will be proven fish catching patterns, some of which may not be found in fly tying books. These are patterns that you can go out fishing with and have good success using them for many years to come.

Thursdays, 4/21-6/9 6:30 PM to 8:30 PM Price: \$47 RES / \$58 NR

Program #: 201607.01

Adult Pottery Class Ages: 18+ years

Have a great time hand building with clay, while you relax and maybe meet a few interesting people in the process! This class is for beginners through advanced potters. You will learn many techniques for making a variety of forms such as plates, bowls and vases while exploring textures. You will also learn a variety of glazing and decorating techniques. All supplies are included and pieces are fired at the Pottery works Studio. Glazes and clay are food safe and lead free. Pottery can be picked up one week after class.

Session I: Tuesdays, 4/5-4/20 Session II: Tuesdays, 5/3-5/24

6:30-8:00pm

Location: HWP Butler Pike Price: \$130 RES / \$162 NR



Pick-up Pickleball at the GPCC

Spring: Monday-Friday 8am-1pm Summer: (starting June 13) Monday-Friday 6am-9am

Daily Visit: \$10 RES/\$12 NR Free to Passholders!

Program #: 203102.01

Program #: 203102.02

PRESCHOOL PROGRAMS

Just for Me Ages: 2-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Activities such as crafts, games and music are included. There are different crafts for each class.

9:30AM-11:30 AM

Session 1:

Mondays, 4/4-4/25 (No Class 4/11)

Price: \$36 RES/\$45 NR Program #: 201801.01

Thursdays, 4/7-4/28 (No Class 4/14)

Price: \$36 RES/\$45 NR Program #: 201801.04

Fridays, 4/1-4/29 (No Class 4/15)

Price: Price: \$36 RES/\$45 NR Program #: 201801.05

Session 2:

Mondays, 5/2-5/23 Price: \$48 RES/\$60 NR Program #: 201802.01

Thursdays, 5/5-5/26Price: \$48 RES/\$60 NR
Program #: 201802.04

Fridays, 5/6-5/27Price: \$48 RES/\$60 NR
Program #: 201802.05

Just For Me- Let's Make A Mess Ages: 2-4 years

Get ready to get messy! During this class, kids will have the chance to make the mess and we'll clean it up! They'll get to "mess" with paint, slime, sand, chalk, play-doh and so much more. Please wear or bring a smock.

9:30 AM-11:30 AM

Session 1: Tuesdays, 4/5-4/26 (No Class 4/12)

Price: \$36 RES/\$45 NR Program #: 201801.02 <u>Session 2:</u> **Tuesdays, 5/3-5/31** Price: \$60 RES/\$75 NR Program #: 201802.02

Just For Me- Music Ages: 2-4 years

Sing, dance and get your first taste of the wonderful world of music. We will make musical instruments to take home every week.

9:30 AM-11:30 AM

Session 1: Wednesdays, 4/6-4/27 (No Class 4/13)

Price: \$36 RES/\$45 NR Program #: 201801.03

Session 2: Wednesdays, 5/4-5/25

Price: \$48 RES/\$60 NR Program #: 201802.03

Important Notes for Classes:

-Bring a sippy cup & wear sneakers.-This is a drop off program.-We do not provide diaper changing.

Summer Sessions 9:30AM-11:30 AM

Just for Me Ages: 2-4 years

 Session 1:
 Session 2:
 Session 3:

 Tuesdays, 6/7-6/28
 Tuesdays, 7/5-7/26
 Tuesdays, 8/2-8/23

 Price: \$48 RES/\$60 NR
 Price: \$48 RES/\$60 NR
 Price: \$48 RES/\$60 NR

 Program #: 301801.01
 Program #: 301801.04
 Program #: 301801.07

 Wednesdays, 6/1-6/29
 Wednesdays, 7/6-7/27

 Price: \$60 RES/\$75 NR
 Price: \$48 RES/\$60 NR

 Program #: 301801.02
 Program #: 301801.05

Thursdays, 6/2-6/30 Thursdays, 7/7-7/28 Price: \$60 RES/\$75 NR Program #: 301801.03 Program #: 301801.06

Wednesdays, 8/3-8/24
Price: \$48 RES/\$60 NR
Program #: 301801.08

resdays, 7/7-7/28 Thursdays, 8/4-8/25 Price: \$48 RES/\$60 NR program #: 301801.09 Thursdays, 8/4-8/25 Price: \$48 RES/\$60 NR Program #: 301801.09

Just for Me- Evening Classes! Ages: 2-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Activities such as crafts, games and music are included. Please bring a sippy cup to class. Different crafts for each class.

4:00 PM - 5:30 PM

Session 1:

Tuesdays, **4/5-4/26** (No class 4/12)

Price: \$27 RES/\$34 NR Program #: 201801.06

Thursdays, 4/7-4/18 (No class 4/14

Price: \$27 RES/\$34 NR Program #: 201801.07

Session 2:

Tuesdays, 5/3-5/31Price: \$45 RES/\$56 NR
Program #: 201802.06 **Thursdays, 5/5-5/26**Price: \$45 RES/\$56 NR
Program #: 201802.07



Babysitting Room:

Babysitting is open to 1-Month Pass Holders, Annual Pass Holders and those participating in programs. Babysitting rules are posted on the website. Parents MUST remain on site. Two hour maximum. Ages 6 weeks to 10 years and reservations are required!

Spring Hours:

Monday- Friday: 9:30am-11:30am

Summer Hours (starting June 1):

Monday: 8 Friday: 0:20am, 11:20am

Monday & Friday: 9:30am-11:30am

Price:

\$3 per hour per child.



GPCC Youth Outdoor Basketball League

Get ready for fun spring and summer nights with Plymouth Township Youth Basketball League! Fun and learning are the most important points of these co-ed programs. The first week we will evaluate all kids (this is a very short evaluation and may only take a minute for each child) and create teams, the second week we will have a team practice. The next 6 weeks will be games. Every player will enjoy equal playing time and will receive a TEAM T-SHIRT. Parents are highly encouraged to volunteer! Depending on enrollment, the games and dates are subject to change. If we have to cancel a game due to the weather, a prorated credit will be issued.

Location: East Plymouth Valley Park

Spring

Ages: 6-7 years

Mondays, 4/4-5/23 6:00 PM or 7:15 PM Program #: 208701.01 \$57 RES/\$71 NR

Ages: 7-8 years

Tuesdays, 4/5- 5/24 6:00 PM or 7:15 PM Program #: 208701.02 \$57 RES/\$71 NR

Ages: 8-9 years

Wednesdays, **4/6-5/25** 6:00 PM or 7:15 PM Program #:208701.03 \$57 RES/\$71 NR

Ages: 9-10 years

Thursdays, 4/7-5/26 6:00 PM or 7:15 PM Program #: 208701.04 \$57 RES/\$71 NR

Tennis

Location: East Plymouth Valley Park

Spring

Ages: 5 year-olds

Saturdays 4/23-5/21 8:30 AM-9:05 AM

Program #: 201504.00 Price: \$80 RES / \$100 NR

Ages: 6-7 years

Saturdays 4/23-5/21 9:10 AM-10:00 AM

Program #: 201504.01 Price: \$80 RES / \$100 NR

Ages: 8-10 years

Saturdays 4/23-5/21 10:10 AM-11:00 AM

Program #: 201504.02 Price: \$80 RES / \$100 NR

Ages: 11-14 years

Tuesdays 4/26-5/24 6:45 PM-7:35 PM

Program #: 201504.03 Price: \$80 RES / \$100 NR

Summer

Ages: 6-7 years

Tuesday 6/4-6/25 9:45 AM-10:35 AM

Program #: 301504.01

Ages: 8-10 years

Tuesday 6/4-6/25 10:45 AM-11:35 AM

Program #: 301504.02 Price: \$65 RES / \$82 NR Summer (No Games the week of 7/4/2022 to 7/8/2022)

Ages: 6-7 years

Mondays, **6/13-8/8** 6:00 PM or 7:15 PM Program #: 308701.01 \$57 RES/\$71 NR

Ages: 7-8 years

Tuesdays, 6/14-8/9 6:00 PM or 7:15 PM Program #: 308701.02 \$57 RES/\$71 NR

Ages: 8-9 years

Wednesdays, 6/15-8/10 6:00 PM or 7:15 PM

Program #:308701.03 \$57 RES / \$71 NR

Ages: 9-10 years

Thursdays, 6/16-8/11 6:00 PM or 7:15 PM Program #: 308701.04 \$57 RES/\$71 NR



Kids Karate Ages: 5-9 years

A basic introduction to Karate. Certified Karate instructors will cover introductory topics of karate and martial arts. Coordination and flexibility are emphasized. Location: GPCC

Tuesdays, 4/19 to 5/17 5:00 PM-6:00 PM Program #: 201701.01 Price: \$60 RES/\$75 NR **Tuesdays, 6/7 to 7/12** 5:00 PM-6:00 PM

No class 7/5/2021

Program #: 301701.01 Price: \$60 RES/\$75 NR

Babysitting Course Ages: 11-15 years

The American Red Cross Babysitter Training Course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Please pack a lunch.

