

# Plymouth Township Parks & Recreation

## 2021 SPRING PROGRAMS & SUMMER CAMP GUIDE



masks required



- ★ No initiation fees, complementary fitness orientation, full access to the whole facility and more!
- ★ Summer Camp registration starts in March

## New and Improved GPCC App

Completely New and Easy  
to use Notification System



Easy and Convenient  
for all users!!



Search "GPCC" in the  
Apple iOS App Store



Search "Greater  
Plymouth" in the Android  
Google Play Store

**-Fitness Center  
-Aquatics Center  
-Gymnasium  
-Programs  
-Swim Lessons  
-Summer Camps pg.21**

2910 Jolly Road, Plymouth Meeting, PA 19462  
[www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org)  
610-277-4312

**GPCC**

# GPCC HOURS

Monday & Friday 6:00am-7:00pm

Tuesday, Wednesday & Thursday 6:00am-8:00pm

Saturday & Sunday 8:00am-4:00pm

Please check social media and our website for any updates to GPCC hours.

Fitness Center

Men's, Women's & Family

All land aerobic classes  
included in the price of  
your pass

Lap Pool 25-yards w/ 11 lanes

Locker Room

Warm-water whirlpool

Monthly payment options  
available for annual members

Gymnasium

Indoor Track

Basketball, Volleyball & Pickleball

Age definitions:

Youth: 3-17 years

Adults: 18-61 years

Seniors: 62 + years

## PLYMOUTH TOWNSHIP RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/ Senior	Additional Youth
Annual Passes	\$442	\$346	\$225	\$135
One-Month Passes	\$43	\$35	\$24	\$14

## NON-RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/ Senior	Additional Youth
Annual Passes	\$566	\$443	\$225	\$135
One-Month Passes	\$57	\$46	\$30	\$16

### Fitness Center

- Must be 13 years and older to use on a membership.
- Must be 16 years and older to use a day pass.

### Land Aerobics

- Must be 16 years and older to participate.

### Aquatic Center

- Must be 13 years and older to use without adult supervision.
- Anyone 12 years and under can use with adult supervision.

## COLLEGE PASS

(Valid College ID required.)

1 Month Pass	\$30
3 Month Pass	\$75

## LAND AEROBIC CLASSES

MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE

### Spring 2021 GROUP FITNESS SCHEDULE

**FREE To Pass Holders**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					8:15am – 9:05am Total Body Fitness (Michele)	
9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)		9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)		9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)	9:00AM-9:50AM Zumba (Sathya) ON ZOOM ONLY	9:00AM-9:50AM Vinyasa Yoga (Courtney)
10:15AM-11:05AM SilverSneaker Classic with Chairs (Teri)		10:15AM-11:05AM SilverSneaker Classic with Chairs (Teri)		10:15AM-11:05AM Sr Aerobic Fit No Chairs (Teri)		
5:45pm-6:35pm Cardio Sculpt (Michele)		5:45pm-6:35pm Restorative Yoga (Courtney)	5:45pm-6:35pm Cardio Kickboxing (Michele)			

- Classes will be held in Activity Central with participant spots marked on the floor, the gymnasium, or a classroom to allow for social distancing. Masks are required throughout the building and during classes.
- All classes, except the senior classes have the option to go outside in the GPCC Park, weather permitting! The instructor will determine if it is indoors or outdoors.
- These classes are FREE to Annual and Monthly Pass Holders but space is limited so we can abide by the CDC and Health Department's recommendations during COVID-19 restrictions.
- If space is available, walk-ins will be accepted.
- Walk-in prices: \$4 RES / \$5 NR
- Download our app for class updates!
- No Senior Classes the week of March 15-19.**
- Look for changes in the senior class schedule for April & May.**

**Cardio Sculpt** Mix of cardio with body weight, and resistance training using free weights and bands. Modifications given for beginners to advance fitness levels! Maximum capacity: 15

**Cardio Kickboxing** Punch and kick your way through 50 minutes of non-stop, high energy kickboxing combinations combined with agility drills and core work for an intense full body workout. Maximum capacity: 15

**Zumba Fitness** A fusion of Latin and International music/dance themes with peppy music that creates dynamic and exciting workouts that anyone can do! This class is on Zoom only. 2/27-3/27 and registration is required.

**Total Body Fitness** Strengthen, tone and sculpt your entire body! Various equipment will be used for interval training and a mix of cardio intervals. Maximum capacity: 12



# Greater Plymouth Community Center

**NEW!**

**Restorative Yoga** A soothing, restorative practice composed of long-held postures often using props to relax & rejuvenate. This style of yoga focuses on a passive approach to target deep connective tissue, fascial release and joint health. It offers the perfect balance to a cardio/strength-based workout, or simply an exhausting day. All levels welcome. Maximum capacity: 12

**NEW!**

**Vinyasa Yoga** A style of yoga characterized by sequencing postures moving from one to another, seamlessly, using breath. Otherwise known as a "flow style" of yoga. It is a class that offers both yin and yang - powerful, energetic movements paired with focus on breath and calming the nervous system. Each class will be familiar, yet offer variation in postures and breathing techniques. All levels welcome. Maximum capacity: 12

## Senior Aerobics Class Descriptions

**Senior classes are held in the big gymnasium, masks required, spaced for social distancing! Classes are FREE to Annual & Monthly Pass Holders, SilverSneaker and Silver & Fit Participants!**

**Senior Aerobics Fit** A similar format to Senior Aerobics Mix but includes non-impact to low impact aerobics, strength training and balance but geared towards those who do not need support from a chair. \*Intermediate to Advanced fitness level required. No chairs used during this class.

Maximum capacity: 20

**Senior Aerobics Mix** A fun mix of choreographed, non-impact, and toning exercises geared for the more mobile, active, older adults. Intermediate fitness level or higher; chairs are optional.

Maximum capacity: 20

**SilverSneakers Classic** Various equipment will be used to focus on strengthening muscles and increasing range of motion for daily life activities. A chair is used for seated exercises or standing support. This is a low intensity class for beginners to intermediate. Maximum capacity: 20





## PERSONAL AND PARTNER TRAINING

### One-On-One and Partner Training

Specialized attention from one of our certified personal trainers targeting your specific fitness goals with customized programming. We have 60 or 30 minute sessions available for all levels of fitness.

**FIRST TIME TRAINING CLIENT SPECIAL:  
THREE 30 MINUTE SESSIONS  
FOR \$84 PH/ \$100 NPH**

One-On-One 30-Minute Session		
	Pass Holders	Non-Pass Holders
1 Session	\$32	\$38
5 Sessions	\$152	\$181
10 Sessions	\$288	\$342
30 Sessions	\$768	\$912

One-On-One 60-Minute Session		
	Pass Holders	Non-Pass Holders
1 Session	\$48	\$56
5 Sessions	\$228	\$266
10 Sessions	\$432	\$504
30 Sessions	\$1,152	\$1,344

Partner Training 60-Minute Session		
	Pass Holders	Non-Pass Holders
1 Session	\$36	\$42
5 Sessions	\$171	\$200
10 Sessions	\$324	\$380

## SEMI-PRIVATE PERSONAL TRAINING COMMON GOAL...INDIVIDUAL RESULTS

### 3 – 5 Clients with a trainer

Youth, Adults, Seniors, Beginners to advanced fitness levels.

Days and times depend on trainer availability and your schedule.

Price per person: Pass Holders \$29/hr session; Non-Pass Holder \$35/hr session  
(minimum 4 – one hour sessions) Tailor the number of sessions to meet your group's goals!

Do you have a small group of friends, teammates, wedding party, or family that would like to train together? Let our trainers help improve your sport performance or prep you for the upcoming season, lose weight, tone up, make your workouts more productive, or just motivate you! Semi-private personal training is a more affordable way to enjoy the benefits of a trainer.

Minimum requirements are that you must have at least 3 in your group and pay for at least 4 sessions for an hour each. You can decide how many sessions beyond the minimum that your group would like. Requests for more than 5 in your group will be considered.

If interested please fill out a Request for Semi-Private Training form that is located on our website, by stopping in the fitness center to request one, or contact [mbevan@plymouthtownship.org](mailto:mbevan@plymouthtownship.org) or [ebauso@plymouthtownship.org](mailto:ebauso@plymouthtownship.org).



## PREMIUM TRAINING CLASSES

Smaller class size than regular group fitness classes for a more personalized workout! Plenty of room for social distancing in all classes, hand sanitizer and disinfectant wipes will be available. Masks are required for all indoor classes as mandated by the state during Covid-19.

### **Outdoor Cycle & Core** Ages: Adults

Class will be outside in the back of the building, along the walkway near the bocce courts with mask optional. This fusion class combines 30 – 40 minutes of cycling and ends with exercises to strengthen the core. Burn calories and strengthen your core in the same class! If space is available, walk ins: \$13 Pass Holders/ \$15 Non- Pass Holders

5:45 PM – 6:35 PM

Instructor: Karen

**Session I: Tuesdays, 4/13-5/4**

Price: \$32 PH / \$44 NPH

Program#: 225404.01

**Session II: Tuesdays, 5/11-5/25**

Price: \$24 PH / \$33 NPH

Program#: 225404.02

6:10 AM – 7:00 AM

Instructor: Karen

**Session I: Thursdays, 4/15-5/6**

Price: \$32 PH / \$44 NPH

Program#: 225404.04

**Session II: Thursdays, 5/13-5/27**

Price: \$24 PH / \$33 NPH

Program#: 225404.05

### **Bike and Bodyweight Burn** Ages: Adults

This class is held outdoors unless inclement weather then it will be held indoors (mask required indoors). This class uses spin bikes and your own body weight to do multiple Boot Camp style exercises with minimal equipment. This is not a spin class, you will be on and off the bike multiple times to incorporate interval training so no special shoes are required, just sneakers. This is a high intensity class. Walk ins: \$13 Pass Holders/ \$15 Non Pass Holders

Price: \$34 PH/ \$42 NPH

6:30 PM – 7:15 PM

Trainer: Ed

**Session I: Wednesdays, 4/7-4/28**

Program #: 225404.07

**Session I: Wednesdays, 5/5-5/26**

Program #: 225404.08

### **Fit to Run** Ages: 16+

Ever think about running a 5k or just even losing weight, gaining muscle, and building endurance? Now is your chance to enjoy the fresh outside air, make new friends, and scratch running a 5k race\* off your bucket list! This 8 week program will not only help you build enough endurance to run 3.1miles (or 30 min straight) but also will help you look and feel better! This class is held outside rain or shine and will meet at the Band shell behind the Community Center. Running tech shirt included with the price of class! This is a beginner class, no previous running experience needed! (Must be in good health and slightly active)

\*Due to Covid-19, 5k race may be virtual

**Mon/ Tues / Thurs, 4/5-5/27**

6:40 PM – 7:30 PM

Trainer: Ed

Price: \$144 PH/ \$159 NPH

Program #: 205402.01



## ADULT PROGRAMS

### 60s Motown, R&B and Soul Line Dancing

Low impact cardio dancing to both oldies and current music. Beginner through intermediate line dancing. Improve your memory, stamina and mood while dancing and even singing along with the music. Face mask required.

Price: \$85 RES / \$106 NR

**Mondays, 4/26-6/21 (No Class 5/31)**

1:00 PM-2:00 PM

Program #: 201105.01

**Tuesdays, 4/27-6/22 (No Class 6/1)**

6:00 PM-7:00 PM

Program #: 201105.02

### Pickleball at the GPCC

Monthly or annual members can reserve time daily.

Maximum of 5 people per court.

Monday-Friday 8:00 AM - 1:30 PM

*Face Masks are required!*

RESERVATIONS ARE REQUIRED

### Adult Tennis Ages 18+ years

**Wednesdays, 4/28-5/26**

Location: East Plymouth Valley Park

Fundamentals

6:30 PM -7:20 PM

Price: \$80 RES / \$100NR

Program #: 201505.02

Tennis For Fitness

7:30 PM - 8:20 PM

Price: \$80 RES / \$100NR

Program #: 201505.01

### Private Tennis Lessons

Get individualized tennis instruction from our tennis professional. Choose a date and time that works best for your schedule. Lessons will be 50-minute sessions.

Lessons will be held at East Plymouth Valley Park and can be scheduled by Shawn Mazei at the Greater Plymouth Community Center or at 610-277-6122.

Price Per Lesson: \$50 RES/\$63 NR

## AMERICAN RED CROSS

### The Adult and Pediatric

#### First Aid/CPR/AED Blended Course

Ages: 14+ years (if under 14 please call 610-313-8681) This course teaches students to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. The course meets OSHA/workplace requirements. This course includes an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. Upon successful completion of this course you will receive a digital certificate for Adult First Aid/CPR/AED valid for two years. NOTE: A valid email address is required at the time of registration to complete the online portion of the course. You must bring a printed or digital copy of the certificate from the completed online training, or you will not be allowed to complete the classroom portion of the course.

Registration deadline: 2/28

**Thursday, 5/13**

5:00 PM - 8:00 PM

Program # 203310.01

Price: \$85

### Adult & Pediatric CPR/AED Ages: 14+ years

(if under 14 please call 610-313-8681) The Adult and Pediatric CPR/AED classroom course incorporates the latest science and teaches students to how to respond to cardiac and choking emergencies in victims of any age - adults (12+ yrs) and pediatric (infants and children up to 12 yrs). Students who successfully complete this course will receive official American Red Cross certification for Adult and Pediatric CPR/AED valid for two years.

**Thursday, 3/25**

5:00PM - 8:00 PM

Program # 203310.02

Price: \$80

### Babysitting Course Ages: 11-15 years

The American Red Cross Babysitter Training Course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Please pack a lunch.

**Saturday, 5/1**

8:30 AM- 3:30 PM

Program #:203311.01

Price: \$90



## PRESCHOOL PROGRAMS

### **Just for Me** Ages: 2-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Activities such as crafts, games and music are included. Please bring a sippy cup to class and a face mask.

9:30AM-11:30 AM

Price: \$48 RES/\$60 NR

**Session I: Mondays, 4/5-4/26**

Program #: 201801.01

**Session II: Mondays, 5/3-5/24**

Program #: 201801.02

9:30AM-11:30 AM

**Session I: Thursdays, 4/1-4/29**

Price: \$60 RES/\$75 NR

Program #: 201801.03

**Session II: Thursdays, 5/6-5/27**

Price: \$48 RES/\$60 NR

Program #: 201801.04

### **Nut Bunch** Ages: 2-4 years

Take a trip on the wild side! Learn about animals, plants, the earth and other fun things associated with nature. Please bring a sippy cup and a face mask.

9:30 AM-11:30 AM

Price: \$48 RES/\$60 NR

**Session I: Wednesdays, 4/7-4/28**

Program #: 201805.01

**Session II: Wednesdays, 5/5-5/26**

Program #: 201805.02



### **Tot Picassos** Ages: 2-4 years

Get ready to get messy! During this class, kids will have the chance to make the mess and we'll clean it up! They'll get to "mess" with paint, slime, sand, chalk, play-doh and so much more. Please wear or bring a smock, a face mask and a sippy cup.

9:30 AM-11:30 AM

Price: \$48 RES/\$60 NR

**Session I: Tuesdays, 4/6-4/27**

Program #: 201702.01

**Session II: Tuesdays, 5/4-5/25**

Program #: 201702.02

### **Hummingbirds Soccer** Ages: 3-6 years

The basics of soccer will be taught during this program, such as dribbling, passing, trapping, shooting and positioning. Each class consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills, and a low-key, non-competitive game. Jump Start soccer t-shirt and award are included. Please bring a water bottle. Location: Front Lawn unless it rains then it will be held indoors (no cleats permitted and face mask required).

**Thursdays, 4/15-5/20**

Price: \$85 RES / \$106 NR

5:30 PM-6:30 PM

Program #: 209107.01



## YOUTH SPORTS

### **Twinkle Toes** Ages: 3-5 years

Children can develop their love of dance through this program. Ballet is the main focus for this introduction to dance. It is recommended children wear leotards and ballet slippers to class. Parents are encouraged to leave. *Face mask required!*

Price: \$34 RES/\$43 NR

#### **Session I: Saturdays, 3/13-4/24 (No class 4/3)**

10:00 AM - 10:45 AM

Program #: 101201.03

11:00 AM - 11:45 AM

Program #: 101201.04

#### **Session II: Saturdays, 5/1-6/12 (No class 5/29)**

10:00 AM - 10:45 AM

Program #: 201201.01

11:00 AM - 11:45 AM

Program #: 201201.02

### **Sports Experience** Ages: 4-6 years

This class is a fun introduction to sports, such as Softee hockey, soccer and basketball through creative exercises, team play and group interaction. Parents are encouraged to leave. *Face mask required!*

11:00 AM - 11:45 AM

Price: \$53 RES/\$66 NR

#### **Session I: Sundays, 3/14-4/11 (no class 4/4)**

Program# 201408.01

#### **Session II: Sundays, 4/18-5/9**

Program# 201408.02



## **Jump Start Sports Presents:**

### **Little Hoop Stars** Ages: 4-6 years

A six-week instructional and recreational basketball program for children in Pre-K and Kindergarten (must be 4 years-old). Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award.