Saturday, **5/7** 9:00 AM- 4:00 PM Program #: 203311.01 Price: \$90

Kids Yoga in the Park Summer Series Ages 6-12 years Children will learn breath work, yoga postures and the importance of mindfulness, all while moving, playing and having fun! The program is led by a certified Yoga instructor with experience teaching children.

Location: GPCC Park- Band Shell Instructor: Courtney Windju

Tuesdays, 6/21-7/19 8:00 AM-8:45 AM Price: \$70 for the 5 week series or \$15 drop-in Program #: 265402.07



Twinkle Toes Ages: 3-5 years Children can develop their love of dance through this program. Ballet is the main focus for this introduction to dance. It is recommended children wear leotards and ballet slippers for the younger class. Parents are

invited to a performance during the last class. Parents are encouraged to leave for all other classes. Location: GPCC

Saturday, 4/16 to 5/21 10:00 AM - 10:45 AM Program #: 201201.01 Price: \$51 RES/\$64 NR

Saturday, 4/16 to 5/21 11:00 AM - 11:45 AM Program #: 201201.02 Price: \$51 RES/\$64 NR

Saturday, 6/4 to 7/16 10:00 AM - 10:45 AM

No class 7/2

Program #: 301201.01 Price: \$51 RES/\$64 NR

Saturday, **6/4 to 7/16** 11:00 AM - 11:45 AM

No class 7/2

Program #: 301201.02 Price: \$51 RES/\$64 NR

Computer Coding Ages: 10-15 years

Students will learn how to program a computer from the ground up using the popular JavaScript programming language. By the end of class, each student will have created his/her own web-based game and a functioning chatbot. Topics include basic programming concepts (e.g. syntax, data types and structures, program control and flow, and error handling) as well as an introduction to HTML and CSS. No previous experience required. Students must bring a laptop with some pre-installed, free software from Microsoft. Students should pack lunch and snack.

Red Cross

Location: GPCC **Saturday, 6/4**8:00 AM- 4:00 PM

Program #: 203312.01

Price: \$68 RES/\$85 NR

OBVIOUS Choice: INTRO TO SPORTS Ages: 4-6 years Soccer, Basketball, Dodgeball, Floor Hockey, Flag Football, Fitness Relays, & More!

Co-Ed\All Skill Levels\Learn Vocabulary, Practice Skills, Play Games, Have Fun! Participants will be introduced to the world of organized sports. Each week, participants will learn the fundamentals of the sports, improve their motor skills, learn sports vocabulary, and increase their confidence. The goal is to learn to play, and play for fun!

Location: GPCC- Indoor & Outdoor

Session I: Sunday, 3/20-4/1010:00 AM - 10:45 AM
Price: \$63 RES/\$79 NR

Program# 201408.01

Session II: Sunday, 4/24–5/2210:00 AM – 10:45 AM
Price: \$63 RES/\$79 NR
Program# 201408.02



Exploring Archery Ages: 6-17 years

Archery is a universal, lifetime sport...anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (field tip), quivers, targets, safety netting and cones will be provided. This program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified (USA Archery), experienced instructors from Shooting Star Archery Academy. Close-toed shoes are

required. Location: HWP-2642 Butler Pike





Session 1- Wednesdays, 4/6-5/11 4:30pm-5:15pm Program # 201506.01 5:30pm-6:15pm Program # 201506.02

Session 2- Wednesdays, 5/25-6/29

4:30pm-5:15pm Program # 201506.03 5:30pm-6:15pm Program # 201506.04

Session 3- Wednesdays, 7/13-8/17

4:30pm-5:15pm Program # 301506.01 5:30pm-6:15pm Program # 301506.02



InDi Studios: Pottery Design ${\it Ages}~5~and~up$

Kids Camp is a great way to spend a week getting to know the art of ceramics. Each day begins with a new lesson on hand building, followed by a guided project incorporating the new technique taught. We will also be dabbling with modeling clay (oil-based polymer.) All terracotta projects will be glazed by the participants and then taken back to INDI studios at the end of the week to be fired. All pieces will be available for pick up within 10 days from the last day of camp. Please bring a light snack and drink. For more information checkout our Facebook page:

www.facebook.com/indistudio.org Location: HWP- 2642 Butler Pike

Session I: Tuesdays, 4/5 - 4/26

Program #: 203101.01 Session II: Tuesdays, 5/3 - 5/24

Program #: 203101.02

5:00-6:00pm \$130 RES/\$162 NR 5:00-6:00pm \$130 RES/\$162 NR

InDi Studios: Ceramic Flower Workshop/Mother's Day

Ages: 5 and up

Hand build with clay your own ceramic flower for indoor use or display in the garden. Choose from a variety of patterns, textures and flower cutters to design your own flower. All materials are included to build, glaze, your ceramic flower. For more info go to www.facebook.com/indistudio.org/. Location: GPCC

Saturday, **5/7** 10:00AM-12:00PM

Program #:309710.01 Price: \$45 RES/\$54 NR





Young Rembrandts

Location: GPCC

Preschool Ages: 4-6 years

Your pre-schooler's mind is hard at work building the knowledge and skills it will use for a lifetime. This program is specifically

designed with the needs of our youngest learners in mind. We use subjects they're familiar with like animals and toys, as well as their favorite learning tools - pictures, stories, touching, and doing.

Saturday, 4/2-4/30 (no class 4/16)

10:30 AM - 11:15 AM Program #:201103.01 Price: \$72 RES/\$90 NR

Elementary Ages: 7-14 years

Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This elementary program provides the tools to succeed at drawing. Our program works because it's not only hands-on and visual...it's fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else, they put their minds to.

Saturday, 4/2-4/30 (no class 4/16)

11:30 AM – 12:30 PM Program #:201103.02 Price: \$72 RES/\$90 NR

Cartoon Ages: 8-14 years

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations.

Saturday, 4/2-4/30 (no class 4/16)

12:45 PM - 1:45 PM Program #: 201103.03 Price: \$72 RES/\$90 NR



T-Birds T-Ball by Jumpstart Sports Ages: 3-5 years A fun and highly instructional introduction to baseball for 3-5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Children play a rotating schedule of games.

Location: GPCC Softball Field

Saturday, 6/4-7/16 (no class July 2)

9:30AM-10:30AM &

10:30M-11:30AM (games rotate)

Program #: 309108.01 Price: \$ 95 RES / \$ 118 NR



Hummingbirds Soccer by Jumpstart Sports Ages: 3-5 years The basics of soccer will be taught during this program, such as dribbling, passing, trapping, shooting and positioning. Each class consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills, and a low-key, non-competitive game. Jump Start soccer t-shirt and award are included. Please bring a water bottle.

Location: East Plymouth Valley Park

Thursday, 4/14-5/19

5:30 PM-6:15 PM Program #: 209107.01 6:15PM-7:00PM Program #: 209107.02

Price: \$90 RES / \$112 NR Program #: 209107.01

AFTER SCHOOL PROGRAM & SPRING BREAK

Obvious Choice Basketball Spring Break Camp Ages: 5-12 years

This camp includes hands on instruction with shooting,

dribbling, defense, and more!

Location: GPCC

April 11th - April 15th

Half Day 9:00am - 12:00pm

Program# 201503.01

Price: \$187 Resident / \$224 Non Resident

Full Day 9:00am - 3:00pm (Pack a Lunch)

Program# 201503.02

Price: \$247 Resident / \$296 Non Resident



AFTER SCHOOL PROGRAM & SPRING BREAK

Need a fun place for your child to go after school? Send them to the Greater Plymouth Community Center's After School Program! Snack is provided for the after school children. Customize your schedule. Sign up for only the days of the week you need, or all 5 days at a discounted rate. For your convenience, we will meet on Colonial School District half days. Free bus transportation from Colonial Elementary, Colonial Middle School, Plymouth Elementary, & Ridge Park Elementary is available. We offer a monthly payment option. For more information please contact Barb Griffis at 610-313-4062 or at Bgriffis@plymouthtownship.org.

The After School Rendezvous program will participate in activities such as swimming, sports, games, the playground and the Active Zone. In the Active Zone, children will participate in activities such as XBOX, Play Station 3 and Nintendo Switch.

2022 Spring Session (4/18-6/10) No Class 5/30

- * At this time, face masks are not required. We follow the CDC Guidelines.
- * There will be NO After School Program when school closes due to COVID-related issues. We will issue you a household credit.
- * After School Rendezvous runs from after school to 6:00pm. In case of inclement weather and Colonial School District closes early, there will be NO After School Program. All children will be sent home on the regular bus.

Days/Dates	K-3rd Grade	4th-8th grade	Resident PH	Resident	Non Resident PH	Non Resident
Mondays 4/18-6/6	201902.01	201902.07	\$92	\$106	\$113	\$133
Tuesdays 4/19-6/7	201902.02	201902.08	\$92	\$106	\$113	\$133
Wednesdays 4/20-6/8	201902.03	201902.09	\$92	\$106	\$113	\$133
Thursdays 4/21-6/9	201902.04	201902.10	\$92	\$106	\$113	\$133
Fridays 4/22-6/10	201902.05	201902.11	\$92	\$106	\$113	\$133
All 5 Days	201902.06	201902.12	\$405	\$466	\$495	\$582

Mad Science Spring Break Camp:

Location: Harriet Wetherill Park- 2642 Butler Pike

NASA - STEM Explorers Ages: 7-12 years

Think and act like NASA innovators during this hands-on program inspired by the NASA OPTIMUS PRIME Research Challenge (NASA OPSPARC). Use creative and collaborative skills to design a mission patch, train like an astronaut, build a Mars rover and solve real-world engineering problems. How might space suit cooling tubes be used to solve a problem here on Earth?

4/11-4/15 9:30 AM-12:30 PM

Program #:201106.01 Price: \$175 RES/\$227 NR

NASA - STEM Explorers & NASA: Journey to Outer Space

(Full Day- two camps in one!) Ages: 7-12 years

Take a voyage of discovery into the atmosphere and beyond as we explore planets, moons, and other space phenomena. Build your own Mad Science rocket and participate in a real NASA style rocket launch! Create a kitchen comet and bring home lots of cool NASA take homes! Mad Science is the ONLY organization licensed by NASA to use these activities.

4/11-4/15 9:30 AM-4:00 PM

Program #:201106.02 Price: \$299 RES/\$330 NR

Spring Break School's Out Activity Days

Looking for a fun place to send your kids when they're off from school? Send them to the GPCC. Each day will consist of a variety of games, sports, swimming and a project. Must pack a bathing suit, towel, lunch and a snack!

Ages: K-6th Grade

9:00am-6:00pm

Price Per Day: \$48 RES/ \$60 NR All 5 Days: \$217 Res/ \$271 NR

8:00am-9:00am

Price Per Day: \$7 RES/\$8 NR All 5 Days: \$30 Res/\$35 NR

Monday, 4/11	Program #:201601.01
Before Care	Program #:201601.02
Tuesday, 4/12	Program #:201601.03
Before Care	Program #:201601.04
Wednesday, 4/13	Program #:201601.05
Before Care	Program #:201601.06
Thursdays, 4/14	Program #:201601.07
Before Care	Program #:201601.08
Friday, 4/15	Program #:201601.09
Before Care	Program #:201601.10
All 5 Days	Program #:201601.11
Before Care	Program #:201601.12

SUMMER CAMP

How to register:

Online: Call a few days before registering to guarantee you are charged the proper rate and have your user id and password. You will need to submit all required forms prior to camp. **www.plymouthcommunitycenter.org**

In person: Please print and complete the registration forms in advance from our website for a smoother registration experience.

Required Forms:

- Complete registration and waiver forms
- Pediatrician Medical Form

Refunds: There will be NO REFUNDS granted for ANY camp program. Participants assume the risk of changes in personal affairs or health. Under certain circumstances, household credits may be available. If you have any questions, please contact GPCC at 610-277-4312

No registrations will be taken over the phone.

CAMP GPCC (6-11 YEARS)

This traditional day camp has a wide variety of activities including arts and crafts, sports, trips, and swimming. Campers are separated into two age groups; 6-7 year olds and 8-11 year olds. If your child does not go on the trip, there is no camp. Children must bring a lunch, snack and bathing suit daily. Location: GPCC

Ages: 6-7: Program #: 309501 Ages: 8-11: Program #: 309505

- All release forms must be signed by a parent or legal guardian.
- A weekly trip is planned for an additional fee.
- A five year old may only attend Camp GPCC if they have completed kindergarten.
- There is no camp July 4th.
- Monthly billing is available.
- The first (6/13-6/17) and last (8/15-8/19) weeks of camp do not go on trips.
- Contact: Barb Griffis, bgriffis@plymouthtownship.org (610-313-4062)

Date	Time	Price
6/13 - 6/17	9:00am - 4:00pm	\$230 R / \$288 NR
6/20 - 6/24	9:00am - 4:00pm	\$218 R / \$274 NR
6/27 - 7/1	9:00am - 4:00pm	\$218 R / \$274 NR
7/5 - 7/8	9:00am - 4:00pm	\$164 R / \$205 NR
7/11 - 7/15	9:00am - 4:00pm	\$218 R / \$274 NR
7/18 - 7/22	9:00am - 4:00pm	\$218 R / \$274 NR
7/25 - 7/29	9:00am - 4:00pm	\$218 R / \$274 NR
8/1 - 8/5	9:00am - 4:00pm	\$218 R / \$274 NR
8/8 - 8/12	9:00am - 4:00pm	\$218 R / \$274 NR
8/15 - 8/19	9:00am - 4:00pm	\$230 R / \$288 NR
	Camp GPCC Extended Care	
Before Care / Week	8:00am - 9:00am	\$40 R / \$50 NR
Before Care / Day	8:00am - 9:00am	\$10 R / \$13 NR
After Care / Week	4:00pm - 6:00pm	\$55 R / \$69 NR
After Care / Day	4:00pm - 6:00pm	\$13 R / \$16 NR

TEEN CAMP (11-15 YEARS)

This camp offers exciting adventures including trips, swimming and activities. Daily activities will include athletic competitions, food projects, and other awesome games. Camp is held at the GPCC. Teen Camp will have two off-site trips planned for weeks 2–3 & 5–9 and one trip week 4. Week 1 will not have any trips. Trips are an additional cost. No camp at GPCC on trip days. Location: GPCC

Program #: 309609

- Trips are planned weekly for an additional fee.
- There is no camp held at the community center on trip days.
- There is NO before or after care for Teen Camp.
- Campers must bring a lunch, snack & bathing suit daily.
- Sneakers must be worn everyday.
- A parent or legal guardian must sign all release forms.
- There is no camp July 4th.
- Contact: Shawn Mazei, smazei@plymouthtownship.org (610-277-6122)

Dates	Time	Price
6/13 - 6/17	9:00am - 4:00pm	\$224 RES/\$280 NR
6/20 - 6/24	9:00am - 4:00pm	\$134 RES/\$168 NR
6/27 - 7/1	9:00am - 4:00pm	\$134 RES/\$168 NR
7/5 - 7/8	9:00am - 4:00pm	\$134 RES/\$168 NR
7/11 - 7/15	9:00am - 4:00pm	\$134 RES/\$168 NR
7/18 - 7/22	9:00am - 4:00pm	\$134 RES/\$168 NR
7/25 - 7/29	9:00am - 4:00am	\$134 RES/\$168 NR
8/1 - 8/5	9:00am - 4:00pm	\$134 RES/\$168 NR
8/8 - 8/12	9:00am - 4:00pm	\$134 RES/\$168 NR