*Face mask required!*

#### **Saturdays, 4/10-5/15**

9:00 AM - 9:45 AM

Price: \$90 RES/\$113 NR

Program #: 201107.01

### **Hoop Stars** Ages: 7-9 years

A six-week instructional and recreational basketball program for children 7-9 years. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award. *Face mask required!*

#### **Saturdays, 4/10-5/15**

10:00 AM - 11:00 AM

Price: \$90 RES/\$113 NR

Program #: 201107.02

### **Basketball Skills & Drills** Ages: 10-12 years

A six-week instructional and recreational basketball program for children 10-12 years. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. Program is suitable for both new and advanced players. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award. *Face mask required!*

#### **Saturdays, 4/10-5/15**

11:15 AM - 12:15 PM

Price: \$90 RES/\$113 NR

Program #: 201107.03

## YOUTH SPORTS

### **Kids Pottery Class** Ages 5- 15

Each week, children will complete one project from beginning to end. Some of the projects we will be doing are animated cartoon figures, small plates, mini birdhouses, and a project towards the end of the session that will allow your child to create a piece based on their own personal interests. We welcome all skill levels and abilities. All supplies are included and pieces are fired at the Pottery works Studio. Pottery can be picked up one week after class. *Face mask required!*

5:00 PM - 6:30 PM

Price: \$130 RES/\$162 NR

**Session I: Fridays, 3/5-3/26**

Program #: 203101.01

**Session II: Fridays, 4/9-4/30**

Program #: 203101.02

### **Youth Tennis**

This class will introduce how to use forehand and backhand, volley and serve. Participants are required to bring a racquet to class.

*Location: East Plymouth Valley Park*

Price: \$80 RES / \$100 NR

**Ages: 6-7 years**

Saturdays, 4/24-5/22

8:30 AM-9:20 AM

Program #: 201504.01

**Ages: 8-10 years**

Saturdays, 4/24-5/22

9:30 AM-10:20 AM

Program #: 201504.02

**Ages: 11-14 years**

Tuesdays, 4/27-5/25

6:45 PM-7:35 PM

Program #: 201504.03

### **GPCC Youth Outdoor Basketball League**

Fun and learning are the most important points of these co-ed programs. The first week we will evaluate all kids and create teams, the second week we will have a team practice. The next 6 weeks will be games. Every player will enjoy equal playing time and will receive a TEAM T-SHIRT. Parents are highly encouraged to volunteer! Depending on enrollment, the games and dates are subject to change. If we have to cancel a game due to the weather, a prorated credit will be issued. Games are either at 6:00pm or 7:15pm. You will know what time you play once you receive your schedule. *Face mask required!*

*Location: East Plymouth Valley Park*

\$55 RES/\$69 NR

**Ages: 6-7 years**

Mondays, 4/5-5/24

6:00 PM or 7:15 PM

Program #: 208701.01

**Ages: 7-8 years**

Tuesdays, 4/6- 5/25

6:00 PM or 7:15 PM

Program #: 208701.02

**Ages: 8-9 years**

Wednesdays, 4/7-5/26

6:00 PM or 7:15 PM

Program #: 208701.03

**Ages: 9-10 years**

Thursdays, 4/8-5/27

6:00 PM or 7:15 PM

Program #: 208701.04





## YOUTH PROGRAMS

### Young Rembrandts Presents:

**PARTICIPANTS WILL NEED TO BRING PENCILS, CRAYONS AND MARKERS TO EACH CLASS.**

#### **Preschool Drawing Class** Ages: 4-6 years

Wonderful drawings of adventurous astronauts and friendly monsters will excite the imagination. We reach new heights with our hot air balloon and many nature-inspired drawings like our bees and flower baskets. There's no better time than now to enroll your student! *Face mask required!*

9:00 AM - 9:45 AM

**Saturdays, 4/10-5/1**

Price: \$72 RES/\$90 NR

Program #: 201103.01

#### **Elementary Drawing Class** Ages: 7-14

Students will learn how to think outside of the box as they learn to draw a space monster and create stylized drawings of flowers, snails and more. We'll also explore historical themes with our comic book-inspired drawing and a portrait of Canadian hero, Terry Fox. Sign up for classes today! *Face mask required!*

10:00 AM - 11:00 AM

**Saturdays, 4/10-5/1**

Price: \$72 RES/\$90 NR

Program #: 201103.02

#### **Cartoon Drawing Class** Ages: 7-14

Young Rembrandts Cartooning students will learn the essential skills they need to create exciting cartoon characters with expressive faces and dynamic poses. They will develop their visual story telling skills as they draw sequential images and jokes. Students will learn to create fun, off-the-wall characters based on people, animals, and even food. All this and more await our students. Enroll your student today! *Face mask required!*

11:15 AM - 12:15 PM

**Saturdays, 4/10-5/1**

Price: \$72 RES/\$90 NR

Program #: 201103.03

#### **Kids Karate** Ages: 5-9 years

A basic introduction to Karate. Certified Karate instructors will cover introductory topics of karate and martial arts. Coordination and flexibility are emphasized. *Face mask required!*

5:00 PM - 6:00 PM

Price: \$47 RES/\$59 NR

**Session I: Mondays, 3/15-4/26 (No Class 3/29)**

Program# 101701.02

**Session II: Mondays, 5/3-6/14 (no class 5/31)**

Program# 201701.01

#### **Computer Coding** Ages: 10-15 years

Students will learn how to program a computer from the ground up using the popular JavaScript programming language. By the end of class, each student will have created his/her own web-based game and a functioning chatbot. Topics include basic programming concepts (e.g. syntax, data types and structures, program control and flow, and error handling) as well as an introduction to HTML and CSS. No previous experience required. Students must bring a laptop with some pre-installed, free software from Microsoft. Students should pack lunch and snack. *Face mask required!*

9:00 AM- 4:00 PM

**Saturday, 4/17**

Price: \$68 RES/\$85 NR

Program #: 203312.01

### **AFTER SCHOOL PROGRAM 2021/2022**

**Interest list is on our website.**

**Sign-up to receive informational  
emails about Plymouth Township  
Parks & Recreations 2021/2022 After  
School Program.**

## SPECIAL EVENTS

### **Egg Scramble With The Bunny** *Ages: All Ages*

Grab your baskets and come join us for our Annual Easter Egg Scramble. Children will hunt for colorful eggs and have a chance to win a prize! The Easter Bunny will be joining us, so bring your camera! Reservations and masks are required! Please call 610-277-4312 to register. This event will be held outdoors at the GPCC Pavilion

**Saturday, 3/27**

9:00 AM – 10:00 AM

Per Child: \$5 RES/ \$7 NR

Program #: 102802.03

### **Outdoor Market- Crafters & Vendors**

Need a gift for someone? Looking for some cool handmade crafts? Check out the unique and handmade items at our outdoor market. The sale will be located in the Community Center parking lot by the playground. Spread the word! MASKS WILL BE REQUIRED FOR SELLERS AND BUYERS. Interested in being a vendor? Please contact Joanna Sharapan at [jsharapan@plymouthtownship.org](mailto:jsharapan@plymouthtownship.org). Additional paperwork will be required.

**Saturday, 4/10**

9:00am-1:00pm

Price:\$15/spot

Program#: 201112.02



### **Officer Brad Fox Memorial Fishing Derby**

Attention all kids who love to fish! Grab your fishing gear and get ready for Plymouth Township's fishing derby. This will be a free children's event sponsored by the Bridgeport Elks Lodge and the Stony Creek Anglers. Anglers must provide their own fishing equipment. Bait will be available for purchase. MASKS WILL BE REQUIRED

Location: East Plymouth Valley Park Pond

Ages: 4-15 years

**Saturday, 5/8**

8:00 AM-12:00 PM

Price: FREE

## Find The 5 Hidden Shamrocks In GPCC Park



Starting March 2

Shamrocks are hiding in our park (GPCC Park). Help us find all 5 and be entered to win a prize. Take selfies with each one and email them all to

[Bgriffis@plymouthtownship.org](mailto:Bgriffis@plymouthtownship.org)

Winner will be announced

Thursday, April 1

### **Community Yard Sale**

One person's trash is another one's treasure. Come find some treasure at our Community Yard Sale.

Good bargains to be found for everyone! The Yard Sale will be located in the Community Center parking lot by the playground. Spread the word! MASKS WILL BE REQUIRED FOR SELLERS AND BUYERS. If you are interested in selling your household items, please contact Joanna Sharapan at [jsharapan@plymouthtownship.org](mailto:jsharapan@plymouthtownship.org). Additional paperwork will be required.

**Saturday, 4/24**

8:00 AM-12:00PM

Price: \$15/spot

Program#: 201112.01

### **Earth Day Drive-In Movie**

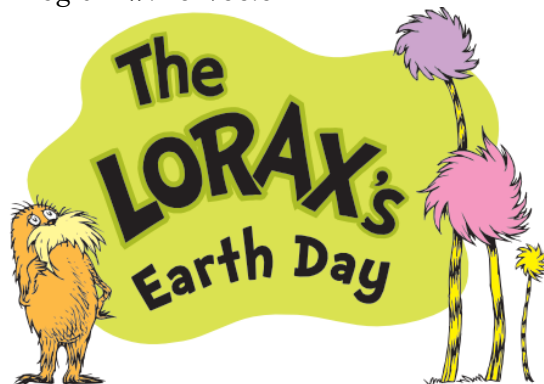
Celebrate Earth Day at our Drive-In Movie: The Lorax. Pre-registration required. You must stay at your vehicle for the duration of the screening. You must wear a mask and practice social distancing when outside of your vehicle.

Location: Plymouth Elementary School

**Friday, April 23-** movie starts at dusk (7ish)

Price: \$5/car

Program #: 202706.01



## SPRING BREAK WEEK- MARCH 29-APRIL 2

### GPCC Spring Break Camp Ages: 6-12

Looking for a fun place to send your kids when they are off from school? Send them to the GPCC! Each day will consist of a variety of games, sports and a project. Must pack a lunch, snack, bathing suit and towel. Face mask required!

9:00 AM-4:00 PM

Price Per Day: \$46 RES/ \$58 NR

**Tuesdays, 3/30**

Program #: 201601.03

**Wednesday, 3/31**

Program #: 201601.05

**Thursday, 4/1**

Program #: 201601.07

### Obvious Choice Basketball Camp Ages: 6-12 years

Basketball spring break camp to teach young athletes hands on instruction from collegiate and varsity level basketball players, and play in an NBA like week-long league and clinic. Face mask required!

Location: GPCC

**Monday-Friday, 3/29-4/2**

9:00 AM – 12:00 PM

Per Child: \$125 RES/ \$162 NR

Program #201503.01

### Obvious Choice Sports Multi-Sport Camp Ages: 5 – 12 years

A multi-sport camp for youth of all skill levels an opportunity to learn to play and play for fun! Campers will be introduced to a variety of sports including basketball, soccer, dodgeball, tennis, flag football, lacrosse, street hockey, kickball, and more. Our camp is designed to increase self-confidence and help youth build skills they can take with them for a lifetime, on and off the court/field. Face mask required!

Location: East Plymouth Valley Park

**Monday-Friday, 3/29- 4/2**

9:00am – 3:00pm

Per Child: \$198 RES/ \$257NR

Program #201503.02



## KIDS ZONE

A PRIVATE PLAY EXPERIENCE!  
Ages: 5 and under

### KIDS ZONE IS BACK!

WE ARE HAPPY TO OFFER A PRIVATE PLAY EXPERIENCE!

You will get 90 minutes of play.  
\$60 Pass Holders / \$70 Non Pass Holders  
Only 1 person needs to make reservations.  
Max 5 children in your party. Adults must stay.  
Adults & Children ages 3 and over must wear a mask.

Reservations available for  
**Tuesdays, Wednesdays & Thursdays**  
9:00am-10:30am  
11:00am-12:30pm  
1:00pm-2:30pm  
3:00pm-4:30pm

-Payment is due when you book your reservation. Call 610-277-4312.  
-The room will be sanitized between rentals.  
- All adults will need to sign a waiver.





## BASKETBALL RESERVATIONS

RESERVATIONS ARE REQUIRED. NO RESERVATION = NO ENTRY

- Reservations are 1 hour long.
- No day passes- must have a monthly or annual pass
- Maximum 4 people per court
- No full court games
- Face mask must be worn at all times!
- Bring your own ball

Failure to wear a mask correctly, will result in dismissal for the day. Please call the front desk at 610-277-4312 to make your reservation. \*subject to change



# AQUATICS CENTER

## Swim Lesson Information

### POLICIES AND PROCEDURES

#### *Group Swim Lessons are back at the GPCC!*

##### Swim Lesson Changes due to Covid-19

- STAY HOME IF YOU OR YOUR CHILD ARE EXHIBITING ANY COVID-19 SYMPTOMS.
- Please arrive on time, dressed and ready to swim.
- Face coverings are mandatory in GPCC except when actually swimming.
- Social distancing is required on the pool deck as well as while in the water practicing skills.
- All instructional equipment will be disinfected between users.
- At this time, all group swim lessons will be taught from the pool deck & our instructors will be wearing protective facemasks or face shields.

### CLASS INFORMATION

**Preschool and Beginner Classes** require in-water participation from a responsible parent/guardian. Parents/Guardians will be in the water to support the swimmer as GPCC Swim Instructors will provide instruction from a safe social distance on the pool deck.

- We ask that only one parent accompany the child for swim lessons.
- Our staff will provide instruction on how to safely hold and support your child in the water.
- It is important for the in-water participating parent/guardian to feel comfortable in water that is chest-deep, and that they are able to physically support their child in the water.

**Intermediate/Advanced Classes** will be conducted in lap lanes and participants should be able to swim on their own. They will follow the lead of the instructor, who will provide instruction from a safe social distance on the pool deck.

- Parents of Intermediate and Advanced swim lesson participants are to check their swimmer in with the instructor and take seat in the bleacher area. Bleachers are marked for proper social distancing.
- Please fill the upper benches first so patrons can enter/exit the area at a safe social distance.

# SWIM LESSONS

## **Aqua Explorers: Parent/Child Class** - Ages: 6 months-3 years

Students will learn to feel comfortable in the water with the adult's reassurance. Children will experience water adjustment, front kicking, back float, water entries and exits. Parents will learn holding positions and basic safety skills. Songs and other fun activities are used to make children feel comfortable in the water.

30 Minute Class

Price: \$72 RES/ \$90 NR

<b>Session I:</b> Mondays, 3/22-4/19 (No Class 3/29)	6:10 PM-6:40 PM	Program # 107101.20
Saturday, 3/27-4/24 (No Class 4/3)	8:15 AM-8:45 AM	Program # 107101.21

<b>Session II:</b> Mondays, 5/3-5/24	6:10 PM-6:40 PM	Program # 207101.01
Saturdays, 5/8-6/5 (no class 5/29)	8:15 AM-8:45 AM	Program # 207101.02

## **Tugboats: Water Exploration** - Ages: 3-5 years

The objective in this class is to orient students to the aquatic environment through supported floating, arm paddling, kicking on front and back, and water safety.

40 minute Class

Price: \$72 RES/ \$90 NR

<b>Session I:</b> Tuesdays, 3/23-4/20 (No Class 3/30)	4:00 PM-4:40 PM	Program # 107301.20
Wednesdays, 3/24-4/21 (No Class 3/31)	11:00 AM-11:40 AM	Program # 107301.21
Thursdays, 3/25-4/22 (No Class 4/1)	4:00 PM-4:40 PM	Program # 107301.22
Saturdays, 3/27-4/24 (No Class 4/3)	9:00 AM-9:40 AM	Program # 107301.23

<b>Session II:</b> Tuesdays, 5/4-5/25	4:00 PM-4:40 PM	Program # 207301.01
Wednesdays, 5/5-5/26	11:00 AM-11:40 AM	Program # 207301.02
Thursdays, 5/6-5/27	4:00 PM-4:40 PM	Program # 207301.03
Saturdays, 5/8-6/5 (no class 5/29)	9:00 AM-9:40 AM	Program # 207301.04

## **Speedboat: Primary Skills** - Ages: 3-5 years

This class is designed for those who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

40 Minute Class

Price: \$72 RES/ \$90 NR

<b>Session I:</b> Tuesdays, 3/23-4/20 (No Class 3/30)	6:00 PM-6:40 PM	Program # 107302.20
Saturdays, 3/27-4/24 (No Class 4/3)	10:00 AM-10:40 AM	Program # 107302.23

<b>Session II:</b> Tuesdays, 5/4-5/25	6:00 PM-6:40 PM	Program # 207302.01
Saturdays, 5/8-6/5 (no class 5/29)	10:00 AM-10:40 AM	Program # 207302.04

## **Seal: Stroke Development - Intermediate Class** Ages: 6-13 years

This class is designed for those who have the ability to swim front and back crawl 25 yards. Participants improve their aquatic skills and increase their endurance by swimming the strokes for greater distances and with more advanced proficiency.