PLAYGROUND CAMP (6-12 YEARS)

Come and enjoy traditional playground activities including arts and crafts and sports. The playground program is informal with minimal structure and the age groups will overlap for many of the activities. Playground will have weekly entertainment brought in and will spend 3 days at GPCC enjoying the pool and the rest of the facility. Location: Plymouth Elementary School

Ages: 6-8 : Program #: 309701.01 Ages: 9-12 : Program #: 309701.02

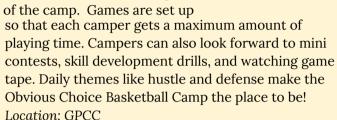
- This program will be held outdoors unless it is raining.
- NO TRIPS.
- Children must bring a lunch and a snack daily.
- A parent or legal guardian must sign all release forms.
- A 5 year old may only attend Playground Camp if they have completed Kindergarten.
- There is no camp July 4th.
- Contact: Malcolm Smith, MSmith@plymouthtownship.org (610-313-8680)

Date	Time	Price
6/20-7/29	9:00am-3:00pm	\$374 R / \$468 NR

Obvious Choice Sports Basketball

Ages: 5-11 years

Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like weeklong league and receive prizes and awards for individual efforts and completion



6/13-6/17 9:00 AM-3:00 PM

Program #: 309715.01 Price: \$187 RES/\$205 NR 8/22-8/26 9:00 AM-3:00 PM

Program #: 309715.02 Price: \$187 RES/\$205 NR

Obvious Choice Sports Soccer Camps Ages: 5-11 years Obvious Choice Sports wants your soccer player to join us for a week of games! With a focus on improving ball control, campers will hone their skills and then engage in actual game play! Campers receive an equal amount of playing time. In addition, campers can look forward to mini contests. The program is designed to build campers' self-confidence and improve fundamentals. Join the Obvious Choice Soccer Camp, and your camper will learn to play and play for fun! Location: GPCC- Softball Field

 6/20-6/24
 9:00 AM-12:00 PM

 Program #: 309715.03
 Price: \$165 RES/\$185 NR

 8/15-8/19
 9:00 AM-12:00 PM

 Program #: 309715.04
 Price: \$165 RES/\$185 NR

Villanova Baseball Camp Monday-Thursday, 8/1-8/4

8:00 am – 1:00 pm For more information, please contact Coach Scott Nestor. snesto01@villanova.edu 616-822-1425





Each i9 Camp participants will receive a t-shirt, trophy & snack

Soccer by i9 Sports Ages: 4-12 years

I9 Sports Soccer Camp will help participants gain an understanding and appreciation for playing the game "the right way". The schematic curriculum teaches the fundamentals of dribbling, passing, shooting, offense, defense, game strategy and teamwork in a fun, positive environment . All athletes, regardless of skill level, will learn new soccer skills along with valuable sportsmanship lessons. *Location: Colwell Park*

7/11-7/15 9:00 AM-12:00 PM

Program #:309201.03 Price: \$135 RES/\$169 NR

Track and Field by i9 Sports Ages: 4-12 years

Participants will be introducing to a variety of track and field events, as well as learn how a track and field athlete practices and prepares for a track meet. Participants will learn the fundamentals of each event practice each event and work their way up to a mini track meet at the end of camp. Participants should wear "gym" clothes and sneakers. Please bring a water bottle. Location: GPCC Pavilion

7/18-7/22 9:00 AM-12:00 PM

Program #:309201.01 Price: \$135 RES/\$169 NR

Cheerleading by i9 Sports Ages: 4-12 years

I9 Sports Cheerleading Camp teaches young athletes all the essential skills to guide the crowd to root on the home team with cheers, chants and stunts (non -dangerous). Important life skills such as team building and leadership, and how much fun it is to be a cheerleader! The week concludes with a performance demonstrating what they learned for their parents/guardians. Location: GPCC

7/25-7/29 9:00 AM-12:00 PM

Program #:309201.02 Price: \$135 RES/\$169 NR

TBall by i9 Sports Ages: 4-12 years

I9 Sports Tball Camp will help participants gain an understanding and appreciation for playing the game "the right way". The schematic curriculum teaches the fundamentals of hitting, fielding, running the bases, Fielding Positions, Game Strategy and Teamwork in a fun, positive environment by i9 Sports Certified Staff. All athletes, regardless of skill level, will learn New Tball skills along with valuable sportsmanship lessons such as respect, teamwork, and responsibility.

Location: GPCC- Softball Field **8/1-8/5** 9:00 AM-12:00 PM

Program #:309201.04 Price: \$135 RES/\$169 NR

Crafty Creations Ages: 4-7 years

Your kids will love creating different arts and crafts projects. We will be using a different medium each day. Please bring a snack and drink daily. Location: GPCC

6/13-6/17 9:30 AM-11:30 AM

Program #: 309101.01 Price: \$63 RES/\$79 NR





Theater Camp by Theatre Horizon Ages: 7-12 years Young actors spend the week working as a team to create a play full of drama, comedy, suspense, mystery, and action! The last day of camp there will be a performance for family. Bring a lunch, drink and snack, and only wear comfortable clothing and shoes, no skirts or flip-flops please! (Contact Malcolm for a multiple week's discount 610-313-8680)

Location: GPCC- Band Shell 7/11-7/15 9:00 am-3:00 pm

Program #: 309103.01 Price: \$190 RES/\$228 NR

7/18-7/22 9:00 am-3:00 pm

Program #: 309103.01 Price: \$190 RES/\$228 NR

7/25-7/29 9:00 am-3:00 pm

Program #: 309103.03 Price: \$190 RES/\$228 NR

Young Rembrandts: Anime & Manga Drawing Ages: 6-12 years Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Join us for five, action-packed days as Young Rembrandts hosts a wonderful Anime and Manga Drawing Workshop. Our students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off the page. Our students will be delighted as we create drawings that emulate the popular anime and manga art styles. Do not miss an exciting opportunity to produce wonderful artwork. Sign up today!

Location: GPCC

6/20-6/24 11:30 AM-1:30 PM

Program #: 309102.01 Price: \$165 RES/\$180 NR

Young Rembrandts STEAMin' Up Summer Ages: 6-12 years Calling all artists, scientists, engineers, and math lovers! Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM! This five-day workshop will dive into a new discipline every day so that all children learn their possibilities. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principles - all while creating crazy awesome Art. Your child's brain is growing every day! We cannot wait to get started! Register now!

Location: GPCC

7/18-7/22 11:30 AM-1:30 PM

Program #: 309102.02 Price: \$165 RES/\$180 NR

InDi Studios: Pottery Design Camp Ages 5 and up

Kids Camp is a great way to spend a week getting to know the art of ceramics. Each day begins with a new lesson on hand building, followed by a guided project incorporating the new technique taught. We will also be dabbling with modeling clay (oil-based polymer.) All terracotta projects will be glazed by the participants and then taken back to INDI studios at the end of the week to be fired. All pieces will be available for pick up within 10 days from the last day of camp. Please bring a light snack and drink. For more information checkout our Facebook page: www.facebook.com/indistudio.org

Stay for the full day and enjoy an afternoon session were young designers (campers must be 8+ for Jewelry Camp) will learn jewelry techniques like macramé basics, beading, creating and wrapping loops, and clay when designing their pieces. Each camper will design and bring home necklaces, bracelets, key chain, and a jewelry holder. Location: HWP- 2642 Butler Pike

6/27-7/1 9:00 AM-12:00 PM (Pottery Only)

Program #: 309704.01 Price: \$190 RES/\$218 NR

6/27-7/1 9:00 AM-3:30 PM (Pottery + Jewelry)

Program #: 309704.02 Price: \$365 RES/\$400 NR

8/8-8/12 9:00 AM-12:00 PM (Pottery Only)

Program #: 309704.03 Price: \$190 RES / \$218 NR

8/8-8/12 9:00 AM-3:30 PM (Pottery + Jewelry)

Program #: 309704.04 Price: \$365 RES/\$400 NR



Chess by Chess Wizards Ages: 6-12 years

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle

folder. Unleash your brainpower and spend part of your vacation with Chess Wizards! Location: GPCC

6/27-7/1 9:00 AM-12:00 PM

Program #: 309403.01 Price: \$205 RES/\$266 NR

6/27-7/1 12:00 PM-3:00 PM

Program #: 309403.02 Price: \$205 RES/\$266 NR

6/27-7/1 9:00 AM-3:00 PM

Program #:309403.03 Price: \$305 RES/\$366 NR

7/25-7/29 9:00 AM-12:00 PM

Program #:309709.04 Price: \$205 RES/\$266 NR

7/25-7/29 12:00 PM-3:00 PM

Program #:309709.05 Price: \$205 RES/\$266 NR

7/25-7/29 9:00 AM-3:00 PM

Program #:309709.06 Price: \$305 RES/\$366 NR



SCIENCE EXPLORE

Take a Dive by Science Explorers Ages: 7-11 years

Dive into the world of marine biology and oceanography! In our half day camp, you will dissect a real shark, participate in a fisherman's challenge, examine the anatomy of a fish and learn the ancient technique of gyotaku or "fish rubbing", learn to survive at sea with a homemade solar still, create a kelp forest and make your own submarine. Stay for the full day camp and come face-to-face with some unique sea creatures! You will complete a squid dissection, bring to life genuine Triassic Triops, conduct a whale adaptations lab, and examine many weird wonders that live under the sea! Nonresidents must register online at www.ScienceExplorers.com or contact Science Explorers directly at 1-877-870-6517.