40 Minute Class

Price: \$72 RES/ \$90 NR

<b>Session I:</b> Wednesdays, 3/24-4/21 (No Class 3/31)	6:00 PM-6:40 PM	Program # 107404.20
Saturdays, 3/27-4/24 (No Class 4/3)	11:00 AM-11:40 AM	Program # 107404.21

<b>Session II:</b> Wednesdays, 5/5-5/26	6:00 PM-6:40 PM	Program # 207404.01
Saturdays, 5/8-6/5 (no class 5/29)	11:00 AM-11:40 AM	Program # 207404.02

## PRIVATE SWIM LESSONS

**Private Swim Lessons:** At GPCC we offer 4-week Private Lesson sessions. Aquatics Management creates a master schedule of available days and times. You are then able to select an available day & time that will be yours for the 4-week session. All private swim lessons will be one-on-one with an experienced GPCC swim instructor.

**Novice/Beginner Child Private Lessons** require in-water participation from a responsible parent/guardian. Parents/Guardians will be in the water to support the swimmer as GPCC Swim Instructors will provide instruction from a safe social distance on the pool deck.

**Intermediate/Advanced Child & Adult Private Lessons** will be conducted in lap lanes and participants should be able to swim/stand on their own. They will follow the lead of the instructor, who will provide instruction from a safe social distance on the pool deck.

### EMAIL SIGN-UP!

Registration will begin via email at 12:00am on the registration start date and will be conducted on a first come, first served basis. After the first day of registration, patrons are welcome to register over the phone (610) 313-4060 or in person. Registration will continue until all lessons are filled.

**Four 40-minute classes**

**Price: \$137 RES/\$171 NR**

### Private Registration Start Dates:

Session I: Wednesday, March 10th

Session II: Wednesday, April 21st

### Private Sessions Begin:

Session I: Monday, March 22nd

Session II: Monday, May 3rd



1. Send an email to [aquatic@plymouthtownship.org](mailto:aquatic@plymouthtownship.org) with "GPCC Private Swim Lesson" typed in subject line and the Name, Birth Date, Address (of the student), & the Best Phone Number to contact you during our regular business hours in the body of the email. We will not accept email requests sent prior to 12:00am.
2. An automated email will be sent confirming that your request has been received.
3. Aquatics Management will contact you during our regular business hours using the phone number you provided. We will only make two attempts to call the number provided – if we cannot reach you, we will move on to the next request.
4. You are then able to select an available time slot that will be yours for the session – full payment is due via credit card.



## WATER AEROBICS

**Deep Water Exercise:** This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate. **15 spots per morning class and 10 spots for evening class.**

**Silver Sneaker Splash:** Activate your aqua urge for variety! Silver Sneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required. **10 spots per class.**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-9:45am <b>Deep Water</b> <i>Rose</i>	9:00am-9:45am <b>Deep Water</b> <i>Rose</i>	9:00am-9:45am <b>Deep Water</b> <i>Rose</i>	9:00am-9:45am <b>Deep Water</b> <i>Rose</i>	9:00am-9:45am <b>Deep Water</b> <i>Rose</i>
10:00am-10:45am <b>Silver Splash</b> <i>Rose</i>	10:00am-10:45am <b>Silver Splash</b> <i>Rose</i>	10:00am-10:45am <b>Silver Splash</b> <i>Rose</i>	10:00am-10:45am <b>Silver Splash</b> <i>Rose</i>	10:00am-10:45am <b>Silver Splash</b> <i>Rose</i>
	6:00pm-6:45pm <b>Deep Water</b> <i>Adel</i>		6:00pm-6:45pm <b>Deep Water</b> <i>Adel</i>	

Registration for each class will be “first-come-first-serve” at the Front Desk each day. Space is limited. You must have or purchase a Premium Annual Card or 10 Class Punch Pass to register. Silver Sneakers members are also welcome to take SilverSneaker Splash.

### \*Thursday Evenings 6:00-6:45pm

Mar 4-Mar 25 – This class will run on a trial basis for the month of March. Class will continue through April if minimum attendance requirement is met for all March classes.



### Premium Annual Card

Allows you to attend any water exercise class you wish. The card expires one year from the date of purchase. Electronic Funds Transfer (EFT) monthly payment options available.

Residents	
\$59.17/month	\$710 in full
Non Residents	
\$68.92/month	\$827 in full

### 10 Class Punch Pass

This punch pass can be used for any water exercise class. Punch passes expire one year from the date of purchase.

Residents	\$125
Non Residents	\$145

# LAP LANE RESERVATIONS

We have two easy options to make Lane Reservations at the GPCC: Email: for making reservations in advance & Walk-ins: for last minute or day of reservations. For those without email, a reservation form can be filled out at the front desk.

**Email Reservations** (Advance Reservations): Send an email to [GPCCLanes@plymouthtownship.org](mailto:GPCCLanes@plymouthtownship.org) with the following information:

- Full Name
- Reservation Date(s) & Time(s)
- Specify Shallow (A half lane for water walking only) or Deep End (lap swim/water workout)
- Cell Phone Number
- Be sure to let us know if you require use of the chair lift for pool access

We will send you confirmation or an email with alternate options if reservation is unavailable. Reservation is set!

**Walk-in Reservations** (Last Minute/Day of Reservations):

Call (610)277-4312 or stop at the Front Desk for availability. If a reservation is available, provide your full name. Front desk staff will provide you with a lane number. Reservation is set!

**Walk-in Second Reservations:** Swimmers are be permitted to make a second lane reservation each day at the pool. Second reservations will be accepted in person at the front desk and only if a lane is available. Sorry, but we cannot offer second reservations via phone call or email, due to high demand. Please do not ask us to anticipate no shows, we can only offer a second reservation if it is available at the time of your arrival. Second Reservations are being offered on a trial basis and may be canceled at any time. Due to our current volume, we expect second reservations to be very limited. Please plan accordingly.

**Reservation Assistance:** If you are having difficulty with Email or Walk-in reservations, stop by the Front Desk or give them a call at 610-277-4312. They will help you make a reservation and assist with any problems you may be having. We kindly ask that you only use this service if you are having issues making reservations. Reservation Assistance should not be used to book on a regular basis.

**What to Do When You Arrive:**

- Check-in at the front desk and let them know you will be swimming. Lane reservation assignments will be available at the front desk and posted on the bulletin board outside the Aquatic Center doors and on the pool deck. Lanes will be numbered and please follow the directional arrows.
- Even numbers must walk to the Jolly Road side of the pool to enter. Odd number lanes enter from the locker room side.
- Please use the deck shower to rinse off before entering.
- Pool Management will be on hand if you need assistance or have questions.

**Reservation Length & Time:** Pass holders may sign up in advance for one 45-minute session per day. All swim times will start on the hour (10 minutes after for the first one of the day) and will run for 45 minutes.

**Reservation Lateness:** There is a 5-minute grace period on reservations. If you are more than 5 minutes late, your reservation may be cancelled to accommodate walk-in patrons.

**Booking Reservations in Advance:** Email Reservations can be booked for the upcoming week starting every Monday. Ex: Starting Monday, March 1st you may reserve for the entire week of Monday, March 8th (3/8 through 3/14)

**Lap Lane Use:** Lap lanes can be used for swimming laps, water walking, or a personal water workout only.

# LAP LANE RESERVATIONS

## (PART 2)

**Same Day or Next Day Reservations:** The cutoff for next day reservations via email is 3:00pm. If you miss the deadline, just give us a call at (610)277-4312 the day of to set up a walk-in reservation.

**Locker Rooms & Belongings:** We have limited space in the Locker Rooms for showering & changing – please read posted policies before use.

**Equipment:** We cannot lend out any equipment, please bring your own.

**Lane Sharing:** We are currently allowing one person to a lane, even if they are in the same household.

**Social Distancing:** Please remember to stay 6-feet apart from other patrons at all times.

**Masks:** Face coverings are mandatory except when actually swimming.

**Entering, Exiting & Moving around the Aquatics Center:** You may Enter & Exit the Aquatics Center through any of the Locker Rooms. When moving around the pool deck please follow the green arrows on the ground & walls. The arrows are in a clockwise direction so it is easy to remember!

Always stay 6-feet apart, especially in tight spaces such as the locker room entrances & in front of the bleachers.





# ADULT LEAGUES

## Outdoor Adult Recreation Leagues

Plymouth Township Parks & Recreation is putting together outdoor recreation leagues in the spring. These are recreation leagues. All skill levels welcome. Masks required. Get out and have some fun! These leagues will include:

League	Location	Max # Per Team	Approximate Start	Game Info	Officiating
Co-ed Softball	GPCC Park	12	Thursdays May - June	5 games + playoffs	Umpire pro- vided
Co-ed Kickball	GPCC Park	12	Fridays May - June	5 games + playoffs	Official pro- vided
Men's 3v3 Basket- ball	Colwell Park	5	Tuesdays/ Wednesdays May - June	5 games + playoffs	Referee pro- vided
Co-ed 4v4 Sand Volleyball	GPCC Park	6	Mondays May - June	5 games + playoffs	Self- officiated

## Three ways to join in the action!

**Individual** - If you want to get in the game, but don't have a team, let us know and we'll try to make teams.

**With a few friends** - If you have some friends you want to play with, but not enough to form your own team, let us know and we'll try to make teams.