Location: HWP- 2642 Butler Pike

7/5-7/8 9:00 AM-12:00 PM

Program #: 309303.01 Price: \$180 RES

9:00 AM-4:00 PM

Program #: 309303.02 Price: \$316 RES

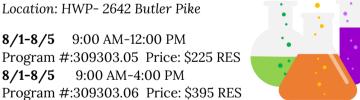
Fizz Bang Boom by Science Explorers Ages: 7-11 years What do you get when you take the physics of motion, add in some electrifying experiments, and mix it up with some chemistry? Everyone has a blast! In our half day camp you'll create your own battery-powered invention, experiment with light and flight, make your own kaleidoscope and experiment with giant floating bubbles. Stay for the full day and build your own motorized robot, use chromatography to separate the colors in candy, mix up some crazy chemical reactions, create an electric game, investigate the effects of air pressure, and compete in a tall tower engineering competition!

Non-residents must register online at

www.ScienceExplorers.com or contact Science Explorers

directly at 1-877-870-6517.

8/1-8/5



Rockin' Concoctions! By Science Explorers Ages 7-11

We've taken our after-school club topics from 2021-22 and turned them into a fun-filled week-long camp! We will explore the science of kitchen chemistry, travel back in time to discover the mysteries of the Earth, examine the world of wacky creatures, and become a Science Explorers CSI! Half day campers will discover the amazing transformation of cream to butter, grow crystals, erupt volcanoes, mine for gemstones, create slug-slime, learn how to lift fingerprints and extract DNA from bananas. Full day campers will continue the fun as they participate in a dinosaur dig, create cast fossils, make gooey gumdrops, freeze their own slushies, solve more forensic cases, mix up a vampire bat treat to eat and examine the anatomy of a frog and complete an optional dissection! . Non-residents must register online at www.ScienceExplorers.com or contact Science Explorers directly at 1-877-870-6517.

Location: HWP- 2642 Butler Pike

7/18-7/22 9:00 AM-12:00 PM

Program #: 309102.02 Price: \$225 RES

7/18-7/22 9:00 AM-4:00 PM

Program #: 309102.02 Price: \$395 RES





MAD SCIENCE PRESENTS:

Secret Agent Lab: Funky Forensics Ages 7-12 (Half-Day)

Focus on the science of forensics in this hands-on look at crime scenes. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing! *Location:* HWP- 2642 Butler Pike

SCIENCE

7/11-7/15 9:30 AM-12:30 PM

Program #: 309709.01 Price: \$175 RES/\$227 NR

Secret Agent Lab: Funky Forensics & Mad Machines & Jr. Engineers Ages: 7-12 (Full Day- two camps in one!)

Secret Agent Lab: Funky Forensics description above. Whether you enjoy building or destroying structures, you will love this camp! Work with pulleys, wedges, screws, and levers, build your own catapults and play robot soccer! Exercise your ability to work with others while constructing a geodesic dome big enough for all campers to fit inside! Let the engineering excitement

begin! Location: HWP- 2642 Butler Pike **7/11-7/15** 9:30 AM-4:00 PM

Program #: 309709.02 Price: \$299 RES/\$330 NR

Radical Reactions & Detective Science Ages: 7-12 (Half-Day)

Become a skilled science sleuth while investigating the role of chemistry at the scene of a crime! Learn about chemical reactions as you grow crystals, use dental alginate to make fabulous finger molds, create sidewalk chalk from scratch, design chromatography bandannas to take home, and even make your very own ice cream! Location: HWP- 2642 Butler Pike

7/25-7/29 9:30 AM-12:30 PM

Program #:309709.03 Price: \$175 RES/\$227 NR

Radical Reactions & Detective Science & NASA Journey into Outer Space Ages: 7-12 (Full Day- two camps in one!)

Radical Reactions & Detective Science description above. Take a voyage of discovery into the atmosphere and beyond as we explore planets, moons, and other space phenomena. Build your own Mad Science rocket and participate in a real NASA style rocket launch! Create a kitchen comet and bring home lots of cool NASA take homes! Mad Science is the ONLY organization licensed by NASA to use these activities for Summer Camps! Location: HWP- 2642 Butler Pike

7/25-7/29 9:30 AM-4:00 PM

Program #:309709.04 Price: \$299 RES/\$330 NR

Princess Extravaganza Ages: 4-7 years

Put on your most beautiful Princess dress and step out for a week of make-believe fun. We will listen to our favorite fairy tale princess stories, decorate our own crown and wand, play games and enjoy lots of other fun princess things. Children must be fully potty trained. Please bring a snack and drink daily.

Location: GPCC

8/8-8/12 9:30 AM-11:30 AM

Program #: 309105.03 Price: \$63 RES/\$79 NR

Just for Me Camp Ages: 3-5 years

Your child will begin to socialize with others while participating in many different activities including arts and crafts, music and games. Children must be fully potty trained. Please bring a snack and drink daily. Location: GPCC

8/15-8/19 9:30 AM-11:30 AM

Program #: 309401.01 Price: \$63 RES/\$79 NR



Superhero Adventure Ages: 4-7 years

Calling all Superheroes! It is time to take a break from saving the world, make superhero crafts, and play games. So put on your costume and cape, and join us for a weeklong Superhero Adventure! Please bring a snack and drink daily.

Location: GPCC

8/1-8/5 9:30 AM-11:30 AM

Program #:309105.02 Price: \$63 RES/\$79 NR

Richie Ashburn-Harry Kalas Foundation Baseball Camp

Monday-Thursday, July 11-July 14
This camp, open to children ages 6-12, stress the fundamentals of the game while incorporating important life lessons. www.ashburnkalasfoundation.org or 610-272-7688 for more information.
Location: East Plymouth Valley Park



CERTIFICATION PROGRAMS

Lifeguard Training - Blended Learning - Ages: 15+ years

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Candidate Pre-requisites for Lifeguard Training Courses: 300 yard swim, 2 minute treading water without use of arms, and timed 20 yard swim and brick retrieval at 13 feet depth without goggles.

Price: \$350 (includes book, mask, and certificates)

Course 1 SPRING BREAK COURSE!

Pre-course Session:

Friday 4/1 6:00pm-8:00pm In Person Skills Sessions:

3:30pm-8:30pm

Tuesday-Friday 4/12, 4/13, 4/14 & 4/15

Program #207801.01

Course 2

Pre-course Session:

Sunday 5/1 10:00am-12:00pm

In Person Skills Sessions:

Saturdays 5/7 & 5/14 8:30am-1:30pm

Sundays 5/8 & 5/15 8:30am-1:30pm

Program #207801.02

Course 3

Pre-course Session:

Friday 5/27 6:00pm-8:00pm In Person Skills Sessions:

3:30pm-8:30pm

Tuesday-Friday 6/7, 6/8, 6/9 & 6/10

Program #307801.01

Blended Learning combines online learning with in-person skills sessions conducted by a Red Cross certified instructor. The blended learning online sessions offer students a variety of elements to learn program content including videos, lesson narration and special interactive features. This allows for individualized, self-paced learning. Once the online session has been successfully completed, students practice skills and are assessed by the instructor during the in-person skills sessions.

WSI - Water Safety Instructor - Blended Learning - Ages: 16+ years

This course will train instructor candidates to teach water safety, including the Basic Water Rescue Course, six levels of the Learn to Swim program and Parent and Child Aquatics. The purpose of the course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use course materials, how to conduct training sessions, and how to evaluate participants' progress.

Candidate Pre-requisites for Water Safety Instructor Courses: Interested participants should be at least 16 years of age on or before the last day of the instructor course and show proficient ability in the following strokes: Front Crawl, Back Crawl, Breast Stroke, Side Stroke, & Elementary Back Stroke.

Pre-course Session:

Friday 5/20 6:00-8:00pm

In Person Skills Sessions:

Saturdays & Sundays 5/21, 5/22 & 5/28 8:30am-3:30pm **Sunday 5/29** 8:30am-1:30pm

Program #207801.10

Price: \$400



The Adult and Pediatric First Aid/CPR/AED Blended Course

Ages: 14+ years (if under 14 please call 610-277-6122)

This course teaches students to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. The course meets OSHA/workplace requirements. This course includes an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. Upon successful completion of this course you will receive a digital certificate for Adult First Aid/CPR/AED valid for two years. NOTE: A valid email address is required at the time of registration to complete the online portion of the course. You must bring a printed or digital copy of the certificate from the completed online training, or you will not be allowed to complete the classroom portion of the course. Registration deadline: 5/5

Thursday, 5/12 6:00 PM

Program # 203310.01 Price: \$85

Adult & Pediatric CPR/AED Ages: 14+ years (if under 14 please call 610-277-6122)

The Adult and Pediatric CPR/AED classroom course incorporates the latest science and teaches students to how to respond to cardiac and choking emergencies in victims of any age – adults (12+ yrs) and pediatric (infants and children up to 12 yrs). Students who successfully complete this course will receive official American Red Cross certification for Adult and Pediatric CPR/AED valid for two years.

Thursday, 5/27 6:00 PM – 9:30 PM Program # 203310.02 Price: \$80



WATER AEROBICS

Silver Sneaker Splash: Activate your aqua urge for variety! Silver Sneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required.

Deep Water Exercise: This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate.

Water Aerobics Schedule Spring 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM-9:45AM	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)		Deep Water (Adel)	Deep Water (Rose)
10:00AM-10:45AM	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)			
6:00PM-6:45PM		Deep Water (Adel)	Deep Water (Kathy)	Deep Water (Adel)			

WEX FEE STRUCTURE

Patrons can purchase a Water Exercise addon (WEX) to their monthly (\$27) or annual (\$250) passes. With the WEX, patrons will be able to use the entire community center and take unlimited Water Fitness classes!

Walk-In Price: \$20

Resident Passes		Non-Resident Passes	
	Total		Total
Annual Adult Pass	\$692	Annual Adult Pass	\$816
Annual Senior Pass	\$606	Annual Senior Pass	\$703
Monthly Adult Pass	\$72	Monthly Adult Pass	\$86
Montlhy Senior Pass	\$66	Montlhy Senior Pass	\$77

PRIVATE SWIM LESSONS

Private Swim Lessons: At GPCC we offer Private Swim Lessons in 4-week (Spring) and 6-week (Summer) sessions that run on the same schedule as our group lessons. We create a master schedule with availability, you select a day & time that works for you and you come once a week for the session. All private swim lessons will be one-on-one with an experienced GPCC swim instructor.

EMAIL SIGN-UP!

Registration will begin via email at 12:00am on the registration start date and will be conducted on a first come, first served basis. After the first day of registration, patrons are welcome to register over the phone (610) 313-4060 or in person. Registration will continue until all lessons are filled.

- 1. Send an email to **aquatic@plymouthtownship.org** with "GPCC Private Swim Lesson" typed in the subject line and the Name, Birth Date, Address (of the student), & the Best Phone Number to contact you during our regular business hours in the body of the email. We will not accept email requests sent prior to 12:00am.
- 2. An automated email will be sent confirming that your request has been received.
- 3. Aquatics Management will contact you during our regular business hours using the phone number you provided. We will only make two attempts to call the number provided if we cannot reach you, we will move on to the next request.
- 4. You are then able to select an available time slot that will be yours for the session full payment is due via credit card.

Spring Session:

Private Registration Start Date: Wednesday, April 27th Private Session Begins: Monday, May 2nd

4-Weeks/40-Minute Classes – Price: \$137 RES/\$171 NR Summer Session:

Private Registration Start Date: Wednesday, June 15th Private Session Begins: Monday, June 20th

6-Weeks/40-Minute Classes - Price: \$204 RES/\$258 NR

Private Lesson Single Sessions

If you can't commit to an entire session of privates, we are happy to offer Private Lesson Single Sessions. Each Private is 40-minutes long with an experienced GPCC instructor. Choose to sign up for just one or as many as you like! Perfect for people with busy schedules and for any skill level. Availability is limited and will vary with our instructor's schedules. For registration or to check on availability call Aquatics directly at (610)313-4060.

Price per session: \$40 Resident/\$50 Non-resident

SWIM LESSONS

Aqua Explorers: Preschool Class- Ages: 6 months-3 years- Parent/Guardian In- Water Participation Required

Students will learn to feel comfortable in the water with the adult's reassurance. Children will experience water adjustment, front kicking, back float, water entries and exits. Parents will learn holding positions and basic safety skills. Songs and other fun activities are used to make children feel comfortable in the water.

Spring Session- 4 weeks: 30 minute class-Price: \$72 RES/\$90 NR

Tuesday, 5/3-5/24	5:00PM-5:30PM	Program # 207101.01
Saturday, 5/7-5/28	8:15AM-8:45AM	Program # 207101.02
Sunday, 5/8-5/29	8:15AM-8:45AM	Program #: 207101.03

Summer Session - 6 weeks: 30 minute class-Price: \$108 RES/\$135 NR

Tuesday, 6/21-7/26	9:00AM-9:30AM	Program # 307101.01
Tuesday, 6/21-7/26	5:00PM-5:30PM	Program # 307101.02
Saturday, 6/25-7/30	8:15AM-8:45AM	Program # 307101.03

Tugboats: Water Exploration - Ages: 3-5 years

The objective in this class is to orient students to the aquatic environment through supported floating, arm paddling, kicking on front and back, and water safety.

Spring Session- 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Monday, 5/2-5/23	5:00PM-5:40PM	Program # 207301.01
Saturday, 5/7-5/28	9:00AM-9:40AM	Program # 207301.02
Sunday, 5/8-5/29	9:00AM-9:40AM	Program # 207301.03

Summer Session - 6 weeks: 40 minute class-Price: \$108 RES/\$135 NR

Monday, 6/20-8/1 (No Class 7/4)	5:00PM-5:40PM	Program # 307301.01
Thursday, 6/23-7/28	9:00AM-9:40AM	Program # 307301.02
Saturday, 6/25-7/30	9:00AM-9:40AM	Program # 307301.03

Speedboat: Primary Skills - Ages: 3-5 years

This class is designed for those who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

Spring Session- 4 weeks: 40 minute class- Price: \$72 RES/\$90 NR

Monday, 5/2-5/23	6:00PM-6:40PM	Program # 207302.01
Saturday, 5/7-5/28	10:00AM-10:40AM	Program # 207302.02

Summer Session- 6 weeks: 40 minute class- Price: \$108 RES/\$135 NR

Monday, 6/20-8/1 (No Class 7/4)	6:00PM-6:40PM	Program # 307302.01
Wednesday, 6/22-7/27	9:00AM-9:40AM	Program # 307302.02
Saturday, 6/25-7/30	10:00AM-10:40AM	Program # 307302.03

Submarine: Stroke Readiness - Ages: 3-5 years

This class is designed for those who have the ability to swim 5 yards on back & front without support. Participants learn rotary breathing, water safety and basic swim skills are improved upon.

Spring Session- 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Wednesday, 5/4-5/25	5:00PM-5:40PM	Program # 207303.01
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Summer Session- 6 weeks: 40 minute class-Price: \$108 RES/\$135 NR

Monday, 6/20-8/1 (No Class 7/4)	9:00AM-9:40AM	Program # 307303.01
Wednesday, 6/22-7/27	5:00PM-5:40PM	Program # 307303.02







SWIM LESSONS

Tadpole: Water Exploration -Beginner Class- Ages: 6-13 years

The objective of this class is to build comfort and safety in the water. Elementary swim skills are introduced: floating, arm paddling, kicking on front and back, and water safety.