**Sign up as a team** - If you've pulled together a team and are ready to play then feel free to register.

Please contact Malcolm if you are interested. [msmith@plymouthtownship.org](mailto:msmith@plymouthtownship.org) or 610-313-8680.  
More information will be available on our website soon!

*Plymouth Township Parks & Recreation*  
**2021 Performances In The Park**

Wednesday, June 30 Movie begins at dusk	MOVIE: Frozen 2	
Wednesday, July 7 7:00 PM	CONCERT: Shot of Southern	Nashville in the Northeast
Wednesday, July 14 Movie begins at dusk	MOVIE: Toy Story 4	
Wednesday, July 21 7:00 PM	CONCERT: Kate Says	Rock to country, originals and covers...Classic music with a "Kate Says" twist
Wednesday, July 28 Movie begins at dusk	MOVIE: The Croods	
Wednesday, August 4 7:00 PM	CONCERT: The BeatTells	The best Beatles tribute band in Philadelphia

**Mark Your Calendar**

**Sponsors Wanted**

Interested in being a sponsor?  
Contact Joanna for more information [jsharapan@plymouthtownship.org](mailto:jsharapan@plymouthtownship.org)

# SUMMER CAMP

FACE  
MASK  
REQUIRED

LET'S  
HAVE  
FUN



# SIGN UP IN MARCH!



# GPCC SUMMER CAMP

- A 5 year old may only attend Camp GPCC or Playground Camp if they have completed Kindergarten.
- There is no camp Monday, July 5th
- Payment Schedule: March 25% due, April 50% due, May 75% due and June payment is due in full.
- Trips may be added if restrictions are lifted. **Additional cost.**
- Register online. **March 1st**- Resident (RES)/Pass Holders . **March 15th**- Non-Residents (NR).
- To register online you will need a username and password. Please call in advance if you need your username or password.
- Paperwork due June 4th.
- Face mask required!

## **Camp GPCC (6-12 years)** Location: GPCC

This traditional day camp has a wide variety of activities including arts and crafts, sports and swimming. Campers will be separated into smaller groups. COVID guidelines and protocols will be followed- see Camp GPCC Health & Safety Plan on our website for more information. Masks will be required. Campers must bring a lunch, snack and bathing suit daily. All release forms must be signed by a parent or legal guardian. Everything subject to change based on COVID restrictions. Contact:

**Barb Griffis, bgriffis@plymouthtownship.org**

9 AM-5 PM

Monday-Friday, June 14th-August 20th

Price Per Week: \$210 RES / \$263 NR

\*July 6th week \$168 Res/ \$210 NR

6-7 years Program #: 309601

8-9 years Program #: 309602

10-12 years Program #: 309603

## **Teen GPCC (12-15 years)** Location: GPCC

This camp offers daily activities that include athletic competitions, food projects, and other awesome games. COVID guidelines and protocols will be followed- see Teen Camp Health & Safety Plan on our website for more information. Masks will be required. Campers must bring a lunch, snack and bathing suit daily. All release forms must be signed by a parent or legal guardian. Everything subject to change based on COVID restrictions. Contact:

**Shawn Mazei, smazei@plymouthtownship.org**

9 AM-5 PM

Tuesday-Thursday, July 6th-July 29th

Price Per Week: \$128 RES / \$160 NR

Program #: 309609

## **Playground Camp (6-12 years)**

Location: Plymouth Elementary

Come and enjoy traditional playground activities including arts and crafts, sports and water days. The Playground Camp is informal with minimal structure.

Campers will be separated into smaller groups. COVID guidelines and protocols will be followed- see Playground Camp Health & Safety Plan on our website for more information. Masks will be required.

Campers must bring a lunch, snack and bathing suit (for water activities) daily. All release forms must be signed by a parent or legal guardian. Everything subject to change based on COVID restrictions.

Location: Plymouth Elementary- held completely outdoors unless it is raining. **Contact:**

**Malcolm Smith, msmith@plymouthtownship.org**

9 AM-3 PM

Monday-Friday, June 21st-July 30th

Price: \$340 RES / \$425 NR

6-8 years Program #: 309701.01

9-12 years Program #: 309701.02





# ONE WEEK SUMMER CAMPS- REG. STARTS MARCH 8

## **Crafty Creations** Ages: 4-7 years

Your kids will love creating different arts and crafts projects. We will be using a different medium each day. Please bring a snack and drink daily. Face mask required!

Location: GPCC

**6/14-6/18**

9:30 AM-11:30 AM

Price: \$62 RES/ \$78 NR

Program # 309101.01

## **Obvious Choice Sports Basketball** Ages: 5-10 years

Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like week-long league and receive prizes and awards for individual efforts and completion of the camp. Games are set up so that each camper gets a maximum amount of playing time. Campers can also look forward to mini contests, skill development drills, and watching game tape. Daily themes like hustle and defense make the Obvious Choice Basketball Camp the place to be! Face mask required!

Location: GPCC

**6/14-6/18**

9:00 AM-3:00 PM

Price: \$186 RES/ \$242 NR

Program # 309715.01

## **Chess by Chess Wizards** Ages: 6-12 years

You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Face mask required!

Location: GPCC

**6/21-6/25**

9:00 AM-12:00 PM

Price: \$165 Res/ \$206 NR

Program # 309403.01

12:00 PM-3:00 PM

Price: \$165 Res/ \$206 NR

Program # 309403.02

9:00 AM-3:00 PM

Price: \$260 Res/ \$325 NR

Program # 309403.03

## **Superhero Adventure** Ages: 4-7 years

Calling all Superheroes! It's time to take a break from saving the world and make superhero crafts and play games. So put on your costume and cape, and join us for a week long Superhero Adventure! Please bring a snack and drink daily. Face mask required!

Location: GPCC

**6/14-6/18**

9:30 AM-11:30 AM

Price: \$62 RES/ \$78NR

Program # 309105.01

## **Young Rembrandts: LEARN ANIME/MANGA DRAWING**

Ages: 4-7 years!

Join the Anime Manga workshop and learn to draw your favorite Japanese style art. This five-day workshop will tap into everyone's imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child's talent is about to take off - register now to save your child's spot in this kawaii workshop focused on technique and creativity! Face mask required!

Location: GPCC

**6/14-6/18**

9:00 AM-11:00 AM

Price: \$180 RES/ 216 NR

Program # 309102.01

## **Young Rembrandts: AFRICAN SAFARI WORKSHOP**

Ages: 6-12 years

We will explore the exciting land and many animals that inhabit Africa. In five days, we will draw a variety of animals in various scenes with different media. To keep things exciting, we will explore the African Safari through the fun technique of cartoon as well. We will even challenge our artistic talents by creating 2 large scenes - one in a graphic style filled with a variety of animals and another focusing on the twists and turns of an African snake. Our exploration through Africa allows for a bounty of adventure and creativity. Face mask required!

Location: GPCC

**6/28-7/2**

9:00 AM-11:00 AM

Price: \$180 RES/ \$216 NR

Program # 309102.02

# ONE WEEK SUMMER CAMPS- REG. STARTS MARCH 8

## Pottery Works: Nature Art Ages 5 and up

Kids will study the outdoor world of birds, bugs, plants and more in this fun, hands-on exploration of the intersecting worlds of art and nature. Artist will develop art and science awareness and be encouraged to explore a variety of media. Each child will take home a terrarium, clay sculpture (terracotta) and oil base clay nature projects. Please bring small snack or drink. For questions go to potteryworksmobile.com  
Face mask required!

Location: HWP- Butler Pike entrance

**6/28-7/2**

9:00 AM-12:00 PM

Price: \$165 RES/ \$206 NR

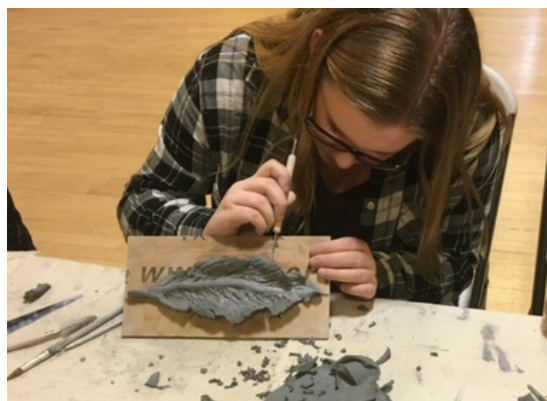
Program # 309116.01

1:00 PM-4:00 PM

Price: \$165 RES / \$206 NR

Program # 309116.02

Register for both and stay for lunch!