Spring Session - 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Tuesday, 5/3-5/24 5:00PM-5:40PM Program # 207401.01 Thursday, 5/5-5/26 6:00 PM-6:40 PM Program # 207401.02

Summer Session- 6 weeks: 40 minute class-Price: \$108 RES/\$135 NR

 Monday, 6/20-8/1 (No Class 7/4)
 7:00 PM-7:40 PM
 Program # 307401.01

 Tuesday, 6/21-7/26
 5:00 PM-5:40 PM
 Program # 307401.02

 Thursday, 6/23-7/28
 6:00PM-6:40 PM
 Program # 307401.03

Goldfish: Primary Skills - Beginner Class- Ages: 6-13 years

This class is for children who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

Spring Session- 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Tuesday, 5/3-5/24 6:00 PM-6:40 PM Program # 207402.01 Saturday, 5/7-5/28 10:00AM-10:40AM Program # 207402.02

Summer Session - 6 weeks: 40 minute class-Price: \$108 RES/\$135 NR

 Tuesday, 6/21-7/26
 6:00 PM-6:40 PM
 Program # 307402.01

 Thursday, 6/23-7/28
 7:00 PM-7:40 PM
 Program # 307402.02

 Saturday, 6/25-7/30
 10:00 AM-10:40 AM
 Program # 307402.03

Seahorse: Stroke Readiness – Intermediate Class- Ages: 6-13 years

This class is designed for 6-13 year olds with the ability to swim 5 yards on back & front without support and are able to use alternating leg & arm motions. Participants learn rotary breathing, water safety and basic swim skills are improved upon.

Spring Session- 4 weeks: 40 minute class-Price: \$72 RES / \$90 NR

Wednesday, 5/4-5/25 6:00 PM-6:40 PM Program # 207403.01 Thursday, 5/5-5/26 5:00 PM-5:40 PM Program # 207403.02

Summer Session - 6 weeks: 40 minute class-Price: \$108 RES/\$135 NR

 Tuesday, 6/21-7/26
 7:00 PM-7:40 PM
 Program # 307403.01

 Wednesday, 6/22-7/27
 6:00 PM-6:40 PM
 Program # 307403.02

 Thursday, 6/23-7/28
 5:00 PM-5:40 PM
 Program # 307403.03

Seal: Stroke Development - Intermediate Class Ages: 6-13 years

This class is designed for those who have the ability to swim front and back crawl 25 yards. Participants improve their aquatic skills and increase their endurance by swimming the strokes for greater distances and with more advanced proficiency.

Spring Session- 4 weeks, 40 minute class- Price: \$72 RES/\$90 NR

Tuesday, 5/3-5/24 6:00 PM-6:40 PM Program # 207404.01 Saturday, 5/7-5/28 11:00 AM-11:40 AM Program # 207404.02

Summer Session- 6 weeks, 40 minute class-Price: \$108 RES/\$135 NR

 Tuesday, 6/21-7/26
 6:00 PM-6:40 PM
 Program # 307404.01

 Saturday, 6/25-7/30
 11:00 AM-11:40 AM
 Program # 307404.02

Adult Swim Lessons - Ages 13+

Learn beginning through intermediate swimming skills and strokes while breaking through any hesitations or fears of the water.

Summer Session - 6 weeks, 40 minute class-Price: \$108 RES/\$135 NR

Wednesdays, 6/22-7/27 7:00 PM-7:40 PM Program #: 307601.01

GROUP SWIM RESERVATIONS

The GPCC Leisure Pool is an ideal place to bring a camp or have a party. Group Swim Reservations are available during any of our scheduled open recreation times. You'll get a 2-hour swim with unlimited access to our Two Story Water Slide, Spray Features & Funny Fish Slide for small children...With our indoor water park style pool, you'll never have to worry about: Bee Stings, Sunburns, or Rainy Days! For more information or to book your group, send an email to aquatic@plymouthtownship.org or call the Aquatics Office at 610-313-4060.

Price: \$350 for up to 30 swimmers Time: 2-Hours during open swim

\$100 Add-on Fee for larger groups up to 50

SPECIAL EVENTS

Egg Scramble With The Bunny Ages: All Ages Grab your baskets and come join us for our Annual Easter Egg Scramble. Children will hunt for colorful eggs and have a chance to win a prize! The Easter Bunny will be joining us, so bring your camera! Reservations are required! Please call 610-277-4312 to register. This event will be held outdoors at the GPCC Pavilion. If rain, it will be held indoors.

Saturday, 4/9 9:00 AM - 10:00 AM Per Child: \$5 RES / \$7 NR Program #: 102802.03



Brad Fox Memorial Fishing Derby

Ages: 4-15 years (with a parent) Come join Plymouth Township Parks & Recreation, the Bridgeport Elks and the Stony Creek Anglers for a great day of fishing fun. Bring the whole family out to experience the wonderful outdoors. Bait will be available for purchase, but all anglers must bring their own fishing equipment. The pond will be stocked with trout.

Saturday, May 7 8:00am-12:00pm Location: East Plymouth Valley Park **FREE**



"Early Bird"-ing at Harriet Wetherill Park Ages: All Co-Hosted by Valley Forge Audubon (VFAS) and Plymouth Township Parks & Recreation

Price: FREE!

If the "early bird catches the worm", the "early bird"-er can usually see lots of birds, especially in the spring! So come join us as we bird early in the morning on this beautiful park's 1+ mile accessible, paved path. The variety of stream, woods, field, and meadow on this loop make it a great place for easy and fun birding. New birders are always welcome! Children also very welcome if accompanied by an adult. Bring your binoculars if you have them. Restrooms will be open on site. Leaders: VFAS volunteers Lynn Sowden, Master Naturalist and Jim Ermer, VFAS Board member. Registration is not required. For more information please visit the VFAS website (www.valleyforgeaudubon.org) Location: Harriet Wetherill Park- 2642 Butler Pike

Saturday, 4/9 7:00am-9:00am 8:00am-10:00am

Thursday, 4/28

Thursday, 5/26 6:00pm-8:00pm

Thursday, 6/23 8:00am-10:00am





Kids Paint Class Ages: 5-12 years

Kids, create your own acrylic canvas to hang in your room! All supplies included.

Saturday, 4/16- Blue Flower Ladybug Program #: 201202.02

Saturday, **5/14-** Dolphin Program #: 201202.03

10:00AM - 11:30AM

Price: \$12 RES / \$15 NR





SPECIAL EVENTS

Five Easy Steps To Home Composting Ages: 18+

Did you know that 40% of food waste ends up in our landfills? If you have thought of becoming more sustainable by composting, then join us for our presentation about the Five Easy Steps to Home Composting. No yard? No problem. There are many different ways to compost. Join our presenter, Colleen Falicki, for an educational presentation and Q&A during our composting webinar. Location: GPCC We'll talk about:

- How to get started inside your home to set yourself up for success
- Where to set-up your compost bin and the five easy steps to make compost happen
- $\bullet \quad \text{How to tell when your compost is finished and what to do with the finished product} \\$

Price: \$20 RES / \$31 NR

Tuesday, 5/10

7pm-8:30pm Program # 201314.01

Namaaste Goat Yoga Age: 5+ years, children 12 and under must be accompanied by a parent- parent must also be registered for the program

Renew your inner spirit with a fun, relaxing, giggle filled goat yoga class at Harriet Wetherill Park. The goat in me honors the goat in you! A triple threat to de-stress, Namaaaste Goat Yoga is a great way to break from your normal mindset and reap the benefits of animal/laughter therapy and yoga! Open to yogis of every skill level, Namaaaste Goat Yoga is not your typical but still relaxing form of beginner level yoga that always involves smiles, laughter, giggles and of course, goats! Our miniature goat breeds are just the right size (think Beagle-size or smaller) to jump on your back, snuggle in your lap or take a nap on your mat as you move through our certified instructor's guidance. Watch your cares melt away with every goat touch and kiss. Beyond trendy, goat yoga is here to stay as many find unexpected joy in being in the moment and presence of goats. 45 minute beginner friendly goat centric yoga class and 15 minute goat snuggle/picture time with 9-15 of our baby/miniature goats. Participants need to provide their own mat/towel/blanket on which to do the yoga. Location: HWP- 2642 Butler Pike

Price/Class: \$40

Sunday, 5/22 9:00 am-10:00 am Program #: 201113.01 10:15 am-11:15 am Program #: 201113.02 Sunday, 6/26 9:00 am-10:00 am Program #: 201113.03 10:15 am-11:15 am Program #: 201113.04

Sunday, 7/31 9:00 am-10:00 am Program #: 301113.01

10:15 am-11:15 am Program #: 301113.02 **Sunday**, 8/21

9:00 am-10:00 am Program #: 301113.03 10:15 am-11:15 am

Program #: 301113.04





Plymouth & Whitpain Township Parks & Recreation

OUTDOOR VENDOR MARKET

Let's go shopping! This event is open to the public and free to attend.

Crafters & Vendors- need a gift for someone? Looking for some cool handmade crafts? Check out the unique and handmade items at the market.

Community Yard Sale- one person's trash is another ones treasure. Come find some treasure at the Community Yard Sale. Good bargains to be found for everyone!

Sunday, 5/22 8:00 AM - 1:00 PM

Location: Montgomery County Community College- Morris Road Parking Lot

Interested in being a vendor? Contact Joanna at jsharapan@plymouthtownship.org Program #: 201112.02 Additional paperwork is required. Vendor space is limited. Cost: \$20/spot- 2 parking spots



Silver Socials are coming back to the GPCC in April & June! Stop by the front desk to sign up.



Save the Date!

Roxborough School of Nursing

Health Fair

Friday, April 22, 2022

9:00am-12:00pm

Location: GPCC

National Night Out

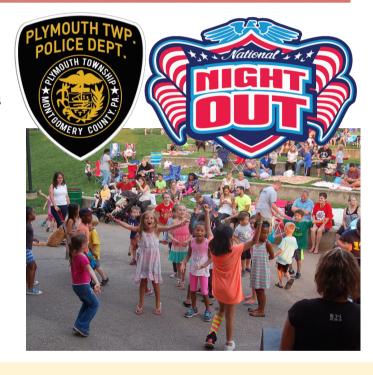
Plymouth Township Police & Plymouth Township Parks and Recreation have joined forces to bring it back! This event is an annual crime prevention and community policing celebration. Mark your calendar!

Looking for sponsors & vendors! Contact Joanna for all the details. jsharapan@plymouthtownship.org Location: Community Center Park

Tuesday, 8/2

6:00PM-9:30PM (6pm-8pm- community vendors & attractions.

8pm-9:30pm- band: DeJa Groove)





For details visit www.MontCoSeniorGames.com



2022 Performances In The Park

Wednesday, June 15	MOVIE: Sing 2	DJ entertainment starts around 7pm. Movie starts at dusk.
Wednesday, June 22	CONCERT: Box Of Books	7:00PM www.box-of-books.com
Wednesday, June 29	MOVIE: Minions (2016)	DJ entertainment starts around 7pm. Movie starts at dusk.
Wednesday, July 6	CONCERT: The SuperNaturals	7:00 PM www.stnethery.wixsite.com/thesupernaturals
Wednesday, July 13	MOVIE: Space Jam (2021)	DJ entertainment starts around 7pm. Movie starts at dusk.
Wednesday, July 20	CONCERT: The Right Swipes	7:00 PM www.facebook.com/TheRightSwipes
Wednesday, July 27	MOVIE: Cruella	DJ entertainment starts around 7pm. Movie starts at dusk.
Tuesday, August 2	CONCERT: DeJa Groove	8:00PM www.dejagroove.net

Movies: Refreshments (popcorn, candy & drinks) will be available to purchase

KOND ICE

Concerts & Movies: Kona Ice will be there!
Alcohol and tobacco are not allowed on Township property
GPCC Park Amphitheater

2903 Walton Road ~ Plymouth Meeting

ADULT LEAGUES

League Information:

- 10 Week Session (8 games guaranteed)
- Top 4 Playoffs
- Ref Fee included in league fees!
- Basketball teams must have the same color jerseys/shirts.

If your team is interested in playing and the registration deadline has passed, please call to check availability! If You would like to play in one of our leagues but don't have a team please contact Malcolm at msmith@plymouthtownship.org or 610-313-8680

R	egist	tratio	n d	ates:
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Start Dates: 4/4
Deadline: 4/25

Games begin the week of 5/9

Men's 18 & Over Basketball- Tuesdays & Wednesdays, 6:30PM-9:30PM		
	League Fees	Weekly Ref Fees
Residents	\$680	Included!
Non-Residents	\$750	Included!

Competitive Quads Volleyball - Monday 7:00PM-10:00PM		
	League Fees	Weekly Ref Fees
Residents	\$300	Self-Ref
Non-Residents	\$375	Self-Ref

Corporate Co-Ed Softball - Wednesday & Thursday 5:30PM-8:00PM		
	League Fees Weekly Ref Fees	
Residents	\$685	Included!
Non-Residents	\$685	Included!

Plymouth Township Day 2022

Saturday, June 4th 10:00am-2:00pm

East Plymouth Valley Park

The day will be packed with family fun, inflatable attractions, community groups, local businesses, crafters, Plymouth Township Police Department's K-9 demonstration, DJ entertainment and SO much more!





Plymouth Township Parks & Recreation is looking for vendors, sponsors, community organizations and crafters to join in the festivities. If interested, contact Joanna at jsharapan@plymouthtownship.org or 610-313-8681



PARK INFORMATION

ALAN WOOD PARK 642 FULTON STREET

BLACK HORSE PARK 436 SCHOOL LANE

COLWELL PARK
1340 HILLCREST ROAD

COMMUNITY CENTER PARK 2910 JOLLY ROAD & 2903 WALTON ROAD

EAST PLYMOUTH
VALLEY PARK
900 GERMANTOWN PIKE
(EPV)

HARRIET WETHERILL PARK 2639 NARCISSA ROAD & 2642 BUTLER PIKE (HWP)

JOHN F. KENNEDY PARK
220 FAIRFIELD ROAD

PLYMOUTH HILLS,
PLYMOUTH MEETING &
SANDWOOD

Play apparatus, basketball court, small volleyball area, two picnic tables and grills. Limited parking.

Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.

Youth playground and tot-lot, in-line/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.

The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.

Youth playground and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, pavilion with picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot.

Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, youth playground, tot lot and 2 picnic pavilions. Parking lots on both Narcissa Road and Butler Pike.

Youth playground and tot lot, multi-purpose field, two tennis courts, two bocce courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.

Undeveloped open space Plymouth Hills: Camelot Drive (2.7 acres), Plymouth Meeting: Sierra Road (2.9 acres) Sandwood: Sandwood Road (3.4 acres)

Plymouth Township Youth and Adult Organizations function as their own entities. Each organization consists of volunteers who serve and operate with a board of officers to coordinate and manage the daily functions of each league.

Plymouth Junior ABA Basketball League

www.plymouthjraba.org

Plymouth Little League Baseball/TBall

www.plymouthll.website.siplay.com

Greater Norristown Wrestling Club

www.gnwc.org

P-W Spartans Football League

www.pwspartans.org

P-W Spartans Cheerleading

www.pwspartans.org

Colonial Soccer Club

www.colonialsoccerclub.org

P-W Ice Hockey

www.pwicehockey.com

Mt. Carmel Sr./Jr. Legion

www.mtcarmelmounties.com

IOW TO REGISTER

Online: www.plymouthcommunitycenter.org, in person or by phone: 610-277-4312. To get started, you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at info@plymouthtownship.org for your User ID. Use this as your password also.

If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

Photo Information

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, in our Program Guide, in the Township Newsletter, on the Township's cable channel (Comcast 22 & Verizon 43), or submitted to newspapers. Please let us know if this presents a problem.

Safety/Waiver of Liability

Not Just Another Real Estate Agent

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Departmentsponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip. A signed waiver along with a COVID 19 waiver is required for participation in all programs.









www.interimhealthcare.com

Sponsorship Opportunities

An Exelon Company











Follow us on social media for updates on the GPCC and our programs!