## Soccer by i9 Sports Ages: 4-12 years

i9 Sports Soccer Camp will help participants gain an understanding and appreciation for playing the game "the right way". The schematic curriculum teaches the fundamentals of dribbling, passing, shooting, offense, Defense, Game Strategy and Teamwork in a fun, positive environment by i9 Sports Certified Staff. All athletes, regardless of skill level, will learn New Soccer skills along with valuable sportsmanship lessons such as respect, teamwork, and responsibility. Included in the Registration: We provide all equipment needed for use at Soccer Camp i9 Sports Participant, Shirts, Trophy, and Snacks. Face mask required!

Location: Colwell Park

**7/12-7/16**

9:00 AM-12:00 PM

Price: \$135 RES/ \$169 NR

Program # 309201.03

## Final Frontiers: Sea and Space Ages: 7-11 years

Explore the mysterious realms of sea and space as you enter the exciting worlds of marine biology and astronomy! Dive in and examine weird wonders of the sea, observe the anatomy of a real fish and learn the ancient technique of gyo-taku or "fish rubbing", and discover the ocean's living fossils. Then blast off to discovering space and stars as you make an out-of-this-world solar system model, prepare for lift-off as you build and launch your own stomp rocket while learning about Newton's Laws of Motion, complete a mission to Moon, and design and build a space capsule that will safely bring your "eggstronaut" in for a landing. As we come back down to earth. Transform polymers into a rainbow of color, investigate the properties of light when you build a kaleidoscope, explore the concept of density as you create a colorful density tower, build a metal detector to identify conductors, demonstrate how air pressure can lift objects and make them fly, and conduct a powder analysis lab. Face mask required!

Location: GPCC

**7/5-7/9**

9:00 AM-12:00 PM

Price: \$225 RES

Program # 309303.01

9:00 AM-3:30 PM

Price: \$395 RES

Program # 309303.02

Non-Residents must register online at [www.ScienceExplorers.com](http://www.ScienceExplorers.com) or contact Science Explorers directly at 1-877-870-6517.



# ONE WEEK SUMMER CAMPS- REG. STARTS MARCH 8

## CSI: Radical Reactions & Detective Science Ages 7-12

**Morning:** Mad Science brings awe-inspiring experiments paired with thought-provoking detective work to campers, nurturing scientific interests and evoking fascination. Children will learn about chemical reactions as they grow crystals, create sidewalk chalk from scratch, and design chromatography t-shirts to take home. Campers become trained science sleuths as they investigate the role of chemistry at the scene of a crime. We spark curiosity by asking children to make thorough observations while dusting for fingerprints. Children will learn about chemical reactions as they grow crystals, create sidewalk chalk from scratch, and design chromatography t-shirts to take home.

**Full Day:** Dive into a variety of scientific fields as you mix and stretch silly putty and slime, copperplate nickels, and investigate the mysteries of optical illusions. Become captivated by lasers, dry ice, watch hair-raising Van de Graaff experiments, help solve a mystery, and so much more! Tinker with circuits, catapults, and experience what happens when you mix science and fun! Come get SLIMED with all of your Friends! Face mask required!

Location: HWP- Butler Pike entrance

**7/12 - 7/16**

9:30 AM - 12:30 PM

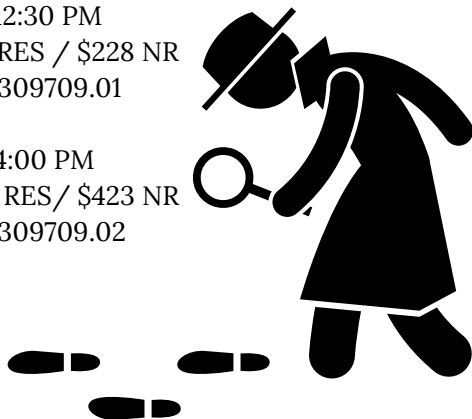
Price: \$175 RES / \$228 NR

Program# 309709.01

9:30 AM - 4:00 PM

Price: \$325 RES / \$423 NR

Program# 309709.02



## Sports Experience Ages: 4-7 years

Your child will be introduced to a variety of fun sports and participate in exercises to encourage team play and group interaction. Please bring a water bottle daily. Face mask required!

Location: EPV

**7/26-7/30**

9:30 AM-11:30 AM

Price: \$62 RES / \$78 NR

Program#:309402.01

## Loose in the Lab by Science Explorers Ages: 7-11 years

In the morning sessions you'll make a groovy lava lamp test tube, mix up chemical reactions, erupt a volcano, make chalkboard and fluffy slime, build a solar oven to make treats, launch pompoms with your own catapult, create your own motorized invention, make a foaming "matter monster", and go on a fossil dig. Then, stay for the afternoon as we mix up "sunny slime" that reacts to UV light, get loud as we make clucking cups and musical chimes, build spin art machines, blast off film canister rockets, make sun prints, create acid and base art, experiment with the unique properties of water, and make fizzy bath poppers and fizzing CO2 reactions. Face mask required!

Location: GPCC

**7/19-7/23**

9:00 AM-12:00 PM

Price: \$225 RES

Program#: 309303.03

9:00 AM-3:30 PM

Price: \$395 RES

Program#: 309303.04

**Non-Residents must register online at [www.ScienceExplorers.com](http://www.ScienceExplorers.com) or contact Science Explorers directly at 1-877-870-6517.**

## Track and Field by i9 Sports Ages: 4-12 years

Participants will be introduced to a variety of track and field events, as well as learn how a track and field athlete practices and prepares for a track meet. Participants will learn the fundamentals of each event, practice each event and work their way up to a mini track meet at the end of camp. Each runner will be provided with an official i9 Sports Participant shirt, participation trophy, track meet ribbons and an end of camp celebration. Participants should wear "gym" clothes and sneakers. Please bring a water bottle. All sports equipment will be provided. Face mask required!

Location: GPCC- Pavilion

**7/19-7/23**

9:00 AM-12:00 PM

Price: \$135 RES / \$169 NR

Program #:309201.01





# ONE WEEK SUMMER CAMPS- REG. STARTS MARCH 8

## STEM Lab Extravaganza by Science Explorers

Ages: 7-11 years

Get ready to concoct cool chemistry creations, formulate new physics ideas, engineer solutions to problems, and investigate how your own body works. In the morning sessions you'll uncover the mysterious world of microbes, make "gassy" putty, build a working lung model, compete in a tower building challenge, and best of all, learn some cool science magic tricks to play on your siblings or wow your relatives at the family reunion. Stay for the afternoon sessions and you'll mix up gooey snotty slime, learn the ins and outs of the digestive system, construct a ping-pong launcher, and make an oscilloscope to create laser art, build your own bristle-bot racer and learn even more science magic!

Location: GPCC

**8/2-8/6**

9:00 AM-12:00 PM

Price: \$225

Program#:309303.05

9:00 AM-3:30 PM

Price: \$395

Program#:309303.06



**Non-Residents must  
register online at  
[www.ScienceExplorers.com](http://www.ScienceExplorers.com)  
or contact Science Explorers  
directly at 1-877-870-6517.**

## Pottery Design by Pottery Works Ages: 5-15 years

The first half of the day they will be exploring with terracotta and the second half of the day with modeling clay (oil based.) Everyday they will be learning about hand building and glazing techniques that apply to their age group. Some of their options in terracotta are cell phone holders, animals and feathers, with extra time to create something unique to them. With the oil-based clay, they can attach their creations to a carabineer clip and necklace. Please bring a light snack and drink. Pick up for all fired work will be within 10 days from the last day of camp. For more information, please contact potteryworksmobile.com. Face Mask required!

Location: GPCC

**8/9-8/13**

9:00 AM-12:00 PM

Price: \$165 RES / \$206 NR

Program#: 309704.01

1:00 AM-4:00 PM

Price: \$165 RES / \$206 NR

Program#: 309704.02

**Register for both and stay  
for lunch!**

## Cheerleading by i9 Sports Ages: 4-12 years

This camp teaches young athletes all the essential skills to guide the crowd to root on the home team with cheers, chants and stunts (non -dangerous). Important life skills such as team building and leadership, and how much fun it is to be a cheerleader! The week concludes with a performance demonstrating what they learned for their parents/guardians. Face mask required!

Location: GPCC-Pavilion

**7/26-7/30**

9:00 AM-12:00 PM

Price: \$135 RES / \$169 NR

Program#:309201.02

## TBall by i9 Sports Ages: 4-12

This Camp will help participants gain an understanding and appreciation for playing the game "the right way". The schematic curriculum teaches the fundamentals of hitting, fielding, running the bases, Fielding Positions, Game Strategy and Teamwork in a fun, positive environment by i9 Sports Certified Staff. All athletes, regardless of skill level, will learn New Tball skills along with valuable sportsmanship lessons such as respect, teamwork, and responsibility. We provide all equipment needed for use at Tball Camp, i9Sports Participant Shirt, Trophy, Snacks. Face mask required!

Location: GPCC-Softball Field

**8/2-8/6**

9:00 AM-12:00 PM

Price: \$135 RES / \$169 NR

Program#:309201.04

## Mad Science Presents: NASA STEM Explorers! ®

**Morning :** Ages 7-12 years Think and act like NASA innovators during this hands-on program inspired by the NASA OPTIMUS PRIME Spinoff Promotion and Research Challenge (NASA OPSPARC). Use creative and collaborative skills to design a mission patch, train like an astronaut, and solve real-world engineering problems. How might space suit cooling tubes be used to solve a problem here on Earth? This Camp is out of this World! Face Mask required!

Location: HWP- Butler Pike entrance

**8/9-8/13**

9:30 AM - 12:30 PM

Price: \$175 RES / \$228 NR

Program#:309709.03

# ONE WEEK SUMMER CAMPS- REG. STARTS MARCH 8

## **Superhero Adventure** Ages: 4-7 years

Calling all Superheroes! It's time to take a break from saving the world and make superhero crafts and play games. So put on your costume and cape, and join us for a week long Superhero Adventure! Please bring a snack and drink daily.

Location: GPCC

**8/16-8/20**

9:30 PM-11:30 AM

Price: \$62 RES / \$78 NR

Program:#309105.02

## **Princess Extravaganza** Ages: 4-7 years

Put on your most beautiful Princess dress and step out for a week of make-believe fun. We will listen to our favorite fairy tale princess stories, decorate our own crown and wand, play games and enjoy lots of other fun princess things. Children must be fully potty trained.

Please bring a snack and drink daily. Face Mask required!

Location: GPCC

**8/16-8/20**

9:30 AM-11:30 AM

Price: \$62 RES / \$78 NR

Program:#309105.03

## **Obvious Choice Sports Basketball** Ages: 11-14 years

Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like week-long league and receive prizes and awards for individual efforts and completion of the camp. Games are set up so that each camper gets a maximum amount of playing time. Campers can also look forward to mini contests, skill development drills, and watching game tape. Daily themes like hustle and defense make the Obvious Choice Basketball Camp the place to be! Face Mask required!

Location: GPCC

**8/16-8/20**

9:00 AM-3:00 PM

Price: \$186 RES / \$242 NR

Program:#309715.02

## **Just for Me** Ages: 3-5 years

Your child will begin to socialize with others while participating in many different activities including arts and crafts, music and games. Children must be fully potty trained. Please bring a snack and drink daily. Face mask required!

Location: GPCC

**8/23-8/27**

9:30 AM-11:30 AM

Price: \$62 RES / \$78 NR

Program#:309101.04

## **Mad Science Presents: NASA STEM Explorers-**

**Physicians Academy** Ages 7-12

**Full Day:** Use creative and collaborative skills to design a mission patch, train like an astronaut, and solve real-world engineering problems. How might space suit cooling tubes be used to solve a problem here on Earth? Stay for Lunch and participate in the Mad Science Camp during the Afternoon -> Explore all of the cells, organs, muscles, and bones that make up YOU! Put yourself together from the inside out, while learning about all the systems that make your body tick! Get microscopic while making a model cell, create a stethoscope to hear your heartbeat, and build and inflate model lungs that work just like yours! Campers will get a little sticky while making "Mad Mucus" and a mashed potato brain! Face Mask required!

Location: HWP- Butler Pike entrance

**8/9 -8/13**

9:30 AM - 4:00 PM

Price: \$325 RES / \$423 NR

Program:#309709.04

## **Chess by Chess Wizards** Ages: 6-12 years

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend part of your vacation with Chess Wizards! Face mask required!

Location: GPCC

**8/23-8/27**

9:00 AM-12:00 PM

Price: \$165 RES/ \$206 NR

Program#:309403.04

12:00 PM-3:00 PM

Price: \$165 RES/ \$206 NR

Program#:309403.05

9:00 AM-3:00 PM

Price: \$260 RES/ \$325 NR

Program#:309403.06



# PARK INFORMATION

## ALAN WOOD PARK 642 FULTON STREET

Play apparatus, basketball court, small volleyball area, two picnic tables and grills. Limited parking.

## BLACK HORSE PARK 436 SCHOOL LANE

Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.

## COLWELL PARK 1340 HILLCREST ROAD

Youth playground and tot-lot, in-line/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.

## COMMUNITY CENTER PARK 2910 JOLLY ROAD & 2903 WALTON ROAD

The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.

## EAST PLYMOUTH VALLEY PARK 900 GERMANTOWN PIKE (EPV)

Youth playground and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, pavilion with picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot.

## HARRIET WETHERILL PARK 2639 NARCISSA ROAD & 2642 BUTLER PIKE (HWP)

Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, youth playground, tot lot and 2 picnic pavilions. Parking lots on both Narcissa Road and Butler Pike.

## JOHN F. KENNEDY PARK 220 FAIRFIELD ROAD

Youth playground and tot lot, multi-purpose field, two tennis courts, two bocce courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.

## PLYMOUTH HILLS, PLYMOUTH MEETING & SANDWOOD

Undeveloped open space Plymouth Hills: Camelot Drive (2.7 acres), Plymouth Meeting: Sierra Road (2.9 acres) Sandwood: Sandwood Road (3.4 acres)

**Plymouth Township Youth and Adult Organizations** function as their own entities. Each organization consists of volunteers who serve and operate with a board of officers to coordinate and manage the daily functions of each league.

### Plymouth Junior ABA Basketball League

Keith Gallagher, President  
[www.plymouthjraba.org](http://www.plymouthjraba.org)

### P-W Spartans Cheerleading

Brittany Walk, Cheer Director  
[www.pwspartans.org](http://www.pwspartans.org)

### Plymouth Little League Baseball/TBall

Bryan McKernan, President  
[www.plymouthlll.website.siplay.com](http://www.plymouthlll.website.siplay.com)

### Colonial Soccer Club

John Dean, President  
[www.colonialsoccerclub.org](http://www.colonialsoccerclub.org)

### Greater Norristown Wrestling Club

Aaron Barkmeyer & Jason Sugalski, Co-Presidents [www.gnwc.org](http://www.gnwc.org)

### P-W Ice Hockey

Kevin Fandozzi, [pwicehockeyfandozzi@gmail.com](mailto:pwicehockeyfandozzi@gmail.com)  
[www.pwicehockey.com](http://www.pwicehockey.com)

### Plymouth Slow-Pitch Softball League

Lee Fryer, President

### Mt. Carmel Sr./Jr. Legion

Tom Longo,  
Director [www.mtcarmelmounties.com](http://www.mtcarmelmounties.com)

### P-W Spartans Football League

Eric Hegarty, President [www.pwspartans.org](http://www.pwspartans.org)



# HOW TO REGISTER

Online: [www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org), in person or by phone: 610-277-4312. To get started, you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at [info@plymouthtownship.org](mailto:info@plymouthtownship.org) for your User ID . Use this as your password also.

If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

## **Photo Information**

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, in our Program Guide, in the Township Newsletter, on the Township's cable channel (Comcast 22 & Verizon 43), or submitted to newspapers. Please let us know if this presents a problem.

## **Safety/Waiver of Liability**

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Department- sponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip. A signed waiver along with a COVID 19 waiver is required for participation in all programs.



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**LOOK FOR OUR JUNE-  
AUGUST PROGRAM  
GUIDE IN MID APRIL**

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A poster for Plymouth Township Parks &amp; Recreation (PTPR) at the Greater Plymouth Community Center (GPCC). The poster features a black background with orange and white text. At the top, it says "PLYMOUTH TOWNSHIP PARKS &amp; RECREATION" in small white letters, followed by "PTPR@GPCC" in large, bold, orange letters, and "GREATER PLYMOUTH COMMUNITY CENTER" in smaller white letters. The main text reads "JOIN US FOR A TOUR!" in large, bold, orange letters. Below this, it says "Come see why we are the safest, cleanest and best in town!" in white. At the bottom, it provides the phone number "610-277-4312" and the website "www.PlymouthCommunityCenter.org". To the right of the text is a circular inset image showing a row of treadmills in a gym and a swimming pool with lane lines. A black and white striped circular graphic is also visible on the right side of the poster.